# National Institute for Health and Care Excellence

Draft for consultation

# Inducing labour

[C] Induction of labour for prevention of prolonged pregnancy

NICE guideline number CG70 (update)

Evidence review underpinning recommendations 1.1.1, 1.1.2,1.1.5, 1.2.2 to 1.2.4, 1.2.7, 1.2.8 and research recommendations in the NICE guideline

May 2021

Draft for consultation

These evidence reviews were developed by the National Guideline Alliance which is a part of the Royal College of Obstetricians and Gynaecologists



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# Induction of labour for prevention of prolonged pregnancy

# 3 Review question

- 4 At what gestational age should induction of labour be offered if spontaneous labour does not
- 5 ensue?

#### 6 Introduction

- 7 There are a number of options available for women if spontaneous labour does not occur at
- 8 the end of their pregnancy: to wait until labour begins naturally, to induce labour, or to
- 9 consider a caesarean birth. There is a balance of risks and benefits of each option, and there
- 10 is evidence that a prolonged pregnancy may lead to adverse outcome for the baby.
- 11 The aim of this review is to determine the gestational age at which induction of labour should
- be offered in uncomplicated pregnancies to optimise outcomes for the woman and baby.

#### 13 Summary of the protocol

- 14 See Table 1 for a summary of the Population, Intervention, Comparison and Outcome
- 15 (PICO) characteristics of this review.

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#### Table 1: Summary of the protocol (PICO table)

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Population	Inclusion:
	<ul> <li>Women with pregnancies that pass 37 completed weeks, uncomplicated pregnancies (as defined by studies).</li> </ul>
	Exclusion:
	Women who have any co-existing medical conditions or obstetric complications.
	Women who are due to have a planned caesarean birth.
	<ul> <li>Studies predominantly in women with diabetes, women with multiple pregnancy, women with spontaneous rupture of membrane.</li> </ul>
Intervention	Induction of labour (using any methods broadly in line with those recommended in this guideline) at the following gestational age brackets:
	• 37+0 to 37+6 (hereafter referred to as "37 weeks")
	• 38+0 to 38+6 (hereafter referred to as "38 weeks")
	• 39+0 to 39+6 (hereafter referred to as "39 weeks")
	• 40+0 to 40+6 (hereafter referred to as "40 weeks")
	• 41+0 to 41+6 (hereafter referred to as "41 weeks")
	• 42+0 to 42+6 (hereafter referred to as "42 weeks")
	• 43+0 or later (hereafter referred to as "43 weeks")
Comparison	Any study that compares 2 or more induction timing strategies, including expectant management to a specified timepoint at which induction then occurs (for example, induction at 40 weeks versus 42 weeks or induction at 39 weeks versus expectant management until 41 weeks).
Outcome	Critical
	Maternal mortality/morbidity (death or uterine rupture)
	Maternal quality of life
	Perinatal mortality (stillbirth or neonatal death)
	Important
	Mode of birth (instrumental versus unassisted vaginal versus caesarean)
	Maternal satisfaction/experience of care
	Neonatal unit admission
	Neonatal morbidity (MAS/HIE)

- 2 HIE: hypoxic ischemic encephalopathy; MAS: meconium aspiration syndrome.
- 3 For further details see the review protocol in appendix A.

#### 4 Methods and process

- 5 This evidence review was developed using the methods and process described in
- 6 Developing NICE guidelines. Please see the methods chapter for further details. Methods
- 7 specific to this review question are described in the review protocol in appendix A.
- 8 Declarations of interest were recorded according to NICE's 2014 conflicts of interest policy
- 9 until 31 March 2018. From 1 April 2018, declarations of interest were recorded according to
- 10 NICE's 2018 conflicts of interest policy. Those interests declared until April 2018 were
- 11 reclassified according to NICE's 2018 conflicts of interest policy (see Register of Interests).

#### 12 Clinical evidence

#### 13 Included studies

- 14 Fifteen randomised controlled trials (RCTs) were included in this review. Most studies
- 15 compared induction versus expectant management, where a maximum gestational age was
- specified for induction, for example, expectant management to 42 weeks and then induction

- 1 for women who had not yet gone into spontaneous labour or had to be induced earlier for
- 2 medical reasons.
- 3 One included study (Wennerholm 2019) was powered for a much larger sample, but was
- 4 terminated early for ethical reasons due to a significantly higher perinatal death rate in the
- 5 expectant management (delayed induction) group.
- None of the included studies reported usable data on maternal quality of life, and only one examined maternal satisfaction/experience of care (Grobman 2018).
- 8 Three studies reported "spontaneous vaginal delivery" under mode of birth outcomes
- 9 (Herabutya 1992, Keulen 2019, Nielsen 2005), and have been included here as "unassisted
- vaginal birth" based on the description and definitions within the original publication.
- 11 Comparisons were grouped according to gestational age at planned induction. See Table 2.

#### 12 **Table 2: Grouping of comparisons**

Comparison	Studies	Outcomes reported
Comparison 1: 39 versus 40-42 weeks	• Grobman 2018	<ul> <li>Maternal death/uterine rupture</li> <li>Perinatal death</li> <li>Caesarean</li> <li>Instrumental/operative vaginal</li> <li>Maternal experience of birth</li> <li>NICU admission</li> <li>MAS &amp; HIE</li> </ul>
Comparison 2: 39 versus 42 weeks	Nielsen 2005	<ul><li>Caesarean</li><li>Instrumental/operative vaginal</li><li>Unassisted vaginal</li><li>NICU admission</li></ul>
Comparison 3: 39-40 versus 41 weeks	• Cole 1975	<ul><li>Perinatal death</li><li>Caesarean</li><li>Instrumental/operative vaginal</li><li>Unassisted vaginal</li></ul>
Comparison 4: 40 versus 42 weeks	<ul><li>Baev 2017</li><li>Egarter 1989</li><li>Leijon 1979</li><li>Ohel 1996</li></ul>	<ul><li>Perinatal death</li><li>Caesarean</li><li>Instrumental/operative vaginal</li><li>NICU admission</li></ul>
Comparison 5: 41 versus 42 weeks	<ul><li>Gelisen 2005</li><li>Heimstad 2007</li><li>Keulen 2019</li><li>Wennerholm 2019</li></ul>	<ul> <li>Maternal death/uterine rupture</li> <li>Perinatal death</li> <li>Caesarean</li> <li>Instrumental/operative vaginal</li> <li>Unassisted vaginal</li> <li>NICU admission</li> <li>MAS &amp; HIE</li> </ul>
Comparison 6: 41-42 versus 44 weeks	<ul><li>Chanrachakul 2003</li><li>Herabutya 1992</li></ul>	<ul> <li>Perinatal death</li> <li>Caesarean</li> <li>Instrumental/operative vaginal</li> <li>Unassisted vaginal</li> <li>NICU admission</li> </ul>
Comparison 7: 42 versus 43 weeks	<ul><li>Augensen 1987</li><li>Bergsjo 1989</li></ul>	<ul><li>Perinatal death</li><li>Caesarean</li><li>Instrumental/operative vaginal</li></ul>

Comparison	Studies	Outcomes reported
		Unassisted vaginal
		NICU admission
		• MAS

- 1 HIE: hypoxic ischemic encephalopathy; MAS: meconium aspiration syndrome; NICU: neonatal intensive care unit
- 2 The included studies are summarised in Table 3.
- 3 See the literature search strategy in appendix B and study selection flow chart in appendix C.

#### 4 Excluded studies

- 5 Studies not included in this review are listed, and reasons for their exclusion are provided in
- 6 appendix K.

#### 7 Summary of included studies

8 Summaries of the studies that were included in this review are presented in Table 3.

#### 9 Table 3: Summary of included studies.

Study	Population	Intervention	Comparison	Outcomes	Induction method
Augensen 1987 RCT Norway	N=409 randomised Age NR	41+4 to 42+3 weeks "42 weeks" induction N=214	42+3 to 43+3 weeks "43 weeks" induction N=195	<ul> <li>Perinatal death</li> <li>NICU admission</li> <li>Caesarean (elective /emergency)</li> <li>Instrumental birth</li> </ul>	Amniotomy & oxytocin
Baev 2017 RCT Russia	N=156 randomised N=149 analysed Mean age: 28 years	40 weeks induction N=74 analysed	42 weeks induction N=75 analysed	<ul> <li>Unassisted vaginal</li> <li>NICU admission</li> <li>Caesarean</li> <li>Instrumental birth</li> </ul>	Mifespristone
	·			<ul> <li>Vaginal delivery (including instrumental)</li> </ul>	
RCT China (authors in Norway)	N=188 Age range: 21-36 years	294 days "42 weeks" induction N=94	"43 weeks" induction N=94	<ul> <li>Perinatal death</li> <li>Caesarean</li> <li>Instrumental birth</li> <li>Vagina unassisted</li> <li>Aspiration pneumonia</li> </ul>	Membrane sweep and oxytocin
Chanrachakul 2003 RCT Thailand	N=249 randomised Mean age: 27 years	41+3 weeks (290 days) induction N=124	44 weeks (308 days) induction N=125	<ul> <li>Caesarean</li> <li>Vaginal delivery (unclear if instrumental/ unassisted)</li> <li>NICU admission</li> </ul>	ARM and oxytocin
Cole 1975 RCT	N=237 randomised	39-40 weeks induction N=111	41 weeks induction N=117	<ul><li>Perinatal death</li><li>Caesarean</li></ul>	Amniotomy and oxytocin

Study	Population	Intervention	Comparison	Outcomes	Induction method
UK	Age: 18-30 years if primigravida; 18-35 years with 1/2/3 parity if uncomplicated			<ul> <li>Instrumental birth</li> <li>Vaginal unassisted/ spontaneous</li> </ul>	
Egarter 1989 RCT Austria	N=345 randomised Age: NR	40 weeks (280 days) induction N=157	42 weeks (294 days) induction N=156	<ul><li>Perinatal death</li><li>Caesarean</li><li>Instrumental birth</li></ul>	Dinoprostone (PGE <sub>2</sub> )
Gelisen 2005 RCT Turkey	N=600 Age: 24-26 years	41 weeks induction N=300	42 weeks induction N=300	<ul> <li>Perinatal death</li> <li>Caesarean</li> <li>Vaginal delivery (unclear if instrumental)</li> <li>NICU admission</li> <li>MAS</li> </ul>	Misoprostol/ Oxytocin/ Foley
Grobman 2018 (ARRIVE trial) RCT USA	N=6106 randomised N=6103 analysed Age: median 23- 24 [IQR 20-28] years	39+0 to 39+4 weeks "39 weeks" induction N=3059 analysed	40+5 to 42+2 weeks "40 to 42 weeks" induction N=3037 analysed	<ul> <li>Maternal death/ uterine rupture</li> <li>Perinatal death</li> <li>Caesarean</li> <li>Instrumental/ operative birth</li> <li>Maternal experience</li> <li>NICU admission</li> <li>HIE</li> <li>MAS</li> </ul>	Any
Heimstad 2007 RCT Norway	N=508 Age: NR	41+2 weeks (289 days) "41 weeks" Induction N=254	300 days "42 weeks" Induction N=254	<ul> <li>Perinatal death</li> <li>Caesarean</li> <li>Operative vaginal birth</li> <li>NICU admission</li> <li>Meconium in airway</li> </ul>	Amniotomy and oxytocin or misoprostol
Herabutya 1992 RCT Thailand	N=108 randomised Mean age: 27 years	294 days "42 weeks" induction N=57	"44 weeks" induction N=51	<ul> <li>Perinatal death</li> <li>Caesarean</li> <li>Instrumental birth</li> <li>Spontaneous delivery</li> <li>SCBU admission</li> </ul>	Dinoprostone (PGE <sub>2</sub> )
Keulen 2019 (INDEX trial) RCT The Netherlands	N=1815 randomised N=1801 analysed Age: 18-34 years (80-85%)	41+0 to 41+1 weeks "41 weeks" induction N=900	42+0 weeks "42 weeks" induction N=901	<ul> <li>Maternal death/ uterine rupture</li> <li>Perinatal death (Stillbirth and neonatal death postpartum)</li> <li>Caesarean</li> <li>Vaginal operative</li> </ul>	PGE <sub>1</sub> , dinoprosotone (PGE <sub>2</sub> ), Foley catheter, Cooks catheter, amniotomy and oxytocin

Study	Population	Intervention	Comparison	Outcomes	Induction method
				<ul><li> Vaginal spontaneous</li><li> NICU admission</li><li> MAS</li></ul>	
Leijon 1979 RCT Sweden	N=112 randomised N=80 analysed Mean age: 24.5 years (SD 4.0 years)	40 weeks induction N=41	42 weeks induction N=39	Instrumental (vacuum) birth	Amniotomy and oxytocin
Nielsen 2005 RCT USA	N=226 randomised Mean age: 24.5 years	39+0 to 39+6 weeks "39 weeks" Induction N=116	41 weeks induction N=110	<ul> <li>Caesarean</li> <li>Operative vaginal</li> <li>Vaginal unassisted (spontaneous labour)</li> <li>NICU admission</li> </ul>	Amniotomy and oxytocin
Ohel 1996 RCT Israel	N=200 randomised Mean age: 28 years	40+4 weeks "40 weeks" induction N=96 randomised N=70 analysed	42 weeks induction N=104	Caesarean	Dinoprostone (PGE <sub>2</sub> )
Wennerholm 2019 (SWEPIS trial) RCT Sweden	N=2762 randomised  Mean age:31 years  NOTE: Power calculation based on N=5019 per group; 10038 total	41 weeks induction N=1383 randomised N=1381 analysed	42 weeks induction N=1379  NOTE: Study terminated early due to high perinatal death in this group	<ul> <li>Maternal death/ uterine rupture</li> <li>Perinatal death</li> <li>Caesarean</li> <li>Instrumental birth/ assisted vaginal</li> <li>Vaginal unassisted</li> <li>NICU admission</li> <li>MAS</li> <li>HIE (grades 1- 3)</li> </ul>	PGE <sub>1</sub> , dinoprostone (PGE <sub>2</sub> ), Foley catheter, Cooks catheter, amniotomy and oxytocin

ARM: artificial rupture of membranes; HIE: Hypoxic-ischemic encephalopathy; IQR: inter-quartile range; MAS: meconium aspiration syndrome; N: number; NICU: neonatal intensive care unit; NR: not reported; PGE<sub>1/2</sub>: prostaglandin E<sub>1</sub>/E<sub>2</sub>; RCT: randomised controlled trial; SCBU: special care baby unit; SD: standard deviation

- 4 See the full evidence tables in appendix D and the forest plots in appendix E.
- 5 Quality assessment of clinical outcomes included in the evidence review
- 6 See the clinical evidence profiles (GRADE tables) in appendix F.

