

Weight management guideline committee 6 meeting minutes

Weight Management Guideline Update – Committee Meeting 6

Date: 02/03/2022

Location: Virtual

Minutes: Final

Committee members present:		
Marie Burnham (Chair) (MB)		Present for notes 1 – 7
Kate Anderson		Present for notes 2 – 7
Mfon Archibong		Present for notes 2 – 7
Margaret Ashwell		Present for notes 1 – 7
Nivedita Aswani		Present for notes 1 – 7
Rachel Batterham		Present for notes 1 – 7
Sarah Britton		Present for notes 1 – 7
Preetpal Doklu		Present for notes 1 – 7
Julian Hamilton-Shield		Present for notes 1 – 7
Lisa Hodgson		Present for notes 1 – 7
Phoebe Kalungi		Present for notes 1 – 7
Omar Khan		Present for notes 1 – 7
Sarah le Brocq		Present for notes 1 – 7
Grace O'Malley		Present for notes 6 – 7
Helen Parretti		Present for notes 1 – 7
Samantha Scholtz		Present for notes 1 – 7
Laurence Taggart		Present for notes 1 – 7
Suzy Taylor		Present for notes 1 – 7
Billy White		Present for notes 6 – 7

In attendance:		
Alex Allen (AA)	Technical Analyst	Present for notes 1 – 7
Victoria Axe	Guideline Commissioning Manager	Present for notes 1 – 7
Keona Bennett	Administrator	Present for notes 1 – 7
Susie Burlace (SB)	Content Editor	Present for notes 1 – 7
Amy Finnegan	Information Services	Present for notes 1 – 7
Anthony Gildea (AG)	Technical Analyst	Present for notes 1 – 7
Kathryn Hopkins (KH)	Technical Adviser	Present for notes 1 – 7
Jon Littler (JL)	Project Manager	Present for notes 1 – 7
Shreya Shukla (SS)	Technical Adviser	Present for notes 1 – 7

Weight management guideline committee 6 meeting minutes

Miaoqing Yang (MY)	Technical Analyst – Health Economics	Present for notes 1 – 7
Michellie Young (MYO)	Technical Analyst	Present for notes 1 – 7
Apologies:		
Kate Kelley	NICE Associate Director, Guideline Development Team	
Laurence Taggart	Committee Member –	

1. Welcome and objectives for the meeting

The Chair (MB) welcomed the committee members and NICE attendees to the third weight management guideline committee.

MB then informed the committee that apologies had been received which are noted above.

MB then outlined the objectives of the meeting before asking all committee members to verbally declare any interests that have arisen since the last meeting.

Name	Job title, organisation	Declarations of Interest, date declared	Type of interest	Decision taken
Helen Parretti	Gave a talk on bariatric surgery for the Norwich Institute for Healthy Ageing.	March 2022	Non-financial, personal and professional	Declare and participate
Helen Parretti	Was a part of the organising committee for the British Obesity and Metabolic Surgery Society annual meeting in May. The meeting is sponsored by various companies as is usual for academic meetings.	March 2022	Indirect financial	Declare and participate
Sarah le Brocq	Steering committee for Novo Nordisk Breakfree Campaign – Disease Awareness campaign	March 2022	Non-financial, personal and professional	Declare and participate

MB and senior members of the Developer team noted that the interests declared did not prevent the attendees from fully participating in the meeting.

Finally, MB and committee members then reviewed the minutes from committee meeting 5 and agreed them as an accurate record of the meeting.

2. Review question 2.2 – Training and clinical presentations

Weight management guideline committee 6 meeting minutes

The Chair introduced Kathryn Hopkins (KH) and Anthony Gildea (AG).

KH gave a brief training presentation for the committee reviewing of the effectiveness of interventions. AG then presented the evidence review on the referral criteria for bariatric surgery.

The committee discussed and fed back further suggestions of changes to the development team.

MB thanked KH and AG for their presentations, and their work on preparing this evidence review, and moved to the next item on the agenda.

3. Review question 2.2 – Health economics presentation

The Chair introduced Miaoqing Yang (MY) and Jeremy Dietz (JD), who gave a brief presentation to the committee on the cost effectiveness on bariatric surgery.

MB thanked JD for his presentation and moved to the next item on the agenda.

4. Review protocol 2.2 – recommendation drafting

The Chair then introduced Shreya Shukla (SS) and KH to discuss the recommendations around review question 2.2 and if any needed modification.

The committee discussed and provided feedback to KH and SS, who thanked the committee for their input which would be used further refine these recommendations. MB thanked the team for their presentation and moved to the next item on the agenda.

5. Review protocol 1.3

The Chair then reintroduced SS, who presented the review questions and guided the committee through the review protocol for question 1.3.

*What approaches are effective and cost-effective in identifying overweight and obesity in children and young people, particularly those in black, Asian and minority ethnic groups?
What approaches are effective and cost-effective in identifying overweight and obesity in adults, particularly those in black, Asian and minority ethnic groups?*

The chair then introduced Alex Allen (AA) who presented the early findings from the CYP population.

Michellie Young (MYO) then presented early findings in the adults' population and discussed the analysis that is planned for the review questions

The committee discussed and provided feedback to AA and MYO. MB thanked the team for their presentations and moved to the final discussion item on the agenda.

6. Review protocol 2.3

For the final presentation of the day, KH and AG guided committee members through the update for the protocol to cover review question 2.3:

What multicomponent interventions and approaches are effective, cost effective and acceptable in helping children and young people living with overweight or obesity to grow and develop into a healthier weight as part of a weight management programme?

The committee provided feedback and suggested changes on the protocol. MB then thanked both the committee for their feedback and the NICE development team for their work

Weight management guideline committee 6 meeting minutes

throughout the day.

6. AOB, Summary and next steps

For the any other business section, SS wanted to discuss the feedback that the development team had recently received from NICE's quality assurance team on the recommendations for review questions 1.1 and 1.2, scheduled for consultation in April 2022. She asked the committee to consider the QA team's suggested changes.

The committee fed back on their preferred options on how to adapt to the QA team's responses. SS thanked them for their input and advised them she would incorporate their suggestions into an updated version for consultation.

MB thanked the committee and the NICE team for their contributions. JL then reminded the committee members of the timescales for the next steps in development for the upcoming spring consultation on review questions 1.1 and 1.2, and for further development on the rest of the review questions.

MB thanked everyone for their attendance and closed the meeting.

Date of next meeting: 02/03/2022

Location of next meeting: Virtual