

Weight management guideline committee 13 meeting minutes

Weight Management Guideline Update – Committee Meeting 12 – Day 2

Date: 21/04/2023

Location: Virtual and at 2 Redman Place, London

Minutes: Final

Committee members present:		
Marie Burnham (MB – Chair)		Present for notes 1 – 6
Kate Anderson		Present for notes 1 – 6
Mfon Archibong		Present for notes 1 – 6
Margaret Ashwell		Present for notes 1 – 6
Nivedita Aswani		Present for notes 2 – 6
Sarah Britton		Present for notes 4 – 6
Twane Celliers		Present for notes 1 – 3
Preetpal Doklu		Present for notes 1 – 6
Julian Hamilton-Shield		Present for notes 1 – 6
Lisa Hodgson		Present for notes 1 – 6
Phoebe Kalungi		Present for notes 1 – 6
Sarah le Brocq		Present for notes 1 – 6
Kathryn Melia		Present for notes 2 – 6
Alex Miras		Present for notes 1 – 6
Grace O'Malley		Present for notes 1 – 6
Helen Parretti		Present for notes 1 – 6
Samantha Scholz		Present for notes 1 – 6
Suzy Taylor		Present for notes 1 – 6
Billy White		Present for notes 2 – 6

NICE Team in attendance:		
Victoria Axe	Guideline Commissioning Manager	Present for notes 1 – 6
Keona Bennet	Administrator	Present for notes 1 – 3
Susie Burlace (SB)	Medical Editor	Present for notes 1 – 6
Bethan Dorsett (BD)	Senior Digital Editor	Present for notes 1 – 6
Jackie Durkin	Administrator	Present for notes 1 – 3
Jon Littler (JL)	Project Manager	Present for notes 1 – 6
Caroline Mulvihill (CM)	Technical Adviser	Present for notes 1 – 6
Anneka Patel (observing)	Programme Manager, Guideline Development Team	Present for notes 1 – 6
Shreya Shukla (SS)	Senior Technical Analyst	Present for notes 1 – 6

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Hannah Stockton (observing)	Technical Analyst	Present for notes 1 – 6
Miaoqing Yang (MY)	Technical Adviser, Health Economics	Present for notes 1 – 6
Michellie Young (MYO)	Technical Analyst	Present for notes 1 – 6

Apologies:

Omar Khan	Committee Member
Alfredo Mariani	NICE Technical Analyst, Health Economics
Adam Storrow	NICE Resource Impact Lead
Laurence Taggart	Committee Member

1. Welcome and objectives for the meeting

The Chair, Marie Burnham (MB) welcomed the committee to day 2 of the 13th weight management guideline update meeting and thanked those who had travelled to London to attend in person.

Jon Littler (JL), Project Manager, then took the committee through a brief induction session on the use of the hybrid system at the London Office so they could familiarise themselves with the usage of the microphones and make sure they're able to be heard both in the room and on Zoom.

The Chair then asked if there were any new declarations of interest. No new interests had arisen since the meeting on Monday.

The Chair then moved on to the first main item on the agenda.

2 – 3. Review question 2.3 – Weight management programmes for children and young people

For the next two agenda items, the Chair introduced Michellie Young (MYO), Technical Analyst. Having reviewed the clinical evidence for this review question at previous meetings, MYO presented the committee with the existing recommendations for discussion.

The Chair thanked the committee for their guidance, and MYO for her work in preparing this presentation, and moved to the next item on the agenda.

4. Guideline amalgamation review and discussion

For the next item, the Chair introduced the medical editors for this guideline. Susie Burlace (SB) and Bethan Dorsett (BD).

SB and BD presented their progress on amalgamation (the version of the updated recommendations brought together into one coherent guideline). The committee then gave their feedback, asking questions on why certain choices had been made and making suggested changes.

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MB then thanked BD and SB for their work in preparing this presentation, and the work they'd done on amalgamating the recommendations so far, before moving on to the final main item on the agenda.

5. Review question 2.4 – Healthy living programmes for children and young people

The Chair introduced Shreya Shukla (SS), Senior Technical Analyst, who provided a brief update on the development of review question 2.4, which the team have been working on alongside the Universities of Bristol and Durham who have been developing this for Cochrane.

MB thanked SS for her update before moving on to any other business.

6. Next steps and any other business

JL advised the committee that the bariatric surgery referral recommendations, and responses to stakeholder comments, would be refined based on the committees' feedback over the two days of committee 13, subsequently publishing on **Wednesday 26 July 2023**. Further feedback would be required from the committee would be requested in the meantime.

Additionally, he advised them that the next two-day committee would take place on **Monday 12 and Tuesday 13 June 2023**.

MB then thanked the committee for their input over the two days, and those who travelled to London to attend day 2 in person, before closing the meeting.

Date of next meeting: 12/06/2023 and 13/6/2023

Location of next meeting: Virtual