#### 1 Economic evidence

#### 2 Included studies

- 3 Two economic studies were identified from a search of the published literature which were
- 4 relevant to this question (Caughey 2009, Hersh 2019).
- 5 Caughey 2009 developed a decision analytic cost-utility model to evaluate expectant
- 6 management compared to induction of labour at 39 weeks, 40 weeks and 41 weeks
- 7 respectively.
- 8 A more recent study (Hersh 2019) also modelled the cost-utility of expectant management
- 9 versus induction of labour at 39 weeks.
- 10 See the literature search strategy in appendix B and economic study selection flow chart in
- 11 appendix G.

#### 12 Excluded studies

- 13 Economic studies not included in this review are listed, and reasons for their exclusion are
- 14 provided in appendix K.

#### 15 Economic model

- 16 No economic modelling was undertaken for this review because the clinical evidence,
- 17 especially with regard to perinatal deaths, was considered to make the cost-effectiveness of
- 18 recommendations on timing self-evident.

#### 19 Evidence statements

#### 20 Comparison 1: 39 weeks versus 40-42 weeks

#### 21 Critical outcomes

#### 22 Maternal mortality/morbidity (death/uterine rupture)

High quality evidence from 1 RCT (N=6096) showed no clinically important difference
 between groups

#### 25 Maternal quality of life

• No evidence was available for this outcome.

#### 27 Perinatal mortality (stillbirth and neonatal stratified)

Low quality evidence from 1 RCT (N=6096) showed no clinically important difference
 between groups

#### 30 Important outcomes

#### 31 Mode of birth

- Caesarean birth: Low quality evidence from 1 RCT (N=6096) showed a clinically important difference in favour of earlier induction: lower incidence in the 39 week induction group compared to 40-42 week induction group.
- Instrumental/operative vaginal birth: Low quality evidence from 1 RCT (N=6096) showed no clinically important difference between groups, though it neared statistical significance in favour of earlier induction.

Unassisted/spontaneous vaginal birth: No evidence was available for this outcome.

#### 2 Maternal satisfaction/experience of care

- 6-96 hours post-delivery: Moderate quality evidence from 1 RCT (N=5808) showed no
   clinically important difference in feelings of perceived control in childbirth.
- 4-8 weeks post-delivery: Moderate quality evidence from 1 RCT (N=5360) showed no
   clinically important difference in feelings of perceived control in childbirth.

#### 7 Neonatal unit admission

• Low quality evidence from 1 RCT (N=6096) showed no clinically important difference between groups, though it neared statistical significance

# 10 Neonatal morbidity (meconium aspiration syndrome [MAS]/ hypoxic ischaemic

11 encephalopathy [HIE])

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- Meconium aspiration syndrome: Moderate quality evidence from 1 RCT (N=6096) showed
   no clinically important difference between groups
- Hypoxic-ischemic encephalopathy: Low quality evidence from 1 RCT (N=6096) showed
   no clinically important difference between groups
- 16 Comparison 2: 39 weeks versus 42 weeks
- 17 Critical outcomes
- 18 Maternal mortality/morbidity (death/uterine rupture)
- No evidence was available for this outcome
- 20 Maternal quality of life
- No evidence was available for this outcome.
- 22 Perinatal mortality (stillbirth and neonatal stratified)
- No evidence was available for this outcome
- 24 Important outcomes
- 25 Mode of birth
- Caesarean birth: Very low quality evidence from 1 RCT (N=226) showed no clinically important difference between groups
- Instrumental/operative vaginal birth: Very low quality evidence from 1 RCT (N=226)
   showed no clinically important difference between groups
- Unassisted/spontaneous vaginal birth: Moderate quality evidence from 1 RCT (N=226)
   showed no clinically important difference between groups
- 32 Maternal satisfaction/experience of care
- No evidence was available for this outcome.
- 34 Neonatal unit admission
- Very low quality evidence from 1 RCT (N=226) showed no clinically important difference
   between groups

#### 1 Neonatal morbidity (MAS/HIE)

- Meconium aspiration syndrome: No evidence was available for this outcome
- Hypoxic-ischemic encephalopathy: No evidence was available for this outcome
- 4 Comparison 3: 39-40 weeks versus 41 weeks
- 5 Critical outcomes
- 6 Maternal mortality/morbidity (death/uterine rupture)
- No evidence was available for this outcome.
- 8 Maternal quality of life
- No evidence was available for this outcome.
- 10 Perinatal mortality (stillbirth and neonatal stratified)
- Low quality evidence from 1 RCT (N=228) showed no clinically important difference
   between groups
- 13 Important outcomes
- 14 Mode of birth
- Caesarean birth: Very low quality evidence from 1 RCT (N=228) showed no clinically important difference between groups
- Instrumental/operative vaginal birth: Very low quality evidence from 1 RCT (N=228)
   showed no clinically important difference between groups
- Unassisted/spontaneous vaginal birth: Very low quality evidence from 1 RCT (N=228)
   showed no clinically important difference between groups.
- 21 Maternal satisfaction/experience of care
- No evidence was available for this outcome.
- 23 Neonatal unit admission
- No evidence was available for this outcome.
- 25 Neonatal morbidity (MAS/HIE)
- Meconium aspiration syndrome: No evidence was available for this outcome.
- Hypoxic-ischemic encephalopathy: No evidence was available for this outcome.
- 28 Comparison 4: 40 weeks versus 42 weeks
- 29 Critical outcomes
- 30 Maternal mortality/morbidity (death/uterine rupture)
- No evidence was available for this outcome.
- 32 Maternal quality of life
- No evidence was available for this outcome.

#### 1 Perinatal mortality (stillbirth and neonatal stratified)

 Low quality evidence from 1 RCT (N=313) showed no clinically important difference between groups

#### 4 Important outcomes

#### 5 Mode of birth

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- Caesarean birth: Very low quality evidence from 3 RCTs (N=636) showed no clinically
   important difference between groups
- Instrumental/operative vaginal birth: Very low quality evidence from 3 RCTs (N=636)
   showed no clinically important difference between groups
- Unassisted/spontaneous vaginal birth: No evidence was available for this outcome.

#### 11 Maternal satisfaction/experience of care

• No evidence was available for this outcome.

#### 13 Neonatal unit admission

 Very low quality evidence from 1 RCT (N=149) showed no clinically important difference between groups

#### 16 Neonatal morbidity (MAS/HIE)

- Meconium aspiration syndrome: No evidence was available for this outcome
- Hypoxic-ischemic encephalopathy: No evidence was available for this outcome

#### 19 Comparison 5: 41 weeks versus 42 weeks

20 Critical outcomes

#### 21 Maternal mortality/morbidity (death/uterine rupture)

High quality evidence from 2 RCTs (N=4561) showed no clinically important difference
 between groups

#### 24 Maternal quality of life

No evidence was available for this outcome.

#### 26 Perinatal mortality (stillbirth and neonatal stratified)

High quality evidence from 4 RCTs (N=5669) showed a clinically important difference in favour of earlier induction: lower incidence in the 41 week induction group compared to 42 week induction group.

#### 30 Important outcomes

#### 31 Mode of birth

- Caesarean birth: Low quality evidence from 4 RCTs (N=5670) showed no clinically important difference between groups
- Instrumental/operative vaginal birth: Very low quality evidence from 3 RCTs (N=5069)
   showed no clinically important difference between groups
- Unassisted/spontaneous vaginal birth: Moderate quality evidence from 2 RCTs (N=4561)
   showed no clinically important difference between groups

#### 1 Maternal satisfaction/experience of care

No evidence was available for this outcome.

#### 3 Neonatal unit admission

Very low quality evidence from 4 RCTs (N=5661) showed a clinically important difference in favour of earlier induction: lower incidence in the 41 week induction group compared to 42 week induction group.

#### 7 Neonatal morbidity (MAS/HIE)

- Meconium aspiration syndrome: Moderate quality evidence from 4 RCTs (N=5664)
   showed no clinically important difference between groups
- Hypoxic-ischemic encephalopathy (grade 1-3): Low quality evidence from 1 RCT
   (N=2755) showed no clinically important difference between groups
- 12 Comparison 6: 41-42 weeks versus 44 weeks
- 13 Critical outcomes
- 14 Maternal mortality/morbidity (death/uterine rupture)
- No evidence was available for this outcome.
- 16 Maternal quality of life
- No evidence was available for this outcome.
- 18 Perinatal mortality (stillbirth and neonatal stratified)
- Low quality evidence from 1 RCT (N=108) showed no clinically important difference
   between groups
- 21 Important outcomes
- 22 Mode of birth
- Caesarean birth: Very low quality evidence from 2 RCTs (N=357) showed no clinically
   important difference between groups
- Instrumental/operative vaginal birth: Very low quality evidence from 1 RCT (N=108)
   showed no clinically important difference between groups
- Unassisted/spontaneous vaginal birth: Very low quality evidence from 1 RCT (N=108)
   showed no clinically important difference between groups
- 29 Maternal satisfaction/experience of care
- No evidence was available for this outcome.
- 31 **Neonatal unit admission**
- Very low quality evidence from 1 RCT (N=357) showed no clinically important difference
   between groups
- 34 Neonatal morbidity (MAS/HIE)
- Meconium aspiration syndrome: No evidence was available for this outcome.
- Hypoxic-ischemic encephalopathy: No evidence was available for this outcome.

#### 1 Comparison 7: 42 weeks versus 43 weeks

#### 2 Critical outcomes

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#### 3 Maternal mortality/morbidity (death/uterine rupture)

No evidence was available for this outcome.

#### 5 Maternal quality of life

No evidence was available for this outcome.

#### 7 Perinatal mortality (stillbirth and neonatal stratified)

 Low quality evidence from 2 RCTs (N=597) showed no clinically important difference between groups

#### 10 Important outcomes

#### 11 Mode of birth

- Caesarean birth: Low quality evidence from 2 RCTs (N=597) showed a clinically important difference in favour of earlier induction: lower incidence in the 42 week induction group compared to 43 weeks induction group.
- Instrumental/operative vaginal birth: Very low quality evidence from 2 RCTs (N=597)
   showed no clinically important difference between groups
- Unassisted/spontaneous vaginal birth: Very low quality evidence from 2 RCTs (N=597)
   showed no clinically important difference between groups

#### 19 Maternal satisfaction/experience of care

• No evidence was available for this outcome.

#### 21 Neonatal unit admission

Very low quality evidence from 1 RCT (N=399) showed no clinically important difference
 between groups

#### 24 Neonatal morbidity (MAS/HIE)

- Meconium aspiration syndrome: Low quality evidence from 1 RCT (N=188) showed no
   clinically important difference between groups
- Hypoxic-ischemic encephalopathy: No evidence was available for this outcome.

#### 28 The committee's discussion and interpretation of the evidence

#### 29 The outcomes that matter most

- 30 As the aim of this review was to determine the gestational age at which induction of labour
- 31 should be offered to improve outcomes for women and babies, maternal mortality or serious
- 32 morbidity (uterine rupture) and perinatal mortality (stillbirth or neonatal death) were deemed
- critical outcomes. Additionally, maternal quality of life was assessed as a critical outcome,
- 34 although no evidence was available for this.
- 35 Mode of birth (for example, unassisted vaginal birth, assisted/instrumental vaginal birth, or
- 36 caesarean birth) was chosen as an important outcome as this could impact maternal and
- 37 neonatal recovery. NICU admission and neonatal morbidity (specifically meconium aspiration
- 38 syndrome and hypoxic ischaemic encephalopathy) were also important outcomes as these
- 39 have potentially long term implications for the baby, and additional costs for treatment.

- 1 Maternal satisfaction/experience of care was also chosen as an important outcome as
- 2 induction of labour can have a large impact of a woman's experience of birth but there was
- 3 only study that reported this outcome.

#### 4 The quality of the evidence

- 5 The quality of the evidence for the chosen outcomes was assessed with GRADE and was
- 6 rated as very low to high. Evidence was typically downgraded for risk of bias and
- 7 imprecision. Risk of bias often arose as it was not possible to blind participants or personnel
- 8 to their allocation. However, for mortality outcomes the evidence was not downgraded as it
- 9 was deemed unlikely to bias the results. Evidence was downgraded for imprecision due to
- 10 wide confidence intervals or small sample size.
- 11 The committee specifically discussed the quality of the evidence from the SWEPIS study
- 12 (Wennerholm 2019). The strengths of this study include its large size and relevance to this
- 13 question. However, the fact that the study was terminated early and never reached the
- sample size intended to power its primary endpoint was a limitation. The committee
- discussed the fact that as such a study was initiated and was terminated on the grounds of
- perinatal mortality differences, it is unlikely that future research into this specific question will
- 17 be conducted. Taking this into consideration the committee considered what
- 18 recommendations could and should be made on the basis of this study, and agreed that the
- 19 results should be considered with the results of the other studies reviewed.
- 20 The committee discussed that this review looked specifically at studies that compared
- 21 different timings of induction and not necessarily the entire body of evidence that could
- 22 inform a full discussion of the risks at each week (for example non-comparative cohort or
- 23 cross-sectional studies that report adverse event incidence at each week).

