

## Weight management guideline committee 8 meeting minutes

### Weight Management Guideline Update – Committee Meeting 8

**Date:** 30/05/2022

**Location:** Virtual

**Minutes:** Final

<b>Committee members present:</b>		
Kate Anderson		Present for notes 1 – 7
Margaret Ashwell		Present for notes 1 – 7
Nivedita Aswani		Present for notes 1 – 7
Rachel Batterham		Present for notes 1 – 7
Sarah Britton		Present for notes 1 – 7
Preetpal Doklu		Present for notes 1 – 7
Julian Hamilton-Shield		Present for notes 1 – 7
Phoebe Kalungi		Present for notes 1 – 7
Omar Khan		Present for notes 1 – 7
Kathryn Melia		Present for notes 1 – 7
Helen Parretti		Present for notes 1 – 7
Laurence Taggart		Present for notes 1 – 3
Suzy Taylor		Present for notes 1 – 7
Billy White		Present for notes 1 – 3

<b>In attendance:</b>		
Alex Allen (AA)	Technical Analyst	Present for notes 1 – 7
Victoria Axe	Guideline Commissioning Manager	Present for notes 1 – 7
Keona Bennett	Administrator	Present for notes 1 – 2
Susie Burlace (SB)	Content Editor	Present for notes 1 – 7
Kate Kelley (KK – Chair)	Associate Director, Guideline Development Team	Present for notes 1 – 7
Jon Littler (JL)	Project Manager	Present for notes 1 – 7
Alfredo Mariani	Technical Analyst – Health Economics	Present for notes 1 – 7
Shreya Shukla (SS)	Technical Adviser	Present for notes 1 – 7
Adam Storrow (AS)	Resource Impact Lead	Present for notes 2 – 7
Cecilia Superchi	Technical Analyst	Present for notes 1 – 7
Miaoqing Yang (MY)	Technical Adviser – Health Economics	Present for notes 1 – 7
Michellie Young (MYO)	Technical Analyst	Present for notes 1 – 7
<b>Apologies:</b>		

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Marie Burnham	Committee Chair
Jeremy Dietz	NICE Technical Analyst – Health Economics
Amy Finnegan	NICE Information Specialist
Sarah le Brocq	Committee Member
Grace O'Malley	Committee Member
Lisa Hodgson	Committee Member

### 1. Welcome and objectives for the meeting

The Chair (KK) welcomed the committee members and NICE attendees to the eighth weight management guideline committee.

KK then informed the committee that apologies had been received which are noted above.

Name	Job title, organisation	Declarations of Interest, date declared	Type of interest	Decision taken
Rachel Batterham	Academic with a specialist interest in weight management	Article – Weight stigma in healthcare settings is detrimental to health and must be eradicated, Rachel L. Batterham, <a href="https://doi.org/10.1038/s41574-022-00686-3">https://doi.org/10.1038/s41574-022-00686-3</a>	Direct non-financial, professional and personal	Declare and participate – not specific to the discussion at this meeting

Finally, KK and committee members reviewed the minutes from committee meeting 7 and agreed them as an accurate record of the meeting.

### 2. Consultation feedback - Accuracy of anthropometric measures for measuring health risks associated with central adiposity in adults/CYP

KK introduced Shreya Shukla (SS) and Alexander Allen (AA) who began to take the committee through the multiple stakeholder comments we had received on the draft recommendations that were put out for consultation during April and early May 2022. The morning session focused on themes dealing with children and young people in particular.

The committee were consulted on how best to react and respond to each of these comments and suggest changes to the recommendations where appropriate.

### 3. Consultation feedback - Accuracy of anthropometric measures for measuring health risks associated with central adiposity in adults/CYP

After a short break SS and AA continued to guide the committee through the comments received from stakeholders and take notes from the committee on how best to adopt suggested changes and/or respond to stakeholder comments.

KK then thanked SS and AA for their work in drafting suggested responses to the comments in preparation for this committee and closed this particular section of the meeting.

### 4. Consultation feedback - Accuracy of anthropometric measures for measuring health risks associated with central adiposity in adults/CYP

During the afternoon, SS and AA continued to guide the committee through stakeholder feedback, but here focused more on themes impacting adults.

Once again, the committee were consulted on how best to react and respond to each of

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these comments and suggest changes to the recommendations where appropriate.

### **5. Consultation feedback - Accuracy of anthropometric measures for measuring health risks associated with central adiposity in adults/CYP**

To close the main discussion thread for the day, SS, AA and MY took the committee through the final stakeholder consultation comments around the adult recommendations whilst logging their feedback and suggested changes.

KK thanked SS and AA for all their hard work in preparing the draft responses to stakeholder comments for this meeting, and the committee for their help in editing these responses.

### **6. AOB, Summary and next steps**

JL briefed the committee on the next steps that would take place between now and the guideline's publication, reminding them of key dates and policies.

KK then thanked everyone for their attendance and closed the meeting.

**Date of next meeting:** 13/07/2022 and 15/07/2022

**Location of next meeting:** Virtual