

## Weight management guideline committee 4 meeting minutes

### Weight Management Guideline Update – Committee Meeting 4 (Day 2)

**Date:** 10/11/2021

**Location:** Virtual

**Minutes:** Final

<b>Committee members present:</b>		
Marie Burnham (Chair) (MB)		Present for notes 1 – 5
Kate Anderson		Present for notes 1 – 5
Margaret Ashwell		Present for notes 1 – 5
Nivedita Aswani		Present for notes 1 – 5
Rachel Batterham		Present for notes 1 – 5
Sarah Britton		Present for notes 1 – 5
Preetpal Doklu		Present for notes 1 – 5
Julian Hamilton-Shield		Present for notes 2 – 5
Lisa Hodgson		Present for notes 1 – 5
Sarah le Brocq		Present for notes 1 – 5
Grace O'Malley		Present for notes 1 – 5
Kathryn Melia		Present for notes 1 – 4
Helen Parretti		Present for notes 1 – 5
Laurence Taggart		Present for notes 1 – 5
Suzy Taylor		Present for notes 1 – 5
Billy White		Present for notes 1 – 5

<b>In attendance:</b>		
Alex Allen (AA)	Technical Analyst	Present for notes 1 – 5
Victoria Axe	Guideline Commissioning Manager	Present for notes 1 – 5
Lindsay Claxton (LC)	Technical Adviser – Health Economics	Present for notes 1 – 5
Jackie Durkin	Administrator	Present for notes 1
Amy Finnegan	Information Specialist	Present for notes 1 – 5
Kirsty Hounsell	Technical Analyst – Health Economics (observing)	Present for notes 1 – 5
James Jagroo (JJ)	Technical Analyst	Present for notes 1 – 5
Kusal Lokuge (KL)	Technical Analyst – Health Economics	Present for notes 1 – 5
Jon Littler (JL)	Project Manager	Present for notes 1 – 5
Judith McBride	Content Editor	Present for notes 3 – 5

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Caroline Mulvihill	Interim Associate Director	Present for notes 3 – 5
Lesley Owen (LO)	Technical Adviser – Health Economics	Present for notes 1 – 5
Louisa Regan	Implementation Lead	Present for notes 1 – 5
Shreya Shukla (SS)	Technical Adviser	Present for notes 1 – 5
Miaoqing Yang (MY)	Technical Analyst – Health Economics	Present for notes 1 – 5

### Apologies:

Jamie Blackshaw	Committee Member – OHID
Mfon Archebong	Committee Member – Health Visitor
Phoebe Kalungi	Committee Member – Public Health Practitioner

### 1. Welcome and objectives for the meeting

The Chair welcomed the committee members and NICE attendees to the second day of the fourth weight management guideline committee.

The Chair then informed the committee that apologies had been received which are noted above.

The Chair then outlined the objectives of the meeting before asking all committee members to verbally declare any interests that have arisen since the meeting the day before.

No new interests were declared.

### 2. Health economics

The Chair introduced Miaoqing Yang (MY), Kusal Lokuge (KL) and Lindsay Claxton (LC) from the health economics team.

MY gave a presentation on the use of real-world data for cost-estimation, KL gave a brief presentation on health inequalities and cost-effectiveness, and LC introduced Lesley Owen (LO) who is the Quality Assurance Team's Health Economic Adviser. LO discussed a new health economics tool that may be piloted with this guideline update.

The Chair thanked KL, MY and LC for their presentations and then drew this section of the committee to a close.

### 3. Recommendation drafting – review questions 1.1 and 1.2

The Chair introduced Shreya Shukla (SS) and Alex Allen (AA) who lead a recap discussion on drafting recommendations to update the relevant recommendations for review questions 1.1 and 1.2. This covered what had been suggested the previous day and at the previous committee meeting.

*1.1 – What are the most accurate and suitable anthropometric methods and thresholds for different ethnicities for measuring the health risk associated with overweight and obesity in adults, particularly those in Black, Asian and minority ethnic groups?*

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*1.2 – What are the most accurate and suitable anthropometric methods and thresholds for different ethnicities for measuring the health risk associated with overweight and obesity in children and young people, particularly those in Black, Asian and minority ethnic groups?*

The committee provided suggestions on how to refine NICE's suggested updated recommendations which had been gathered from previous meetings.

The Chair thanks AA and SS for their presentations and then closed this section of the meeting.

### **4. 1.3 and 1.4 protocols**

The Chair introduced James Jagroo (JJ) and SS who led a barriers and facilitators discussion on the review protocols for questions 1.3 and 1.4 (discussion and interpretation of evidence with the committee)

*1.3 – What are the most effective and cost-effective approaches for identifying overweight and obesity in children and young people, particularly those in Black, Asian and minority ethnic groups, and increasing their uptake of weight management services?*

*1.4 – What are the most effective and cost-effective approaches for identifying overweight and obesity in adults, particularly those in Black, Asian and minority ethnic groups, and increasing their uptake of weight management services?*

The committee discussed and offered their feedback on the drafted protocols. The Chair thanks JJ and SS for their presentation and closed this portion of the meeting.

### **5. AOB, Summary and next steps**

JL advised the committee of when they could expect their feedback to be fully incorporated into the drafted recommendations for 1.1 and 1.2, and the drafted protocols for 1.3 and 1.4. He also advised when they would be contacted for any further input on these recommendations and protocols.

There was no further business to discuss so the Chair thanked the committee and the NICE team for their contributions over the two days and closed the meeting.

**Date of next meeting:** 18/01/2022

**Location of next meeting:** Virtual