#### 24 Benefits and harms

- 25 The committee reviewed the evidence presented for the timing of induction in uncomplicated
- singleton pregnancies. They noted that for many outcomes there were very few significant
- 27 differences between comparisons, but agreed that this may be due to trials often being
- 28 underpowered for rare outcomes such as maternal and perinatal mortality or serious
- 29 morbidity. The committee discussed the evidence for the perinatal complications of
- 30 meconium aspiration syndrome and hypoxic ischaemic encephalopathy and noted the low
- 31 event rate reported by the studies included in the analyses. This low rate was reassuring, but
- meant that the committee had to use NICU admission and perinatal mortality as the main
- 33 outcomes to determine effects of earlier or later induction on the baby, as these outcomes
- were more widely reported and often powered as a primary outcome in included studies.
- 35 The committee agreed that discussions about different modes of birth should be held with a
- woman early in the pregnancy, to prepare her for the birth, and so create feeling of control
- 37 wherever possible. The committee discussed that in their experience, planned caesarean is
- discussed but that women also needed to be informed about induction of labour and how this
- could impact on their plans for birth. However, the committee also noted that more women
- 40 with low risk pregnancies are requesting induction, and it would be useful to have evidence
- 41 on the optimal timing of induction to aid these discussions.
- The committee agreed that after the initial discussions in early pregnancy it was important to
- revisit the woman's decision and preferences for mode of birth (induction of labour,
- expectant, management or caesarean birth) later in the pregnancy to incorporate the
- 45 woman's current clinical status and any new risk factors (for example any pregnancy
- complications). The committee discussed the current scheduling of antenatal appointments,
- 47 which usually includes a "birth chat" between 34 and 38 weeks, therefore the committee
- 48 agreed that, as had been stated in the previous recommendations, this discussion should

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take place by week 38 in order to revisit preferences and decisions about planned place and mode of birth.

3 The main aim of induction of labour is to lead to the safe delivery of the baby, and so the committee felt it was important to discuss the risks of a prolonged pregnancy with the 4 5 woman. Comparison of induction at 39 weeks versus 40 to 42 weeks and 42 weeks versus 43 weeks, showed that earlier induction reduced the risk of caesarean birth. The evidence 6 7 also showed that, when comparing induction at 41 weeks to delaying induction to 42 weeks, 8 there was a reduced likelihood of perinatal mortality and NICU admission. The committee 9 also noted a possible increase in the need for assisted vaginal birth (for example 10 instrumental delivery using forceps or ventouse) with induction at 40 to 42 weeks compared to induction at 39 weeks. Although this difference was not deemed clinically important, it did 11 12 near statistical significance, based on low quality evidence (downgraded for risk of bias as it was not possible to blind participants/personnel and imprecision due to wide confidence 13 14 intervals) from one large trial (Grobman 2018). The committee discussed that it was very 15 difficult, based on the evidence, to recommend an absolute gestational age at which risk 16 suddenly increased, but that the evidence indicated there seemed to be increased risk from 17 41 weeks and this increase in risk was a continuum, with risks increasing as the length of the 18 post-term pregnancy increased.

When discussing the evidence for the significantly increased perinatal mortality and NICU admission when delaying induction by one week (from 41 to 42 weeks), the committee noted that this difference was predominantly driven by the largest study included in the analysis (SWEPIS; Wennerholm 2019). Despite not being powered for these outcomes, SWEPIS was stopped early for ethical reasons because of the significantly greater rate of perinatal mortality in the delayed induction (42 weeks) group. However, other smaller studies within the same comparison found no significant difference for this outcome, and most of the studies had no cases of perinatal death in the earlier induction (41 weeks) group. Most (n=10/11) deaths that did occur were in the delayed induction (42 weeks) group, with most deaths occurring in the week while waiting for the delayed induction (41+1 to 41+6 weeks). The committee commented that despite the non-significant difference in the other 3 studies, the fact that a study (SWEPIS) was halted for this reason in itself was significant. The SWEPIS study was larger than the other three studies combined for this comparison and the committee considered how much the precise timing of induction strategies should therefore be guided by the SWEPIS study. In this study induction in the 41 weeks group could have taken place between 41+0 and 41+2 weeks, whereas induction in the 42 weeks group took place between 42+0 and 42+1 weeks. On more detailed review of the deaths that occurred the committee noted that they seemed to occur at 41+2 or 41+3 days. On this basis the committee agreed to recommend induction at 41+0 weeks or as soon as possible afterwards. They agreed that this outlined an appropriate target, but without being specific to a single day, as this could cause undue concern to women if induction didn't happen on that exact day, or be overly prescriptive to healthcare providers.

The committee noted a possible harm from these recommendations might be that discussing the risks of prolonged pregnancy (beyond 41+0 weeks) with women might make them feel forced into an unwanted medical intervention (induction or caesarean), and while the committee agreed that the risk of perinatal mortality, NICU admission, and caesarean birth increases over time with a prolonged pregnancy, the absolute risk remains low.

The committee then discussed higher risk groups, who had otherwise uncomplicated singleton pregnancies. The committee were aware from their knowledge and experience that women from the Black, Asian and minority ethnic family background, women with BMI of 30 kg/m² or more, women aged 35 years or more, and women who had assisted conception were at a higher risk of adverse events in a pregnancy that was prolonged beyond term. They were also aware that this difference had been reported in wider literature, such as the Mothers and Babies Reducing Risk through Audits and Confidential Enquiries across the UK (MBRRACE-UK) reports. The committee noted that there was a lack of direct evidence

- 1 available from this review, therefore they based the recommendation on women with
- 2 otherwise uncomplicated singleton pregnancies who are at a higher risk of complications
- 3 associated with continued pregnancy on their knowledge and experience.
- 4 The committee considered the post-hoc analyses presented from available data within the
- 5 review, which compared induction at 41 weeks with induction at 42 weeks (see appendix M).
- 6 For perinatal death, this included analyses for women aged below and above 35 years
- 7 (Wennerholm 2019) and for women with a BMI above and below 30 kg/m<sup>2</sup> (Wennerholm
- 8 2019, Gelisen 2005). In general, these analyses showed that the results of earlier induction
- 9 compared with later induction were broadly consistent with the overall population of women.
- and that earlier induction was preferable. Results from specific subgroups showed no
- difference between induction at 41 weeks and induction at 42 weeks, with the exception of
- 12 BMI<30 kg/m<sup>2</sup>, however the committee considered that these subgroups were often not
- powered to assess differences as a result of the timing of induction. Another included study
- 14 (Grobman 2018) had examined pre-specified subgroups (BAME, BMI and age) but reported
- a non-statistically significant difference for caesarean birth, and did not report the absolute or
- 16 relative difference by group.
- 17 The committee agreed that it was important that women with these additional risk factors are
- therefore given the opportunity to have an earlier induction than that recommended for the
- general population, and that decisions to induce should take into consideration the woman's
- 20 preference, previous obstetric history and local resources. The committee agreed that these
- decisions should be taken on a case by case basis, with individualised care, making the
- woman aware of the risk factors that applied to her, although her pregnancy was otherwise
- uncomplicated. The committee did not have sufficient evidence to recommend a particular gestational age at which to consider early induction, but agreed that it should be considered
- earlier than the 41+0 week (although no earlier than term, in other words 37+0 weeks). The
- committee decided that considering induction at 39+0 weeks for women in these groups
- would likely reduce risks of prolonged pregnancy without over-burdening NHS resources, or
- 28 increasing risks to babies due to earlier birth. The committee noted that offering induction
- 29 earlier might impact on women's choice of place of birth, as women having an induction
- would be more likely to give birth in an obstetric unit. Some women may choose not to have
- 31 this earlier induction so they could plan to give birth in a birth centre or at home, and the
- 32 committee agreed that if this was the choice the woman made it should be respected.
- The committee discussed what should be the approach if a woman declined induction, and
- decided to continue with the pregnancy. The previous guideline (2008) recommended
- increased monitoring to twice per week beyond 42+0 weeks, though the committee
- discussed the false sense of security this may offer as they were not aware of any evidence
- that increased monitoring improves outcomes in a prolonged pregnancy. To avoid false
- 38 assurances, the committee discussed the importance of informing the women that risks with
- 39 prolonged pregnancy were increased and would not necessarily be ameliorated with twice
- 40 weekly monitoring. The committee discussed situations where women have guestioned why
- 41 a potential issue was not picked up with increased monitoring, and how having this additional
- information in a recommendation would be helpful. Without any additional evidence to
- support any other monitoring strategy, the committee agreed to leave the monitoring strategy
- from the previous guideline with the added warnings that it may not rule out or prevent
- 45 adverse effects and can only provide a snapshot as to the status of the baby at the time of
- 46 monitoring. Based on their knowledge and experience, the committee added
- 47 recommendations that women should be given an opportunity to revisit their decision at least
- once a week, or to change their mind, and to seek advice if they had concerns about their
- 49 babies.
- The committee agreed that the ranges of weeks used in the included studies had made it
- difficult to determine if there was a more precise defined gestational age at which the risk of
- 52 prolonged pregnancy increased. The committee agreed that this information was probably
- available in the studies, but just not reported, and so made a research recommendation to

- 1 conduct an individual patient data meta-analysis to identify the most common timing of fetal
- death, which in turn would provide clearer guidance on the optimal timing of induction of
- 3 labour.
- 4 As the committee had identified the lack of evidence for the optimal gestational age at which
- 5 to offer induction for higher risk groups they made a research recommendation to identify
- 6 this

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#### Cost effectiveness and resource use

- 8 The previous NICE guideline recommended induction should be offered between 41+0 and
- 9 42+0 weeks, so recommending it be offered at 41+0 weeks or as soon as possible
- afterwards represents a substantial change of practice. This is likely to mean that a larger
- 11 number of women undergo induction than previously as some women who would have given
- birth spontaneously by 42+0 weeks will now be induced. The committee also accepted that
- the increased monitoring recommended in women who have chosen not to be induced may
- apply to more women, and for a longer period of time in those giving birth after 42 weeks.
- However, the committee did not think the increased monitoring costs would amount to a
- significant resource impact as only 11,300 births (1.9%) in England occurred after 42+0
- weeks between April 2019 and March 2020 (ONS 2021). It is also possible that the
- 18 recommendation to give women who decline induction of labour the opportunity to revisit
- 19 their options could have some impact on both the numbers of women having induction of
- 20 labour and the amount of monitoring that would be required. However, the committee
- believed that this would not have a big resource impact as it would only apply to a small
- 22 proportion of pregnant women.
- 23 However, a published US study (Caughey 2009) suggested that induction of labour at 41
- 24 weeks was cost-effective relative to expectant management with a high probability at a cost-
- 25 effectiveness threshold of £20,000 per QALY. Whilst, the committee acknowledged that
- costs from the US are often not generalisable to an NHS setting they still considered that this
- 27 offered some supporting cost-effectiveness evidence for their recommendation.
- 28 The committee also considered that the findings of meta-analysis undertaken as part of this
- 29 evidence review, driven by the SWEPIS study in particular, and agreed that this was more
- important in establishing the probable cost-effectiveness of induction of labour at 41+0
- weeks. In particular, they considered that the absolute reduction in perinatal deaths was
- 32 likely to represent a cost-effective use of NHS resources given the QALY gains this would
- 33 generate. According to the National Schedule of Reference Costs 2018/19
- 34 (<a href="https://www.england.nhs.uk/national-cost-collection/">https://www.england.nhs.uk/national-cost-collection/</a>), a vaginal birth with induction of labour
- 35 costs approximately £600 more than a vaginal birth without induction ('Normal Delivery, with
- 36 Epidural or Induction, with CC Score 0' costs £2,500 and 'Normal Delivery with CC Score 0'
- 37 costs £1,916). The net incremental costs of induction of labour at 41 weeks are likely to be
- 38 less than £600 as a result of reduced antenatal monitoring in the period after 41 weeks and
- as a result of lower NICU admission. There was no suggestion in the meta-analysis
- 40 undertaken for this review that induction of labour at 41+0 weeks would lead to increased
- 41 costs from instrumental vaginal birth or caesarean birth when compared to induction of
- 42 labour at 42 + 0 weeks, as the point estimates for instrumental vaginal birth and caesarean
- 43 birth both favoured induction of labour at 41+0 weeks.
- 44 The published study from the United States (Caughey 2009) suggested that induction of
- labour prior to 41 weeks could also be cost-effective although with a lower level of certainty.
- However, another US study (Hersh 2019) reported an incremental cost-effectiveness ratio
- 47 (ICER) of \$88,000 per QALY for induction of labour at 39 weeks relative to expectant
- 48 management until 41 weeks, which would not be considered cost-effective at a threshold of
- £30,000 per QALY if denominated in British currency. Taken together with the clinical
- 50 evidence presented in this review, the committee considered that there was not sufficient

economic evidence to support a recommendation for induction of labour earlier than 41+0 1 2 weeks. 3 Other factors the committee took into account 4 The committee were aware of qualitative literature that suggests that induction of labour can 5 be a challenging experience for many women and many women have reported that they did not have adequate information about the benefits, risks and alternatives to make informed 6 decisions. The committee therefore emphasised that women should be fully informed in 7 order to have realistic expectations about the timing and induction process, allowing for true 8 informed consent. This should include that induction itself would impact on the birthing 9 process and experience, as it is a medical intervention with its own risks, including the 10 possibility of failure (and need for caesarean), a possibility that the risk of assisted vaginal 11 12 birth (instrumental delivery) and associated obstetric anal sphincter injury (OASI) may be 13 increased, as well as reduced options regarding place of birth due to additional monitoring during the induction process. The committee therefore updated the existing 14 15 recommendations in the guideline on information and decision-making to clarify these points. 16 When making their recommendations, the committee discussed the terminology surrounding assisted vaginal birth, and how often it is interpreted by non-clinicians as meaning assistance 17 from a midwife or other professional. Consequently, they added additional terms to the 18 19 recommendation, to make clear that an assisted vaginal birth included the use of instruments such as forceps or ventouse. 20 21 Recommendations supported by this evidence review 22 This evidence review supports recommendations 1.1.1, 1.1.2, 1.1 5, 1.2.2 to 1.2.4, 1.2.7, 23 1.2.8 and research recommendations in the NICE guideline. 24 25 26 27 28 29 30 31 32 33 34 35 36 37

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# **Appendices**

# 2 Appendix A Review protocols

- Review protocol for review question: At what gestational age should induction of labour be offered if spontaneous labour
- 4 does not ensue?

