

## Weight management guideline committee 7 meeting minutes

### Weight Management Guideline Update – Committee Meeting 7

**Date:** 22/04/2022

**Location:** Virtual

**Minutes:** Final

<b>Committee members present:</b>		
Marie Burnham (Chair) (MB)		Present for notes 1 – 7
Kate Anderson		Present for notes 4 – 7
Margaret Ashwell		Present for notes 1 – 5
Nivedita Aswani		Present for notes 1 – 7
Rachel Batterham		Present for notes 1 – 7
Sarah Britton		Present for notes 1 – 7
Twane Celliers		Present for notes 1 – 7
Preetpal Doklu		Present for notes 1 – 7
Julian Hamilton-Shield		Present for notes 1 – 7
Phoebe Kalungi		Present for notes 1 – 7
Omar Khan		Present for notes 1 – 6
Kathryn Melia		Present for notes 1 – 7
Grace O'Malley		Present for notes 1 – 7
Helen Parretti		Present for notes 1 – 7
Suzy Taylor		Present for notes 1 – 7
Billy White		Present for notes 3 – 7

<b>In attendance:</b>		
Alex Allen (AA)	Technical Analyst	Present for notes 1 – 7
Victoria Axe	Guideline Commissioning Manager	Present for notes 1 – 7
Keona Bennett	Administrator	Present for notes 1 – 2
Susie Burlace (SB)	Content Editor	Present for notes 1 – 7
Kate Kelley	Associate Director, Guideline Development Team	Present for notes 1 – 7
Jon Littler (JL)	Project Manager	Present for notes 1 – 7
Alfredo Mariani	Technical Analyst – Health Economics	Present for notes 1 – 7
Shreya Shukla (SS)	Technical Adviser	Present for notes 1 – 7
Adam Storrow (AS)	Resource Impact Lead	Present for notes 2 – 7
Cecilia Superchi	Technical Analyst	Present for notes 1 – 7
Miaoqing Yang (MY)	Technical Adviser – Health Economics	Present for notes 1 – 7
Michellie Young (MYO)	Technical Analyst	Present for notes 1 – 7

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<b>Apologies:</b>	
Mfon Archibong	Committee Member
Jeremy Dietz	NICE Technical Analyst – Health Economics
Amy Finnegan	NICE Information Specialist
Sarah le Brocq	Committee Member
Lisa Hodgson	Committee Member
Laurence Taggart	Committee Member

### **1. Welcome and objectives for the meeting**

The Chair (MB) welcomed the committee members and NICE attendees to the seventh weight management guideline committee.

MB then informed the committee that apologies had been received which are noted above.

Following a brief presentation from KK on the importance of keeping the declarations of interest up to date, MB then outlined the objectives of the meeting before asking all committee members to verbally declare any interests that have arisen since the last meeting. No declarations were made.

Finally, MB and committee members then reviewed the minutes from committee meeting 6 and agreed them as an accurate record of the meeting.

### **2. Review question 2.2 – Bariatric surgery referrals, recommendations and rationale**

The Chair introduced Shreya Shukla (SS) to take the committee through the drafted recommendations for review question 2.2:

*What referral criteria for bariatric surgery are most effective to achieve weight loss and maintain a healthier weight in adults living with obesity?*

The committee were asked to feedback on these drafted recommendations and suggest any changes they thought were required.

MB thanked the committee for their contributions to updating these recommendations, thanked SS for the presentation and hard work in preparing these recommendations, and moved the meeting on to the next item on the agenda.

### **3. Guideline amalgamation**

The Chair introduced Susie Burlace (SB) who gave a presentation to the committee on ways in which the individual recommendations for this guideline could be amalgamated for final publication. SB offered various suggestions and took feedback and guidance from committee members,

MB then thanked SB for her presentation and moved to the next item on the agenda.

### **4. Review question 1.3 (adults)**

The Chair then introduced Michellie Young (MYo) who presented the evidence for review question 1.3 - *What approaches are effective and cost-effective in identifying overweight and obesity in adults, particularly those in black, Asian and minority ethnic groups?*

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The committee provided feedback and suggested changes on the drafted recommendations and MB then moved the conversation on to the next item on the agenda.

### **5. Review protocol 1.3 (children)**

MYo continued her presentation on the evidence around review question 1.3, this time shifting her focus on to the evidence that would impact children and young people.

As before, the committee provided feedback and suggested changes on the drafted recommendations. MB thanked MYo for her presentation and her hard work in preparing these recommendations, and the committee for their contributions, and then moved on to the final main item of the day.

### **6. Review protocol 2.4**

For the final presentation of the day, Carolyn Summerbell (CS) and Julian Higgins (JH) presented the work they had been doing for Cochrane that connects directly to review question 2.4 – *What are the effectiveness and cost effectiveness of healthy living programmes for preventing overweight or obesity in children and young people?*

NICE will be aligning our protocol with Cochrane and the committee were shown how their work had progressed and how they had approached this question. CS and JH then fielded questions from the committee. Committee agreed on the approach taken by the Cochrane authors.

MB thanked KH and CS for their attendance and clear presentation of their work and closed this section of the meeting.

### **7. AOB, Summary and next steps**

MB thanked everyone for their attendance and closed the meeting.

**Date of next meeting:** 30/05/2022

**Location of next meeting:** Virtual