

## Weight management guideline committee 12 meeting minutes

### Weight Management Guideline Update – Committee Meeting 12 – Day 2

**Date:** 23/01/2023

**Location:** Virtual

**Minutes:** Final

<b>Committee members present:</b>		
Marie Burnham (Chair)		Present for notes 1 – 6
Kate Anderson		Present for notes 1 – 6
Nivedita Aswani		Present for notes 1 – 6
Rachel Batterham		Present for notes 1 – 3
Sarah Britton		Present for notes 1 – 6
Preetpal Doklu		Present for notes 1 – 6
Lisa Hodgson		Present for notes 1 – 6
Phoebe Kalungi		Present for notes 1 – 6
Omar Khan		Present for notes 1 – 6
Sarah le Brocq		Present for notes 1 – 6
Grace O'Malley		Present for notes 4 – 6
Kathryn Melia		Present for notes 1 – 6
Helen Parretti		Present for notes 1 – 6
Samantha Scholz		Present for notes 1 – 6
Laurence Taggart		Present for notes 2 – 6
Suzy Taylor		Present for notes 1 – 6

<b>In attendance:</b>		
Victoria Axe	Guideline Commissioning Manager	Present for notes 1 – 6
Susie Burlace (SB)	Medical Editor	Present for notes 1 – 6
Giacomo de Guisa (GD)	Technical Analyst	Present for notes 1 – 6
Tom Davies (observing)	Technical Support Unit, Bristol University	Present for notes 1 – 6
Jeremy Dietz (JD)	NICE Technical Adviser, Health Economics	Present for notes 3 – 6
Bethan Dorsett (BD)	Medical Editor	Present for notes 1 – 6
Jon Littler (JL)	Project Manager	Present for notes 1 – 6
Faizan Mahmood (FM)	NICE Technical Analyst, Health Economics (Observing)	Present for notes 1 – 6
Alfredo Mariani (AM)	Technical Analyst – Health Economics	Present for notes 1 – 6
Shreya Shukla (SS)	Technical Adviser	Present for notes 1 – 6

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Adam Storrow (AS)	Resource Impact Lead	Present for notes 1 – 6
Nicky Welton	Technical Support Unit, Bristol University	Present for notes 4 – 6
Miaoqing Yang (MY)	Senior Technical Analyst – Health Economics	Present for notes 1 – 6
Michellie Young (MYO)	Technical Analyst	Present for notes 1 – 6

<b>Apologies:</b>	
Mfon Archobong	Committee Member
Margaret Ashwell	Committee Member
Keona Bennett	NICE Administrator
Twane Celliers	Committee Member (co-opted)
Julian Hamilton-Shield	Committee Member
Kate Kelley	Associate Director, Guideline Development Team
Billy White	Committee Member

### 1. Welcome and objectives for the meeting

The Chair, Marie Burnham (MB) welcomed the committee members and NICE attendees to the twelfth weight management guideline committee.

MB then informed the committee that apologies had been received which are noted above.

The Chair asked all committee members to verbally declare any interests that have arisen since the last meeting.

There were no further interests from the previous Friday's meeting, so MB briefly outlined the days objectives before moving on to the first main item on the agenda.

### 2. and 3. Guideline amalgamation discussion

For the first two sections of the meeting, MB introduced Susie Burlace (SB) and Bethan Dorsett (BD) who are the medical editors for this guideline. SB and BD guided the committee through a suggested approach on how all the recommendations this guideline was updating would ultimately be amalgamated upon publication.

With a specific focus at this meeting on recommendations that would impact adults, BD and SB presented the committee with possible layout and wording choices and heard their feedback and suggestions on how these could be changed or improved.

MB thanked BD and SB for their exhaustive presentation, and the committee for their input, and moved to the next item on the agenda.

### 4. Clinical review of review question 2.3 – *What intervention components and approaches are effective, cost effective and acceptable for children and young people living with overweight or obesity?*

MB introduced Giacomo de Guisa (GD) to the committee and GD began a brief presentation to review the network meta-analysis approach that would be used for review question on

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obesity interventions and how this data would be presented.

After completing his presentation, and accepting comments and queries from the committee, MB moved on to the next section of this discussion which incorporated the health economic aspects.

### **5. Clinical and health economic review of review question 2.3**

To continue the discussion on review question 2.3, Faizan Mahmood (FM), Health Economic Analyst was introduced. FM gave a brief presentation on the cost-effectiveness of healthy living programmes using the supporting evidence he had found, as well as covering the inclusion criteria for that evidence. He and Miaoqing Yang (MY), Health Economic Senior Technical Analyst, then took questions from the committee.

MB thanks them both for their work before moving to the final item on the agenda.

### **6. AOB, Summary and next steps**

MB introduced Shreya Shukla (SS), Senior Technical Analyst, to cover one specific item of other business. Ahead of its consultation, the recommendations on bariatric surgery referrals have been taken to NICE's Commissioning team for quality assurance. That team had questions and suggestions for the committee, which Shreya presented to them and asked for feedback on. The committee have their responses to the QA suggestions and SS thanked them for their input.

Jonathan Littler (JL) Project Manager, then outlined the next few key dates for the consultation on the bariatric surgery recommendations and further development on the remaining recommendations. He also advised the committee when they could expect to receive the reviews they had fed back on over the two day meeting to see if they were satisfied with how their feedback had been incorporated.

MB thanked everyone for their attendance over the two days of discussion and closed the meeting.

**Date of next meeting:** 17/04/2023

**Location of next meeting:** Virtual