5 Table 4: Review protocol

Field	Content
Actual review question	At what gestational age should induction of labour be offered if spontaneous labour does not ensue?
Type of review question	Intervention
Objective of the review	To determine the gestational age at which induction of labour should be offered in uncomplicated pregnancies to optimise outcomes for the woman and baby.
Population	Inclusion:  • Women with pregnancies that pass 37 completed weeks), uncomplicated pregnancies (as defined by studies).
	Exclusion:
	Women who have any co-existing medical conditions or obstetric complications.
	Women who are due to have a planned caesarean birth.
	<ul> <li>Studies predominantly in women with diabetes, women with multiple pregnancy, women with spontaneous rupture of membrane.</li> </ul>
Interventions	Induction of labour (using any methods broadly in line with those recommended in this guideline) at following gestational age brackets:
	• 37+0 to 37+6
	• 38+0 to 38+6
	• 39+0 to 39+6
	• 40+0 to 40+6
	• 41+0 to 41+6

Field	Content
	• 42+0 to 42+6
	• 43+0 or later
Comparison	Including any study that compares 2 or more induction timing strategies, including expectant management (for example induction at 40 weeks vs 42 weeks or induction at 39 weeks vs expectant management until 41 weeks). Studies that compare induction of labour against expectant management with insufficient information to determine the timing of eventual induction in the expectant management arm will not be included.
Outcomes and prioritisation	Critical outcomes:
	Outcomes for women:  Meternal martality/marhidity/death/utaring runtura)
	<ul> <li>Maternal mortality/morbidity (death/uterine rupture)</li> <li>Maternal quality of life</li> </ul>
	Outcomes for babies:
	Perinatal mortality – critical (stillbirth and neonatal stratified)
	Important outcomes:
	Outcomes for women:
	Mode of birth (instrumental vs unassisted vaginal vs Caesarean)
	Maternal satisfaction/experience of care
	Outcomes for babies:
	Neonatal unit admission
	Neonatal morbidity (meconium aspiration/HIE)
Study design	Randomised controlled trials only, conference abstracts will not be included
	If identified, systematic reviews of RCTs will be used to check for relevant primary studies for inclusion.
	If a high quality systematic review is identified that matches the full PICO criteria sufficiently, the systematic review itself will be used as the basis for this review. If it is insufficiently recent (published >1 year from date of this protocol), if more recent primary studies are published, these will be incorporated into the analysis in that review.
Other exclusion criteria	Not in English

Field	Content
Proposed stratified, sensitivity/sub- group analysis	When heterogeneity is encountered, evidence may be subgrouped by:  • Age of mother (<35 vs >/= 35)  • Previous Caesarean birth vs not  • Obesity vs not  • IVF/ICSI vs not
Data extraction (selection and coding)	All references identified by the searches and from other sources will be uploaded into EPPI and de-duplicated.  Titles and abstracts of the retrieved citations will be screened to identify studies that potentially meet the inclusion criteria outlined in the review protocol.  Duplicate screening/selection/analysis will not be undertaken for this review as this question was not prioritised for it. Included and excluded studies will be cross checked with the committee and with published systematic reviews when available.  Full versions of the selected studies will be obtained for assessment. Studies that fail to meet the inclusion criteria once the full version has been checked will be excluded at this stage. Each study excluded after checking the full version will be listed, along with the reason for its exclusion.  A standardised form will be used to extract data from studies. One reviewer will extract relevant data into a standardised form, and this will be quality assessed by a senior reviewer. This information will be uploaded into EPPI and made available in the appendix of the evidence report. Data extraction fields will include as a minimum study location, setting, dates, source of funding, duration of follow-up, inclusion/exclusion criteria, sample size, age of participants, details of precise induction timing strategy, actual timing of birth and any outcomes matching the protocol.
Risk of bias (quality) assessment	Quality assessment of individual studies will be performed using the following checklists:  • Cochrane RoB tool for RCTs and quasi-RCTs  • ROBIS for systematic reviews if included in their entirety  The quality assessment will be performed by one reviewer and this will be quality assessed by a senior reviewer.
Strategy for data synthesis	Depending on the availability of the evidence, the findings will be summarised narratively or quantitatively. Where possible, meta-analyses will be conducted using Cochrane Review Manager software. A fixed effect meta-analysis will be conducted and data will be presented as risk ratios or odds ratios for dichotomous outcomes, and mean differences or standardised mean differences for continuous outcomes. Heterogeneity in the effect estimates of the individual studies will be assessed using the I2 statistic. I2 values of greater than 50% and 80% will be considered as significant and very significant heterogeneity, respectively. Heterogeneity will be explored as appropriate using sensitivity analyses and pre-specified subgroup analyses. If heterogeneity cannot be explained through subgroup analysis then a random effects model will be used for meta-analysis, or the data will not be pooled.

Field	Content
	The confidence in the findings across all available evidence will be evaluated for each outcome using an adaptation of the 'Grading of Recommendations Assessment, Development and Evaluation (GRADE) toolbox' developed by the international GRADE working group: <a href="http://www.gradeworkinggroup.org/">http://www.gradeworkinggroup.org/</a> Data management:  If pairwise meta-analyses are undertaken, they will be performed using Cochrane Review Manager (RevMan5). 'GRADE' will be used to assess the quality of evidence for each outcome.
	EPPI will be used for bibliographies/citations, study sifting, data extraction and quality assessment/critical appraisal
	Minimally important differences:
	Any statistically significant difference will be used as the minimally important difference guide for the following outcomes:  • Maternal death
	Perinatal death
	For all other outcomes, GRADE default values will be used of 0.8 and 1.25 for relative risk of dichotomous outcomes; 0.5 times SD of the control group for continuous outcomes, unless more appropriate values are identified by the guideline committee or in the literature.
Information sources – databases and	The following databases will be searched:
dates	Cochrane Central Register of Controlled Trials (CENTRAL)
	Cochrane Database of Systematic Reviews (CDSR)
	• Embase
	• MEDLINE
	Searches will be restricted by:
	Language: English
	Studies: Human
	Study type: Systematic reviews and RCTs
	Other searches:
	Inclusion lists of systematic reviews
	The full search strategies for MEDLINE database will be published in the final review.
Identify if an update	No
Author contacts	Developer: National Guideline Alliance nga-enquiries@rcog.org.uk

Field	Content
Review team members	From the National Guideline Alliance: Louise Geneen, systematic reviewer James Gilbert, senior systematic reviewer Paul Jacklin, economist Tim Reeves, information scientist
Search strategy – for one database	For details please see appendix B.
Meta-bias assessment – publication bias, selective reporting bias	For details please see section 6.2 of <u>Developing NICE guidelines: the manual</u> .  Consider exploring publication bias for review questions where it may be more common, such as pharmacological questions, certain disease areas, etc. Describe any steps taken to mitigate against publication bias, such as examining trial registries.
Confidence in cumulative evidence	For details please see sections 6.4 and 9.1 of <u>Developing NICE guidelines: the manual</u>
Rationale/context – what is known	For details please see the introduction to the evidence review.
Describe contributions of authors and guarantor	A multidisciplinary committee developed the guideline. The committee was convened by the NGA and chaired by Sarah Fishburn in line with section 3 of <a href="Developing NICE guidelines: the manual">Developing NICE guidelines: the manual</a> . Staff from the NGA undertook systematic literature searches, appraised the evidence, conducted meta-analysis and cost-effectiveness analysis where appropriate, and drafted the guideline in collaboration with the committee. For details please see the methods chapter of the full guideline.
Sources of funding/support	The NGA is funded by NICE and hosted by the Royal College of Obstetricians and Gynaecologists
Name of sponsor	The NGA is funded by NICE and hosted by the Royal College of Obstetricians and Gynaecologists
Roles of sponsor	NICE funds the NGA to develop guidelines for the NHS in England.
PROSPERO registration number	CRD42020193333

CDSR: Cochrane Database of Systematic Reviews; CENTRAL: Cochrane Central Register of Controlled Trials; DARE: Database of Abstracts of Reviews of Effects; GRADE: Grading of Recommendations Assessment, Development and Evaluation; HTA: Health Technology Assessment; MID: minimally important difference; NGA: National Guideline Alliance; NHS: National health service; NICE: National Institute for Health and Care Excellence; RCT: randomised controlled trial; RoB(IS): risk of bias (in systematic reviews); SD: standard deviation

# **Appendix B** Literature search strategies

Literature search strategies for review question: At what gestational age should induction of labour be offered if spontaneous labour does not ensue?

#### Review question search strategies

Databases: Medline; Medline EPub Ahead of Print; and Medline In-Process & Other Non-Indexed Citations

Date of last search: 25/03/2020

1	Searches META-ANALYSIS/
	META-ANALYSIS/
2	INL IA-ANAL I 313/
	META-ANALYSIS AS TOPIC/
3	(meta analy* or metanaly* or metanaly*).ti,ab.
	((systematic* or evidence*) adj2 (review* or overview*)).ti,ab.
	(reference list* or bibliograph* or hand search* or manual search* or relevant journals).ab.
	(search strategy or search criteria or systematic search or study selection or data extraction).ab.
	(search* adi4 literature).ab.
	(medline or pubmed or cochrane or embase or psychlit or psychinfo or psycinfo or cinahl or science citation
	index or bids or cancerlit).ab.
	cochrane.jw.
	or/1-9
	randomized controlled trial.pt.
	controlled clinical trial.pt.
	pragmatic clinical trial.pt.
	randomi#ed.ab.
	placebo.ab.
	randomly.ab.
	CLINICAL TRIALS AS TOPIC/
	trial.ti.
	or/11-18
	LABOR, INDUCED/
	(labo?r adj5 induc\$).ti,ab.
	CERVICAL RIPENING/
	(cervi\$ adj3 ripen\$).ti,ab.
	((unfavo?rabl\$ or un-favo?abl\$ or unripe\$ or un-ripe\$) adj3 cervi\$).ti,ab.
25	((bishop\$ or cerv\$) adj3 scor\$).ti,ab.
26	or/20-25
27	CONSERVATIVE TREATMENT/
	(conservative\$ adj3 (manag\$ or treat\$ or policy or policies)).ti,ab.
29	(expect\$ adj3 manag\$).ti,ab.
	WATCHFUL WAITING/
31	(watchful\$ adj3 wait\$).ti,ab.
32	(no treat\$ or non treat\$).ti,ab.
33	(no interven\$ or non interven\$).ti,ab.
	(no induc\$ or non induc\$).ti,ab.
	(spontaneous\$ adj5 (labo?r or deliver\$ or onset or follow\$ up)).ti,ab.
	((f?etal or f?otus\$) adj5 (test\$ or monitor\$)).ti,ab.
	or/27-36
	PREGNANCY, PROLONGED/
39	((prolonged or protracted or postmature or post-mature or post-term or post-term or postdate? or post-date?) adj5 pregnanc\$).ti,ab.
	full term.ti,ab.
	or/38-40
	37\$ week?.ti,ab.
	38\$ week?.ti,ab.
	39\$ week?.ti,ab.
	40\$ week?.ti,ab.
	41\$ week?.ti.ab.
	42\$ week?.ti,ab.
	43\$ week?.ti,ab.
	44\$ week?.ti,ab.
	45\$ week?.ti,ab.
	or/42-50
	(37\$ week? adj5 (38\$ week? or 39\$ week? or 40\$ week? or 41\$ week? or 42\$ week? or 43\$ week? or 44\$ week? or 45\$ week?)).ti,ab.

