

Weight management guideline committee 11 (Day 2) meeting minutes

Weight Management Guideline Update – Committee Meeting 11 – Day 2

Date: 30/11/2022

Location: Virtual

Minutes: Final

Committee members present:		
Marie Burnham (Chair)		Present for notes 1 – 6
Kate Anderson		Present for notes 2 – 6
Margaret Ashwell		Present for notes 1 – 6
Nivedita Aswani		Present for notes 1 – 6
Sarah Britton		Present for notes 1 – 6
Twane Celliers		Present for notes 1 – 6
Preetpal Doklu		Present for notes 1 – 6
Julian Hamilton-Shield		Present for notes 1 – 6
Lisa Hodgson		Present for notes 1 – 6
Phoebe Kalungi		Present for notes 1 – 6
Omar Khan		Present for notes 2 – 6
Sarah le Brocq		Present for notes 1 – 5
Grace O'Malley		Present for notes 2 – 4
Helen Parretti		Present for notes 1 – 6
Suzy Taylor		Present for notes 1 – 6
Billy White		Present for notes 1 – 6

In attendance:		
Victoria Axe	Guideline Commissioning Manager	Present for notes 1 – 6
Susie Burlace (SB)	Content Editor	Present for notes 1 – 6
Giacomo de Guisa	Technical Analyst	Present for notes 1 – 6
Jeremy Dietz (JD)	NICE Technical Adviser, Health Economics	Present for notes 1 – 6
Bethan Dorsett	Content Editor	Present for notes 4 – 6
Kate Kelley (KK)	Associate Director, Guideline Development Team	Present for notes 4 – 6
Jon Littler (JL)	Project Manager	Present for notes 1 – 6
Faizan Mahmood	NICE Technical Analyst, Health Economics (Observing)	Present for notes 1 – 6
Alfredo Mariani (AM)	Technical Analyst – Health Economics	Present for notes 1 – 6
Shreya Shukla (SS)	Technical Adviser	Present for notes 1 – 6

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Adam Storrow (AS)	Resource Impact Lead	Present for notes 2 – 6
Miaoqing Yang (MY)	Technical Adviser – Health Economics	Present for notes 1 – 6
Michellie Young (MYO)	Technical Analyst	Present for notes 1 – 6
Apologies:		
Rachel Batterham	Committee member	
Kathryn Melia	Committee Member	
Samantha Scholtz	Committee Member (co-opted)	
Laurence Taggart	Committee Member (co-opted)	

1. Welcome and objectives for the meeting

The Chair, Marie Burnham (MB) welcomed the committee members and NICE attendees to the second day of the eleventh weight management guideline committee.

MB then informed the committee that apologies had been received which are noted above.

As there were some attendees that were unable to attend on the first day, MB again asked all committee members to verbally declare any interests that have arisen since the last meeting.

No further interests were declared.

2. Analysis plan for review question 2.3 – *What intervention components and approaches are effective, cost effective and acceptable for children and young people living with overweight or obesity?*

MB introduced Michellie Young (MYO), who guided the committee through the option of taking this review question through a network meta-regression, discussing the components of each and how they would be dealt with, as well as the options available for the analyses

3. Finalising review question 2.2 – *What referral criteria for bariatric surgery are most effective to achieve weight loss and maintain a healthier weight in adults living with obesity?*

. In a change from the original agenda, MB introduced Shreya Shukla (SS) to briefly address the last few queries she had for the committee on the bariatric surgery review question not covered at the meeting on Monday 30 November.

SS also raised query about potential future surveillance on pharmacological treatments in managing overweight and obesity.

After a short question and answer session, MB thanked the committee and the development team for their contributions in preparing this review for consultation, and moved to the next section of the agenda.

MB and the committee thanked MYO for her detailed presentation and how well she had laid out the options available. MB then moved the meeting to the next item on the agenda.

4. Ratifying recommendations for review question 1.4 – *What are the barriers and facilitators to increasing uptake of weight management services in adults and children.*

MB reintroduced MYO, who moved the discussion on to the uptake of weight management

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services, looking at the interventions for adults.

Information was presented to the committee in a flow-chart format, broken into stages where interventions could be effective. The committee were then invited to make suggestions on improving this flow and suggest recommendations from it.

MB thanks MYO for her presentations and moved to the penultimate item on the agenda.

5. Guideline amalgamation

MB introduced the Content Editors for this guideline, Susie Burlace (SB) and Bethan Dorsett (BD) who led a discussion on how the 8 guidelines being updated as part of this overall update could be brought together into a single coherent guideline on weight management.

BD and SB took questions and suggestions from the committee on how the recommendations could sit together whilst steering them on the kind of language that could (and could not) be used in the guideline.

MB thanked the committee for their input, and SB and BD for steering them through this deeply complex issue and moved to the final section on the agenda.

6. AOB, Summary and next steps

JL briefed the committee on the next steps that would take place between now and the guideline's publication, reminding them of key dates and policies.

MB then thanked everyone for their attendance and closed the meeting.

Date of next meeting: 20/01/2023

Location of next meeting: Virtual