#	Searches
53	(38\$ week? adj5 (37\$ week? or 39\$ week? or 40\$ week? or 41\$ week? or 42\$ week? or 43\$ week? or 44\$ week? or 45\$ week?)).ti,ab.
54	(39\$ week? adj5 (37\$ week? or 38\$ week? or 40\$ week? or 41\$ week? or 42\$ week? or 43\$ week? or 44\$ week? or 45\$ week?)).ti,ab.
55	(40\$ week? adj5 (37\$ week? or 38\$ week? or 39\$ week? or 41\$ week? or 42\$ week? or 43\$ week? or 44\$ week? or 45\$ week?)).ti,ab.
56	(41\$ week? adj5 (37\$ week? or 38\$ week? or 39\$ week? or 40\$ week? or 42\$ week? or 43\$ week? or 44\$ week? or
57	45\$ week?)).ti,ab. (42\$ week? adj5 (37\$ week? or 38\$ week? or 39\$ week? or 40\$ week? or 41\$ week? or 43\$ week? or 44\$ week? or
58	45\$ week?)).ti,ab. (43\$ week? adj5 (37\$ week? or 38\$ week? or 39\$ week? or 40\$ week? or 41\$ week? or 42\$ week? or 44\$ week? or
	45\$ week?)).ti,ab.
59	(44\$ week? adj5 (37\$ week? or 38\$ week? or 39\$ week? or 40\$ week? or 41\$ week? or 42\$ week? or 43\$ week? or 45\$ week?)).ti,ab.
60	(45\$ week? adj5 (37\$ week? or 38\$ week? or 39\$ week? or 40\$ week? or 41\$ week? or 42\$ week? or 43\$ week? or 44\$ week?)).ti,ab.
61	or/52-60
62	(compar\$ adj10 gestation\$ adj3 week?).ti,ab.
63	(compar\$ adj10 GW?).ti,ab.
64	or/62-63
65	26 and 37 and 41
66	26 and 37 and 51
67	26 and 61
68	26 and 64
69	or/65-68
70	limit 69 to english language
71	LETTER/
72	EDITORIAL/
73	NEWS/
74	exp HISTORICAL ARTICLE/
75	ANECDOTES AS TOPIC/
76	COMMENT/
77	CASE REPORT/
78	(letter or comment*).ti.
79	or/71-78
80	RANDOMIZED CONTROLLED TRIAL/ or random*.ti,ab.
81	79 not 80
82	ANIMALS/ not HUMANS/
83	exp ANIMALS, LABORATORY/
84	exp ANIMAL EXPERIMENTATION/
85	exp MODELS, ANIMAL/
86	exp RODENTIA/
87	(rat or rats or mouse or mice).ti.
88	or/81-87
89	70 not 88
90	10 and 89
91	19 and 89
92	or/90-91

## **Databases: Embase; and Embase Classic**

### Date of last search: 25/03/2020

#	Searches
1	SYSTEMATIC REVIEW/
2	META-ANALYSIS/
3	(meta analy* or metanaly* or metaanaly*).ti,ab.
4	((systematic or evidence) adj2 (review* or overview*)).ti,ab.
5	(reference list* or bibliograph* or hand search* or manual search* or relevant journals).ab.
6	(search strategy or search criteria or systematic search or study selection or data extraction).ab.
7	(search* adj4 literature).ab.
8	(medline or pubmed or cochrane or embase or psychlit or psyclit or psychinfo or psycinfo or cinahl or science citation index or bids or cancerlit).ab.
9	((pool* or combined) adj2 (data or trials or studies or results)).ab.
10	cochrane.jw.
11	or/1-10
12	random*.ti,ab.
13	factorial*.ti,ab.
14	(crossover* or cross over*).ti,ab.
15	((doubl* or singl*) adj blind*).ti,ab.
16	(assign* or allocat* or volunteer* or placebo*) ti ab

#	Searches CRACOSTALITY
17 18	CROSSOVER PROCEDURE/ SINGLE BLIND PROCEDURE/
19	RANDOMIZED CONTROLLED TRIAL/
20	DOUBLE BLIND PROCEDURE/
21	or/12-20
22	LABOR INDUCTION/
23	(labo?r adj5 induc\$).ti,ab.
24	UTERINE CERVIX RIPENING/
25 26	(cervi\$ adj3 ripen\$).ti,ab. ((unfavo?rabl\$ or un-favo?abl\$ or unripe\$ or un-ripe\$) adj3 cervi\$).ti,ab.
27	((bishop\$ or cerv\$) adj3 scor\$).ti,ab.
28	or/22-27
29	CONSERVATIVE TREATMENT/
30	(conservative\$ adj3 (manag\$ or treat\$ or policy or policies)).ti,ab.
31 32	(expect\$ adj3 manag\$).ti,ab. WATCHFUL WAITING/
33	(watchful\$ adj3 wait\$).ti,ab.
34	(no treat\$ or non treat\$).ti,ab.
35	(no interven\$ or non interven\$).ti,ab.
36	(no induc\$ or non induc\$).ti,ab.
37	(spontaneous\$ adj5 (labo?r or deliver\$ or onset or follow\$ up)).ti,ab.
38 39	((f?etal or f?otus\$) adj5 (test\$ or monitor\$)).ti,ab. or/29-38
40	PROLONGED PREGNANCY/
41	((prolonged or protracted or postmature or post-mature or post-term or post-term or postdate?) adj5
	pregnanc\$).ti,ab.
42	full term.ti,ab.
43 44	or/40-42 37\$ week?.ti,ab.
45	38\$ week?.ti,ab.
46	39\$ week?.ti,ab.
47	40\$ week?.ti,ab.
48	41\$ week?.ti,ab.
49 50	42\$ week?.ti,ab. 43\$ week?.ti,ab.
51	44\$ week?.ti,ab.
52	45\$ week?.ti,ab.
53	or/44-52
54	(37\$ week? adj5 (38\$ week? or 39\$ week? or 40\$ week? or 41\$ week? or 42\$ week? or 43\$ week? or 44\$ week? or 45\$ week?)).ti,ab.
55	(38\$ week? adj5 (37\$ week? or 39\$ week? or 40\$ week? or 41\$ week? or 42\$ week? or 43\$ week? or 44\$ week? or 45\$ week?)).ti,ab.  (39\$ week? adj5 (37\$ week? or 38\$ week? or 40\$ week? or 41\$ week? or 42\$ week? or 43\$ week? or 44\$ week? or
56 57	(39\$ week? of 30\$ (37\$ week? of 30\$ week? of 40\$ week? of 41\$ week? of 42\$ week? of 43\$ week? of 44\$ week? of 45\$ week? of 45\$ week? of 45\$ week? of 45\$ week? or 41\$ week? or 42\$ week? or 43\$ week? or 44\$ week? or 44\$ week? or 44\$ week? or 45\$ week? or
58	45\$ week?)).ti,ab.  (41\$ week? adj5 (37\$ week? or 38\$ week? or 39\$ week? or 40\$ week? or 42\$ week? or 43\$ week? or 44\$ week? or 44\$ week? or 44\$ week? or 45\$ wee
59	45\$ week?)).ti,ab. (42\$ week? adj5 (37\$ week? or 38\$ week? or 39\$ week? or 40\$ week? or 41\$ week? or 43\$ week? or 44\$ week? or
60	45\$ week?)).ti,ab. (43\$ week? adj5 (37\$ week? or 38\$ week? or 39\$ week? or 40\$ week? or 41\$ week? or 42\$ week? or 44\$ week? or
61	45\$ week?)).ti,ab. (44\$ week? adj5 (37\$ week? or 38\$ week? or 39\$ week? or 40\$ week? or 41\$ week? or 42\$ week? or 43\$ week? or
62	45\$ week?)).ti,ab. (45\$ week? adj5 (37\$ week? or 38\$ week? or 39\$ week? or 40\$ week? or 41\$ week? or 42\$ week? or 43\$ week? or
62	44\$ week?)).ti,ab. or/54-62
63 64	or/54-62 (compar\$ adj10 gestation\$ adj3 week?).ti,ab.
65	(compar\$ adj10 GW?).ti,ab.
66	or/64-65
67	28 and 39 and 43
68	28 and 39 and 53
69 70	28 and 63 28 and 66
71	or/67-70
72	limit 71 to english language
73	letter.pt. or LETTER/
74	note.pt.
75 76	editorial.pt. CASE REPORT/ or CASE STUDY/
77	(letter or comment*).ti.
	,

#	Searches
78	or/73-77
79	RANDOMIZED CONTROLLED TRIAL/ or random*.ti,ab.
80	78 not 79
81	ANIMAL/ not HUMAN/
82	NONHUMAN/
83	exp ANIMAL EXPERIMENT/
84	exp EXPERIMENTAL ANIMAL/
85	ANIMAL MODEL/
86	exp RODENT/
87	(rat or rats or mouse or mice).ti.
88	or/80-87
89	72 not 88
90	11 and 89
91	21 and 89
92	90 or 91

# Databases: Cochrane Central Register of Controlled Trials; and Cochrane Database of Systematic Reviews

#### Date of last search: 25/03/2020

#	Searches
#1	[mh ^"LABOR, INDUCED"]
#1	((labor or labour) near/5 induc*):ti,ab
	· · · · · · · · · · · · · · · · · · ·
#3	[mh ^"CERVICAL RIPENING"]
#4	(cervi* near/3 ripen*):ti,ab
#5	((unfavorabl* or unfavourabl* or un-favorabl* or un-favourabl* or unripe* or un-ripe*) near/3 cervi*):ti,ab
#6	((bishop* or cerv*) near/3 scor*):ti,ab
#7	#1 or #2 or #3 or #4 or #5 or #6
#8	[mh ^"CONSERVATIVE TREATMENT"]
#9	(conservative* near/3 (manag* or treat* or policy or policies)):ti,ab
#10	(expect* near/3 manag*):ti,ab
#11	[mh ^"WATCHFUL WAITING"]
#12	(watchful* near/3 wait*):ti,ab
#13	("no treat*" or "non treat*"):ti,ab
#14	("no interven*" or "non interven*"):ti,ab
#15	("no induc*" or "non induc*"):ti,ab
#16	(spontaneous* near/5 (labor or labour or deliver* or onset or "follow* up")):ti,ab
#17	((fetal or foetal or fetus*or foetus) near/5 (test* or monitor*)):ti,ab
#18	#8 or #9 or #10 or #11 or #12 or #13 or #14 or #15 or #16 or #17
#19	[mh ^"PREGNANCY, PROLONGED"]
#20	((prolonged or protracted or postmature or post-mature or postterm or post-term or postdate* or post-date*) near/5 pregnanc*):ti,ab
#21	"full term":ti,ab
#22	#19 or #20 or #21
#23	"37* week*":ti,ab
#24	"38* week*":ti,ab
#25	"39* week*":ti.ab
#26	"40* week*":ti.ab
#27	"41* week*":ti.ab
#28	"42* week*":ti.ab
#29	"43* week*":ti.ab
#30	"44* week*":ti.ab
#31	"45* week*":ti.ab
#32	#23 or #24 or #25 or #26 or #27 or #28 or #29 or #30 or #31
#33	("37* week*" near/5 ("38* week*" or "39* week*" or "40* week*" or "41* week*" or "42* week*" or "43* week*" or "44* week*" or "45* week*")):ti,ab
#34	("38* week*" near/5 ("37* week*" or "39* week*" or "40* week*" or "41* week*" or "42* week*" or "43* week*" or "44* week*" or "45* week*")):ti,ab
#35	("39* week*" near/5 ("37* week*" or "38* week*" or "40* week*" or "41* week*" or "42* week*" or "43* week*" or "44* week*" or "45* week*")):ti,ab
#36	("40* week*" near/5 ("37* week*" or "38* week*" or "39* week*" or "41* week*" or "42* week*" or "43* week*" or "44* week*" or "45* week*")):ti,ab
#37	("41* week*" near/5 ("37* week*" or "38* week*" or "39* week*" or "40* week*" or "42* week*" or "43* week*" or "44* week*" or "45* week*")):ti,ab
#38	("42* week*" near/5 ("37* week*" or "38* week*" or "39* week*" or "40* week*" or "41* week*" or "43* week*" or "44* week*" or "45* week*")):ti,ab
#39	("43* week*" near/5 ("37* week*" or "38* week*" or "39* week*" or "40* week*" or "41* week*" or "42* week*" or "44* week*" or "45* week*")):ti,ab

#	Searches
#40	("44* week*" near/5 ("37* week*" or "38* week*" or "39* week*" or "40* week*" or "41* week*" or "42* week*" or "43* week*" or "45* week*")):ti,ab
#41	("45* week*" near/5 ("37* week*" or "38* week*" or "39* week*" or "40* week*" or "41* week*" or "42* week*" or "43* week*" or "44* week*")):ti,ab
#42	#33 or #34 or #35 or #36 or #37 or #38 or #39 or #40 or #41
#43	(compar* near/10 gestation* near/3 week*):ti,ab
#44	(compar* near/10 GW*):ti,ab
#45	#43 or #44
#46	#7 and #18 and #22
#47	#7 and #18 and #32
#48	#7 and #42
#49	#7 and #45
#50	#46 or #47 or #48 or #49

## Health economics search strategies

### Databases: Medline; Medline EPub Ahead of Print; and Medline In-Process & **Other Non-Indexed Citations**

Date	of last search: 07/04/2020
#	Searches
1	ECONOMICS/
2	VALUE OF LIFE/
3	exp "COSTS AND COST ANALYSIS"/
4	exp ECONOMICS, HOSPITAL/
5	exp ECONOMICS, MEDICAL/
6	exp RESOURCE ALLOCATION/
7	ECONOMICS, NURSING/
8	ECONOMICS, PHARMACEUTICAL/
9	exp "FEES AND CHARGES"/
10	exp BUDGETS/
11	budget*.ti,ab.
12	cost*.ti,ab.
13	(economic* or pharmaco?economic*).ti,ab.
14	(price* or pricing*).ti,ab.
15	(financ* or fee or fees or expenditure* or saving*).ti,ab.
16	(value adj2 (money or monetary)).ti,ab.
17	resourc* allocat*.ti,ab.
18	(fund or funds or funding* or funded).ti,ab.
19	(ration or rations or rationing* or rationed).ti,ab.
20	ec.fs.
21	or/1-20
22	LABOR, INDUCED/
23	(labo?r adj5 induc\$).ti,ab.
24	CERVICAL RIPENING/
25	(cervi\$ adj3 ripen\$).ti,ab.
26	((unfavo?rabl\$ or un-favo?abl\$ or unripe\$ or un-ripe\$) adj3 cervi\$).ti,ab.
27	((bishop\$ or cerv\$) adj3 scor\$).ti,ab.
28	or/22-27
29	CONSERVATIVE TREATMENT/
30	(conservative\$ adj3 (manag\$ or treat\$ or policy or policies)).ti,ab.
31	(expect\$ adj3 manag\$).ti,ab.
32	WATCHFUL WAITING/
33	(watchful\$ adj3 wait\$).ti,ab.
34	(no treat\$ or non treat\$).ti,ab.
35	(no interven\$ or non interven\$).ti,ab.
36	(no induc\$ or non induc\$).ti,ab.
37	(spontaneous\$ adj5 (labo?r or deliver\$ or onset or follow\$ up)).ti,ab.
38	((f?etal or f?otus\$) adj5 (test\$ or monitor\$)).ti,ab.
39	or/29-38
40	PREGNANCY, PROLONGED/
41	((prolonged or protracted or postmature or post-mature or postterm or post-term or postdate? or post-date?) adj5 pregnanc\$).ti,ab.
42	full term.ti,ab.
43	or/40-42
44	37\$ week?.ti,ab.
77	οι φ ποσκτ.α,αμ.

45 388 week? di.ab. 46 398 week? di.ab. 47 408 week? di.ab. 48 418 week? di.ab. 48 418 week? di.ab. 49 418 week? di.ab. 40 418 week? di.ab. 419 428 week? di.ab. 419 429 428 428 428 428 428 428 428 428 428 428	#	Searches
46 39\$ week? di.ab. 47 40\$ week? di.ab. 48 41\$ week? di.ab. 41\$ week? di.ab. 42\$ week? di.ab. 43\$ week? di.ab. 44\$ week? di.ab. 50 43\$ week? di.ab. 51 44\$ week? di.ab. 53 ori/44-52 54 55 week? adj5 (38\$ week? or 39\$ week? or 40\$ week? or 41\$ week? or 42\$ week? or 43\$ week? or 44\$ week? or 45\$ week? or 43\$ week? or 44\$ week? or 45\$ week? or 43\$ week? or 44\$ week? or 45\$ week? or 45\$ week? or 45\$ week? or 45\$ week? or 44\$ week? or 45\$ week? or 4		
47 40\$ week? II.ab. 41\$ week? II.ab. 42\$ week? II.ab. 51 42\$ week? II.ab. 52 40\$5 week? II.ab. 53 43\$ week? II.ab. 54 45\$ week? II.ab. 55 45\$ week? II.ab. 56 45\$ week? II.ab. 57 45\$ week? Adj5 (38\$ week? or 39\$ week? or 40\$ week? or 41\$ week? or 42\$ week? or 43\$ week? or 45\$ week?) II.ab. 58 (37\$ week? Adj5 (37\$ week? or 39\$ week? or 40\$ week? or 41\$ week? or 42\$ week? or 43\$ week? or 44\$ week? or 45\$ week?) III.ab. 59 (39\$ week? Adj5 (37\$ week? or 39\$ week? or 40\$ week? or 41\$ week? or 42\$ week? or 43\$ week? or 44\$ week? or 45\$ week?) III.ab. 60 (39\$ week? Adj5 (37\$ week? or 38\$ week? or 39\$ week? or 41\$ week? or 42\$ week? or 43\$ week? or 44\$ week? or 45\$ week?) III.ab. 61 (41\$ week? Adj5 (37\$ week? or 39\$ week? or 39\$ week? or 41\$ week? or 42\$ week? or 43\$ week? or 44\$ week? or 45\$ week?) III.ab. 62 (42\$ week? adj5 (37\$ week? or 38\$ week? or 39\$ week? or 40\$ week? or 41\$ week? or 43\$ week? or 44\$ week? or 45\$ week?) III.ab. 63 (43\$ week? adj5 (37\$ week? or 38\$ week? or 39\$ week? or 40\$ week? or 41\$ week? or 42\$ week? or 44\$ week? or 45\$ week?) III.ab. 64 (43\$ week? adj5 (37\$ week? or 38\$ week? or 39\$ week? or 40\$ week? or 41\$ week? or 42\$ week? or 44\$ week? or 45\$ week?) III.ab. 65 (44\$ week? adj5 (37\$ week? or 38\$ week? or 39\$ week? or 40\$ week? or 41\$ week? or 42\$ week? or 44\$ week? or 45\$ week?) III.ab. 66 (64\$ week? adj5 (37\$ week? or 38\$ week? or 39\$ week? or 40\$ week? or 41\$ week? or 42\$ week? or 44\$ week? or 44\$ week? or 44\$ week? or 44\$ week? or 45\$ week?] III.ab. 66 (64\$ or 67-70 676-456 77 (38\$ and 39\$ and 43 87 (38\$ and 39\$ and 43 88 (28\$ and 39\$ and 43 89 (28\$ and 63 80 (28\$ and 64 80		
48 41\$ week? ti.ab. 42\$ week? ti.ab. 50 43\$ week? ti.ab. 51 44\$ week? ti.ab. 52 45\$ week? dija. 53 ori44-52 54 (37\$ week? adj5 (38\$ week? or 39\$ week? or 40\$ week? or 41\$ week? or 42\$ week? or 43\$ week? or 44\$ week? or 45\$ week?), li.ab. 53 ori44-52 54 (37\$ week? adj5 (37\$ week? or 39\$ week? or 40\$ week? or 41\$ week? or 42\$ week? or 43\$ week? or 44\$ week? or 45\$ week?), li.ab. 55 (38\$ week? adj5 (37\$ week? or 39\$ week? or 40\$ week? or 41\$ week? or 42\$ week? or 43\$ week? or 44\$ week? or 45\$ week?), li.ab. 56 (38\$ week? adj5 (37\$ week? or 38\$ week? or 40\$ week? or 41\$ week? or 42\$ week? or 43\$ week? or 44\$ week? or 45\$ week?), li.ab. 57 (40\$ week? adj5 (37\$ week? or 39\$ week? or 41\$ week? or 42\$ week? or 43\$ week? or 44\$ week? or 45\$ week?), li.ab. 58 (41\$ week? adj5 (37\$ week? or 38\$ week? or 39\$ week? or 40\$ week? or 42\$ week? or 43\$ week? or 45\$ week?), li.ab. 59 (42\$ week? adj5 (37\$ week? or 38\$ week? or 39\$ week? or 40\$ week? or 41\$ week? or 43\$ week? or 45\$ week?), li.ab. 60 (43\$ week? adj5 (37\$ week? or 38\$ week? or 39\$ week? or 40\$ week? or 41\$ week? or 42\$ week? or 44\$ week? or 45\$ week?), li.ab. 61 (44\$ week? adj5 (37\$ week? or 38\$ week? or 39\$ week? or 40\$ week? or 41\$ week? or 42\$ week? or 44\$ week? or 45\$ week		
42\$ week7.ti.ab. 42\$ week7.ti.ab. 524 45\$ week7.ti.ab. 535 45\$ week7.ti.ab. 536 45\$ week7.ti.ab. 537 44\$ week? or 42\$ week? or 43\$ week? or 44\$ week? or 45\$ week? or 44\$ week? or 45\$ week?).ti.ab. 548 55 week7.st.ab. 55 (38\$ week7 adj5 (37\$ week? or 39\$ week? or 40\$ week? or 41\$ week? or 42\$ week? or 43\$ week? or 44\$ week? or 45\$ week?).ti.ab. 56 (39\$ week7 adj5 (37\$ week? or 39\$ week? or 40\$ week? or 41\$ week? or 42\$ week? or 43\$ week? or 44\$ week? or 45\$ week?).ti.ab. 57 (40\$ week7 adj5 (37\$ week2 or 38\$ week? or 39\$ week? or 41\$ week? or 42\$ week? or 43\$ week? or 44\$ week? or 45\$ week7).ti.ab. 58 (41\$ week7 adj5 (37\$ week2 or 38\$ week? or 39\$ week? or 40\$ week? or 42\$ week? or 44\$ week? or 45\$ week?).ti.ab. 59 (42\$ week7 adj5 (37\$ week2 or 38\$ week? or 39\$ week? or 40\$ week? or 42\$ week? or 44\$ week? or 45\$ week?).ti.ab. 60 (43\$ week? adj5 (37\$ week2 or 38\$ week? or 39\$ week? or 40\$ week? or 41\$ week? or 43\$ week? or 44\$ week? or 45\$ week?).ti.ab. 61 (44\$ week?).ti.ab. 62 (44\$ week?).ti.ab. 63 (37\$ week? or 38\$ week? or 39\$ week? or 40\$ week? or 41\$ week? or 42\$ week? or 44\$ week? or 45\$ week?).ti.ab. 63 (44\$ week?).ti.ab. 64 (54\$ week?).ti.ab. 65 (645 (64) to 46) to 46) to 46) to 46) to 46) to 46) to 66 67 (764-65) 68 and 39 and 39 68 28 and 39 and 53 69 28 and 63 60 28 and 39 and 43 61 (24) to 67,70 61 to 67,70		
43\$ week? ii.ab.		
45 week?.di,ab.  45 week?.di,ab.  67		
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# Databases: Embase; and Embase Classic

#### Date of last search: 07/04/2020

#	Searches
1	HEALTH ECONOMICS/
2	exp ECONOMIC EVALUATION/
3	exp HEALTH CARE COST/
4	exp FEE/
5	BUDGET/
6	FUNDING/
7	RESOURCE ALLOCATION/
8	budget*.ti,ab.

#	Searches
9	cost*.ti,ab. (economic* or pharmaco?economic*).ti,ab.
11	(price* or pricing*).ti,ab.
12	(financ* or fee or fees or expenditure* or saving*).ti,ab.
13	(value adj2 (money or monetary)).ti,ab.
14	resourc* allocat*.ti,ab.
15 16	(fund or funds or funding* or funded).ti,ab. (ration or rations or rationing* or rationed).ti,ab.
17	or/1-16
18	LABOR INDUCTION/
19	(labo?r adj5 induc\$).ti,ab.
20	UTERINE CERVIX RIPENING/
21 22	(cervi\$ adj3 ripen\$).ti,ab. ((unfavo?rabl\$ or un-favo?abl\$ or unripe\$ or un-ripe\$) adj3 cervi\$).ti,ab.
23	((bishop\$ or cerv\$) adj3 scor\$).ti,ab.
24	or/18-23
25	CONSERVATIVE TREATMENT/
26	(conservative\$ adj3 (manag\$ or treat\$ or policy or policies)).ti,ab.
27 28	(expect\$ adj3 manag\$).ti,ab. WATCHFUL WAITING/
29	(watchful\$ adj3 wait\$).ti,ab.
30	(no treat\$ or non treat\$).ti,ab.
31	(no interven\$ or non interven\$).ti,ab.
32	(no induc\$ or non induc\$).ti,ab.
33 34	(spontaneous\$ adj5 (labo?r or deliver\$ or onset or follow\$ up)).ti,ab. ((f?etal or f?otus\$) adj5 (test\$ or monitor\$)).ti,ab.
35	or/25-34
36	PROLONGED PREGNANCY/
37	((prolonged or protracted or postmature or post-mature or post-term or post-term or postdate? or post-date?) adj5 pregnanc\$).ti,ab.
38	full term.ti,ab.
39	or/36-38
40	37\$ week?.ti,ab. 38\$ week?.ti,ab.
42	39\$ week?.ti,ab.
43	40\$ week?.ti,ab.
44	41\$ week?.ti,ab.
45 46	42\$ week?.ti,ab. 43\$ week?.ti,ab.
47	44\$ week?.ti,ab.
48	45\$ week?.ti,ab.
49	or/40-48
50	(37\$ week? adj5 (38\$ week? or 39\$ week? or 40\$ week? or 41\$ week? or 42\$ week? or 43\$ week? or 44\$ week? or 45\$ week?)).ti,ab.
51	(38\$ week? adj5 (37\$ week? or 39\$ week? or 40\$ week? or 41\$ week? or 42\$ week? or 43\$ week? or 44\$ week? or 45\$ week?)).ti,ab.
52	(39\$ week? adj5 (37\$ week? or 38\$ week? or 40\$ week? or 41\$ week? or 42\$ week? or 43\$ week? or 44\$ week? or 45\$ week?)).ti,ab.
53	(40\$ week? adj5 (37\$ week? or 38\$ week? or 39\$ week? or 41\$ week? or 42\$ week? or 43\$ week? or 44\$ week? or 45\$ week?)).ti,ab.
54	(41\$ week? adj5 (37\$ week? or 38\$ week? or 39\$ week? or 40\$ week? or 42\$ week? or 43\$ week? or 44\$ week? or 45\$ week?
55	(42\$ week? adj5 (37\$ week? or 38\$ week? or 39\$ week? or 40\$ week? or 41\$ week? or 43\$ week? or 44\$ week? or 45\$ week?)).ti,ab.  (43\$ week? adj5 (37\$ week? or 38\$ week? or 39\$ week? or 40\$ week? or 41\$ week? or 42\$ week? or 44\$ week? or
56 57	(44\$ week? adj5 (37\$ week? or 38\$ week? or 39\$ week? or 40\$ week? or 41\$ week? or 42\$ week? or 44\$ week? or 45\$ week? or 4
58	(44\$ week? adj5 (37\$ week? or 38\$ week? or 40\$ week? or 41\$ week? or 42\$ week? or 43\$ week? or 45\$ week?)).ti,ab.  (45\$ week? adj5 (37\$ week? or 38\$ week? or 39\$ week? or 40\$ week? or 41\$ week? or 42\$ week? or 43\$ week? or
	44\$ week?)).ti,ab.
59 60	(compar\$ adj10 gestation\$ adj3 week?).ti,ab.
61	(compar\$ adj10 GW?).ti,ab.
62	or/60-61
63 64	24 and 35 and 39 24 and 35 and 49
65	24 and 59
66	24 and 62
67	or/63-66
68 69	limit 67 to english language letter.pt. or LETTER/
03	iottor.pt. or LETTERV

#	Searches
70	note.pt.
71	editorial.pt.
72	CASE REPORT/ or CASE STUDY/
73	(letter or comment*).ti.
74	or/69-73
75	RANDOMIZED CONTROLLED TRIAL/ or random*.ti,ab.
76	74 not 75
77	ANIMAL/ not HUMAN/
78	NONHUMAN/
79	exp ANIMAL EXPERIMENT/
80	exp EXPERIMENTAL ANIMAL/
81	ANIMAL MODEL/
82	exp RODENT/
83	(rat or rats or mouse or mice).ti.
84	or/76-83
85	68 not 84
86	17 and 85

#### **Database: Cochrane Central Register of Controlled Trials**

#### Date of last search: 07/04/2020

#	Searches		
#1	MeSH descriptor: [Economics] this term only		
#2	MeSH descriptor: [Value of Life] this term only		
#3	MeSH descriptor: [Costs and Cost Analysis] explode all trees		
#4	MeSH descriptor: [Economics, Hospital] explode all trees		
#5	MeSH descriptor: [Economics, Medical] explode all trees		
#6	MeSH descriptor: [Resource Allocation] explode all trees		
#7	MeSH descriptor: [Economics, Nursing] this term only		
#8	MeSH descriptor: [Economics, Pharmaceutical] this term only		
#9	MeSH descriptor: [Fees and Charges] explode all trees		
#10	MeSH descriptor: [Budgets] explode all trees		
#11	budget*:ti,ab		
#12	cost*:ti.ab		
#13	(economic* or pharmaco?economic*):ti,ab		
#14	(price* or pricing*):ti,ab		
#15	(financ* or fee or fees or expenditure* or saving*):ti,ab		
#16	(value near/2 (money or monetary)):ti,ab		
#17	resourc* allocat*:ti,ab		
#18	(fund or funds or funding* or funded):ti,ab		
#19	(ration or rations or rationing* or rationed) .ti.ab.		
#20	#1 or #2 or #3 or #4 or #5 or #6 or #7 or #8 or #9 or #10 or #11 or #12 or #13 or #14 or #15 or #16 or #17 or #18 or #19		
#21	[mh ^"LABOR, INDUCED"]		
#22	((labor or labour) near/5 induc*):ti.ab		
#23	[mh ^"CERVICAL RIPENING"]		
#24	(cervi* near/3 ripen*):ti,ab		
#25	((unfavorabl* or unfavourabl* or un-favorabl* or un-favourabl* or unripe* or un-ripe*) near/3 cervi*):ti,ab		
#26	((bishop* or cerv*) near/3 scor*):ti,ab		
#27	#21 or #22 or #23 or #24 or #25 or #26		
#28	[mh ^"CONSERVATIVE TREATMENT"]		
#29	(conservative* near/3 (manag* or treat* or policy or policies)):ti,ab		
#30	(expect* near/3 manag*):ti,ab		
#31	[mh ^"WATCHFUL WAITING"]		
#32	(watchful* near/3 wait*):ti,ab		
#33	("no treat*" or "non treat*"):ti.ab		
#34	("no interven*" or "non interven*"):ti,ab		
#35	("no induc*" or "non induc*"):ti,ab		
#36	(spontaneous* near/5 (labor or labour or deliver* or onset or "follow* up")):ti,ab		
#37	((fetal or foetal or fetus*or foetus) near/5 (test* or monitor*));ti,ab		
#38	#28 or #29 or #30 or #31 or #32 or #33 or #34 or #35 or #36 or #37		
#39	[mh ^"PREGNANCY, PROLONGED"]		
#40	((prolonged or protracted or postmature or post-mature or postterm or post-term or postdate* or post-date*) near/5 pregnanc*):ti,ab		
#41	"full term":ti,ab		
#42	#39 or #40 or #41		
#43	"37* week*":ti,ab		
#44	"38* week*":ti,ab		
#45	"39* week*":ti,ab		

#	Searches
#46	"40* week*":ti,ab
#47	"41* week*":ti,ab
#48	"42* week*":ti,ab
#49	"43* week*":ti,ab
#50	"44* week*":ti,ab
#51	"45* week*":ti,ab
#52	#43 or #44 or #45 or #46 or #47 or #48 or #49 or #50 or #51
#53	("37* week*" near/5 ("38* week*" or "39* week*" or "40* week*" or "41* week*" or "42* week*" or "43* week*" or "44* week*" or "45* week*")):ti,ab
#54	("38* week*" near/5 ("37* week*" or "39* week*" or "40* week*" or "41* week*" or "42* week*" or "43* week*" or "44* week*" or "45* week*")):ti,ab
#55	("39* week*" near/5 ("37* week*" or "38* week*" or "40* week*" or "41* week*" or "42* week*" or "43* week*" or "44* week*" or "45* week*")):ti,ab
#56	("40* week*" near/5 ("37* week*" or "38* week*" or "39* week*" or "41* week*" or "42* week*" or "43* week*" or "44* week*" or "45* week*")):ti,ab
#57	("41* week*" near/5 ("37* week*" or "38* week*" or "39* week*" or "40* week*" or "42* week*" or "43* week*" or "44* week*" or "45* week*")):ti,ab
#58	("42* week*" near/5 ("37* week*" or "38* week*" or "39* week*" or "40* week*" or "41* week*" or "43* week*" or "44* week*" or "45* week*")):ti,ab
#59	("43* week*" near/5 ("37* week*" or "38* week*" or "39* week*" or "40* week*" or "41* week*" or "42* week*" or "44* week*" or "45* week*")):ti,ab
#60	("44* week*" near/5 ("37* week*" or "38* week*" or "39* week*" or "40* week*" or "41* week*" or "42* week*" or "43* week*" or "45* week*")):ti,ab
#61	("45* week*" near/5 ("37* week*" or "38* week*" or "39* week*" or "40* week*" or "41* week*" or "42* week*" or "43* week*" or "44* week*")):ti,ab
#62	#53 or #54 or #55 or #56 or #57 or #58 or #59 or #60 or #61
#63	(compar* near/10 gestation* near/3 week*):ti,ab
#64	(compar* near/10 GW*):ti,ab
#65	#63 or #64
#66	#27 and #38 and #42
#67	#27 and #38 and #52
#68	#27 and #62
#69	#27 and #65
#70	#66 or #67 or #68 or #69
#71	#20 and #70

#### **Databases: NHS Economic Evaluation Database**

#### Date of last search: 07/04/2020

#	Searches
1	MeSH DESCRIPTOR LABOR, INDUCED IN NHSEED
2	(((labor or labour) adj5 induc*)) IN NHSEED
3	MeSH DESCRIPTOR CERVICAL RIPENING IN NHSEED
4	((cervi* adj3 ripen*)) IN NHSEED
5	(((unfavorabl* or unfavourabl* or un-favorabl* or unfavourabl* or unripe* or un-ripe*) adj3 cervi*)) IN NHSEED
6	(((bishop* or cerv*) adj3 scor*)) IN NHSEED
7	#1 OR #2 OR #3 OR #4 OR #5 OR #6

#### **Databases: Health Technology Assessment**

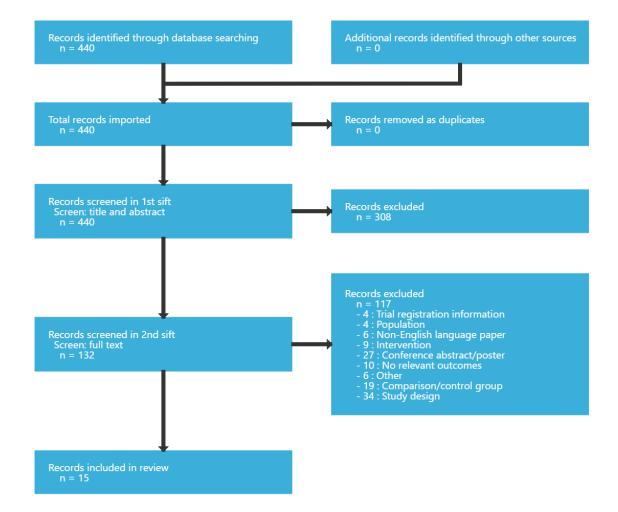
#### Date of last search: 07/04/2020

	410 01 1401 0041 0111 0170 112020			
#	Searches			
1	MeSH DESCRIPTOR LABOR, INDUCED IN HTA			
2	(((labor or labour) adj5 induc*)) IN HTA			
3	MeSH DESCRIPTOR CERVICAL RIPENING IN HTA			
4	((cervi* adj3 ripen*)) IN HTA			
5	(((unfavorabl* or unfavourabl* or un-favorabl* or unfavourabl* or unripe* or un-ripe*) adj3 cervi*)) IN HTA			
6	(((bishop* or cerv*) adj3 scor*)) IN HTA			
7	#1 OR #2 OR #3 OR #4 OR #5 OR #6			

### Appendix C Clinical evidence study selection

Clinical evidence study selection for review question: At what gestational age should induction of labour be offered if spontaneous labour does not ensue?

Figure 1: Study selection flow chart



### Appendix D Evidence tables

Evidence tables for review question: At what gestational age should induction of labour be offered if spontaneous labour does not ensue?

Table 5: Evidence tables – Augensen 1987

Table 6. Evidence tables Augensen 1997				
Augensen 1987				
Bibliographic Reference	Augensen, K.; Bergsjo, P.; Eikeland, T.; Askvik, K.; Carlsen, J.; Randomised comparison of early versus late induction of labour in post-term pregnancy; British medical journal (Clinical research ed.); 1987; vol. 294 (no. 6581); 1192-5			
Study details				
Study type	Randomised controlled trial (RCT)			
Study location	Bergen, Norway			
Study setting	Dept of Obstetrics and Gynaecology			
Study dates 1 Jan 1982 - June 1985				
Sources of funding	Not reported			
Duration of follow-up	None			
Inclusion criteria	<ul> <li>Healthy women, normal pregnancy</li> <li>single fetus, cephalic presentation</li> <li>gestational age 290-297 days from LMP</li> <li>undelivered by 42 weeks</li> </ul>			
Exclusion criteria	<ul> <li>use of contraceptive pill 2 month before LMP</li> <li>unclear dating</li> <li>hypertension of growth retardation</li> <li>other medical conditions</li> <li>obstetric problems</li> <li>birth started spontaneously</li> </ul>			
Sample size	N=409 randomised group 1 ("42 weeks induction" 41+4 to 42+3 weeks) n=214 group 2 ("one week post-referral induction" 42+3 to 43+3 weeks) n=195			
Baseline characteristics	Nulliparous: group 1 n=137 (46%); group 2 n=82 (42%)  Bishop score <6: group 1 n=77 (36%); group 2 n=69 (35%)  BMI/weight: NR  Ethnicity: NR  IVF: NR			
Intervention(s)	group 1 ("42 weeks induction" 41+4 to 42+3 weeks) group 2 ("one week post-referral induction if undelivered" 42+3 to 43+3 weeks) Women referred by doctor if undelivered at 42 weeks.  Those assigned to group 2 (postponement of induction) were suibmitted to cardiotocographic non-stress tests on the day of referral (day zero) and again on day 3 or 4 if still undelivered. If birth had not occurred by day 7 labour was induced. In			

#### Augensen 1987

cases of failed induction in group 1 further management was as for group 2. For mothers who were still undelivered after the attempted induction on day 7 management was left to clinical judgment.

Labour was induced with 5 IU oxytocin in 500 ml 5% glucose given by intravenous drip infusion, dose rates being increased stepwise according to response. In exceptional cases amniotomy was performed at the start of induction but otherwise only once labour was established. If labour was not clearly established after six to eight hours of infusion induction was considered unsuccessful. A cardiotocographic recording was obtained before disconnection from the drip in these cases.

## Timing of birth (as reported by study)

- 1. Group 1 (42 weeks)
- 2. Group 2 (43 weeks)

#### Actual timing of birth

- 1. 294.8 days (SD 2.9)
- 2. 297.6 days (SD 3.7)

#### Passed 300 days (43 weeks)

- 1. N=13/214
- 2. N=40/195

#### Spontaneous labour

- 1. N=38/214 (18%)
- 2. N=135/195 (69%)

#### Study arms

42 weeks (N = 214)

43 weeks (N = 195)

#### Outcomes

	42 weeks	43 weeks
	N = 214	N = 195
Perinatal death Polarity: Not set		
No of events	n = 0; % = 0	n = 0; % = 0
NICU admission Polarity: Not set		
No of events	n = 12	n = 15
C-section (elective) Polarity: Not set		
No of events	n = 0	n = 5
C-section (emergency) Polarity: Not set		
No of events	n = 14	n = 15
Instrumental birth Polarity: Not set		
No of events	n = 22	n = 19
Unassisted vaginal birth Polarity: Not set		
No of events	n = 177	n = 155
No of events	n = 177	n = 155

Augensen 1987			
Risk of bias assessment			
Section	Question	Answer	
Selection bias	Random sequence generation	Low risk of bias (List of random numbers)	
	Allocation concealment	Low risk of bias (random number list was inaccessible to participating physicians)	
Performance bias	Blinding of participants and personnel	High risk of bias (Unable to blind participants or personnel)	
Detection bias	Blinding of outcome assessment	Low risk of bias (Unable to blind outcomes, but unlikely to bias results due to objective nature)	
Attrition bias	Incomplete outcome data	Low risk of bias	
Reporting bias	Selective reporting	Unclear risk of bias (No protocol available to assess reporting of outcomes)	
Other sources of bias	Any other sources of bias	Low risk of bias (Comparable at baseline - No block randomisation)	
Overall risk of bias and directness	Risk of bias variation across outcomes	No subjective outcomes reported	
	Directness	Directly applicable	

#### Table 6: Evidence tables - Baev 2017

Baev 2017		
Bibliographic Reference	Baev, Oleg R.; Rumyantseva, Valentina P.; Tysyachnyu, Oleg V.; Kozlova, Olga A.; Sukhikh, Gennady T.; Outcomes of mifepristone usage for cervical ripening and induction of labour in full-term pregnancy. Randomized controlled trial; European journal of obstetrics, gynecology, and reproductive biology; 2017; vol. 217; 144-149	
Study details		
Study type	Randomised controlled trial (RCT)	
Study location	Moscow, Russia	
Study setting	Department of Obstetrics Research Centre	
Study dates	January 2014-2015	
Sources of funding	None stated	
Duration of follow-up	Not applicable	
Inclusion criteria	Age between 18 and 45 years; singleton live pregnancies; cephalic presentation, at least 40 + 4 weeks gestation; unripe uterine cervix at the moment of enrolment (Bishop score less than 8), intact membranes, no contraindication for vaginal delivery and no contraindication for labour induction with mifepristone, prostaglandin or oxytocin, informed written consent before participation in the study.	
Exclusion criteria	Myoma/uterine anomaly, parity greater than 3, severe hypertension/ preeclampsia, prior caesarean deliveries, diabetes, impaired renal, adrenal, or hepatic function, fetal malformations, breech presentation, estimated fetal weight (>4500 or <2500 g), any concerns about the well-being of the fetus, any medical indication for scheduled caesarean delivery	

#### **Baev 2017**

#### Sample size

N= 156, 40+4 weeks n = 76 (74 analysed), 42 weeks n= 78 (75 analysed)

#### 40+4 weeks

#### **Baseline** characteristics

age - mean 28.72, SD 4.89 years

- 2. nulliparous n = 63/74, 85.14%
- 3. GA at enrollment mean 285.35, SD 0.93 days
- 4. BMI mean 27.08, SD 4.03
- 5. IVF NR
- 6. Ethnicity NR

#### 42 weeks

- age mean 28.07, SD 4.27 years
- 2. nulliparous n = 58/75, 77.33%
- 3. GA at enrollment mean 285.47, SD 1.3 days
- 4. BMI mean 27.03, SD 3.38
- 5. IVF NR
- 6. Ethnicity NR

#### Intervention(s)

Induction at 40 weeks: Women randomized to induction of labour received one tablet mifepristone 200 mg per os at the moment of enrolment. Then the patients were reviewed for Bishop score after 24 h. Any progression of associated conditions was also noted. If the Bishop score was still less than 8, women received second dose of mifepristone 200 mg and were reviewed for Bishop score again after 24 h. If after 72 h from the first dose of mifepristone the Bishop score had not changed, the induction attempt was categorized as failed. If after second dose of mifepristone Bishop score was 6-7, women received an initial dose of 0,5 mg of dinoprostone followed by a further 0,5 mg of dinoprostone after 6 h. Dinoprostone used in gel form and was inserted into the cervical canal in accordance to manufacturer recommendations. Before each dose of mifepristone or dinoprostone fetal wellbeing was evaluated by clinical examination and cardiotocography. If at any of examinations the Bishop score was 8 or greater, the participant was transferred to the labour ward for artificial rupture of membranes (ARM) and continued monitoring.

Induction at 42 weeks: Women in the expectant management group were scheduled for routine appointments, except examination for Bishop score after 24 and 48 h. All of them were evaluated for maternal and fetal wellbeing, including cardiotocography. The vast majority of women of this group entered the labour spontaneously no later than 42 weeks of gestation. The remaining were induced in labour by dinoprostone. If at 42 weeks of gestation women were still undelivered with unripe cervix expectant management was categorized as failed.

#### Timing of birth (as reported by study)

40+4 weeks

- 1. GA at delivery mean 288.07. SD 2.36 days
- 2. failed induction/expectant n 4/74 (5.41%)

#### 42 weeks

- 1. GA at delivery mean 289.21, SD 2.14 days
- 2. failed induction/expectant n 2/75 (2.67%)

#### Study arms

40+4 weeks (N = 74)

42 weeks (N = 75)

#### **Outcomes**

	40+4 weeks	42 weeks
	N = 74	N = 75
NICU admission		

Baev 2017		
Polarity: Not set		
No of events	n = 4; % = 5.41	n = 3; % = 4
C-section Polarity: Not set		
No of events	n = 25; % = 33.78	n = 19; % = 25.33
Instrumental birth Polarity: Not set		
No of events	n = 2; % = 2.7	n = 0; % = 0
Vaginal delivery Including instrumental Polarity: Not set		
No of events	n = 49; % = 66.22	n = 56; % = 74.67

Section	Question	Answer
Selection bias	Random sequence generation	Low risk of bias (computer generated list of random numbers in permuted blocks)
	Allocation concealment	Low risk of bias (concealed in sequentially numbered, opaque, sealed enveloped)
Performance bias	Blinding of participants and personnel	High risk of bias (Unable to blind participants or personnel)
Detection bias	Blinding of outcome assessment	Low risk of bias (Unable to blind outcomes, but unlikely to bias results due to objective nature)
Attrition bias	Incomplete outcome data	Low risk of bias (ITT analysis)
Reporting bias	Selective reporting	Unclear risk of bias (No protocol available to assess reporting of outcomes)
Other sources of bias	Any other sources of bias	Low risk of bias (Comparable at baseline, No block randomisation in unblinded trial)
Overall risk of bias and directness	Risk of bias variation across outcomes	No subjective outcomes reported
	Directness	Directly applicable

Table 7: Evidence tables – Bergsjo 1989

Bergsjo 1989	
Bibliographic Reference	Bergsjo, P.; Huang, G. D.; Yu, S. Q.; Gao, Z. Z.; Bakketeig, L. S.; Comparison of induced versus non-induced labor in post-term pregnancy. A randomized prospective study; Acta obstetricia et gynecologica Scandinavica; 1989; vol. 68 (no. 8); 683-7
Study details	
Study type	Randomised controlled trial (RCT)
Study location	Wuhan, China (study group based in Norway)

Hospital obstetric department
July 1982 to 1984
Not reported
Not applicable
Voluntary participation, including pregnant women of all parities who were not in labour and had intact membranes upon examination at or following 42 completed weeks (294 days). Normal menstrual cycle (28 +/- 4 days) and accurate recall of LMP, and normal pregnancies without significant risk factors.
Not reported
N = 188
1. Age - mean 26.2 years 2. Nulliparity - 6/94 3. Bishop score - NR 4. BMI/weight - NR 5. Ethnicity - NR 6. IVF - NR  43 weeks  1. Age - 27.8 years 2. Nulliparity - 12/94 3. Bishop score - NR 4. BMI/weight - NR 5. Ethnicity - NR 6. IVF - NR
Labour was induced by stripping of the membranes, followed by oxytocin infusion (5 IU in 500 ml 5% glucose and Ringer). Infusion rate was regulated according to response. The membranes were ruptured artificially if the cervix was dilated 3 cm or more. If less, the infusion was continued as long as there was some progress of labour.  Following clinical examination and upon giving informed consent the patients were allocated to one of two groups, according to a list of random numbers. Women in group I underwent labour induction, whereas those in group 2 had no special intervention for one week unless complications arose. At and after 43 completed weeks, labour was induced according to clinical judgement. Due to poor transportation facilities, all women in group 2 stayed in the hospital while waiting, which ensured close daily clinical surveillance. Fetal movement test, atropine test, ultrasound and urinary estriol excretion tests were also employed.
<ol> <li>GA at birth - range 294-309 days</li> <li>Number induced - 77/86</li> <li>Spontaneous labour - 8/94</li> <li>GA at birth - range 294-309 days</li> <li>Number induced - 34 (for fetal distress)/86</li> <li>Spontaneous labour - 60/94</li> </ol>

#### Bergsjo 1989

#### Study arms

42 weeks (N = 94)

43 weeks (N = 94)

#### **Outcomes**

	42 weeks	43 weeks
	N = 94	N = 94
Perinatal death Polarity: Not set		
No of events	n = 1	n = 2
C-section Polarity: Not set		
No of events	n = 27	n = 39
Instrumental birth Polarity: Not set		
No of events	n = 21	n = 25
Vaginal unassisted birth Polarity: Not set		
No of events	n = 46	n = 30
Aspiration pneumonia Polarity: Not set		
No of events	n = 4	n = 8

Section	Question	Answer
Selection bias	Random sequence generation	Low risk of bias (list of random numbers)
	Allocation concealment	Unclear risk of bias
Performance bias	Blinding of participants and personnel	High risk of bias (Unable to blind participants or personnel)
Detection bias	Blinding of outcome assessment	Low risk of bias (Unable to blind outcomes, but unlikely to bias results due to objective nature)
Attrition bias	Incomplete outcome data	Low risk of bias
Reporting bias	Selective reporting	Unclear risk of bias (No protocol available to assess reporting of outcomes)
Other sources of bias	Any other sources of bias	Low risk of bias (Comparable at baseline, No block randomisation in unblinded trial)
Overall risk of bias and directness	Risk of bias variation across outcomes	No subjective outcomes reported
	Directness	Directly applicable

Table 8: Evidence tables – Chanrachakul 2003

Chanrachakul 2	2002		
	Chanrachakul, Boonsri; Herabutya, Yongyoth; Postterm with favorable cervix: is		
Bibliographic Reference	induction necessary?; European journal of obstetrics, gynecology, and reproductive biology; 2003; vol. 106 (no. 2); 154-7		
Study details			
Study type	Randomised controlled trial (RCT)		
Study location	Thailand		
Study setting	Dept of Obstetrics and Gynaecology, Ramathibodi Hospital		
Study dates	October 1998 - May 2000		
Sources of funding	Ramathibodi Hospital Research Grant no. 2/2542		
Duration of follow-up	Not applicable		
Inclusion criteria	Pregnant women, GA 280-287 days confirmed by routine ultrasound at 18-22 weeks. Low risk pregnancy. Informed consent given. Bishop score>/=6		
Exclusion criteria	Any medical or obstetric complication.		
Sample size	N = 249 randomised		
Baseline characteristics	<ol> <li>Age - mean 27.1, SD 4.5 years</li> <li>Nulliparous - 84/124</li> <li>Bishop score - mean 6.9, SD 0.8</li> <li>GA at enrolment mean 290.5, SD 1.3 days</li> <li>BMI/weight - NR</li> <li>Ethnicity - NR</li> <li>IVF - NR</li> <li>Age - mean 26.7, SD 5.3 years</li> <li>Nulliparous - 87/125</li> <li>Bishop score - mean 6.8, SD 0.9</li> <li>GA at enrolment mean 290.4, SD 1.4 days</li> <li>BMI/weight - NR</li> <li>Ethnicity - NR</li> <li>IVF - NR</li> </ol>		
Intervention(s)	7. IVF - NR Induction at 41+3 weeks (290 days): sent for induction on day of randomisation. Amnitotomy performed and oxytocin started if inadequate uterine contraction after 2 hours. Oxytocin started at 1-2mU/min and increased at 30mins intervals to 40mU.min.  Expectant to 44 weeks (308 days): evaluated once a week with a nonstress test (NST) and ultrasonographic estimation of amniotic fluid index (AFI), and twice weekly after 43 weeks. Spontaneous labour was awaited, induction performed if (1) NST nonreactive, (2) AFI <5cm, (3) medical or obstetric complication, (4) reached 308 completed days (44 completed weeks).  FHR and uterine contraction recorded by midwife every 30mins in 1st stage, and 15mins in 2nd stage of labour. Continuous FHR monitoring if abnormalities detected. Failed induction defined as inability to achieve active phase despite adequate oxytocin for at least 6hrs. Decision for c-section made by obstetrician in charge of labour ward.		

#### Chanrachakul 2003

Timing of birth (as reported by study)

41+3 weeks - GA at birth NR, number induced = 123/124

44 weeks - GA at birth 95% delivered within one week, 100% by day 9 (299 days), none induced

#### Study arms

41+3 weeks (N = 124)

44 weeks (N = 125)

#### **Outcomes**

	41+3 weeks	44 weeks	
	N = 124	N = 125	
C-section Polarity: Not set			
No of events	n = 33	n = 27	
Vaginal delivery Unclear if instrumental Polarity: Not set			
No of events	n = 91	n = 98	
NICU admission Polarity: Not set			
No of events	n = 1	n = 0	

#### Risk of bias assessment

Section	Question	Answer
Selection bias	Random sequence generation	Low risk of bias (computer generated numbers)
	Allocation concealment	Unclear risk of bias
Performance bias	Blinding of participants and personnel	High risk of bias (Unable to blind participants or personnel)
Detection bias	Blinding of outcome assessment	Low risk of bias (Unable to blind outcomes, but unlikely to bias results due to objective nature)
Attrition bias	Incomplete outcome data	Low risk of bias
Reporting bias	Selective reporting	Unclear risk of bias (No protocol available to assess reporting of outcomes)
Other sources of bias	Any other sources of bias	Low risk of bias (Comparable at baseline, No block randomisation in unblinded trial)
Overall risk of bias and directness	Risk of bias variation across outcomes	No subjective outcomes reported
	Directness	Directly applicable

#### Table 9: Evidence tables - Cole 1975

Cole 1975	
Bibliographic Reference	Cole, R. A.; Howie, P. W.; Macnaughton, M. C.; Elective induction of labour. A randomised prospective trial; Lancet (London, England); 1975; vol. 1 (no. 7910); 767-70
Study details	

Declarity I and the Health's LADOTA	
Randomised controlled trial (RCT)	
Glasgow, UK	
Royal Maternity Hospital, Glasgow	
Not reported	
Not reported	
Not applicable	
Primigravidae aged 18-30 years or women of 1, 2, or 3 parity aged 18-35 years who had had normal pregnancies without any previous obstetric abnormality. Other criteria were: certainty of the date of the last menstrual period, a regular menstrual cycle, and an early examination which had shown the uterine size to be consistent with the period of amenorrhoea.	
Not reported	
N=237	
<ol> <li>Age - mean 23.9, SD 3.2 years</li> <li>Primigavida - 52/111</li> <li>BMI/weight - NR</li> <li>Ethnicity - NR</li> <li>IVF - NR</li> <li>Age - mean 24.3, SD 3.7 years</li> <li>Primigavida - 53/117</li> <li>BMI/weight - NR</li> <li>Ethnicity - NR</li> <li>IVF - NR</li> <li>IVF - NR</li> <li>IVF - NR</li> <li>Induction 39-40 weeks: labour induced between 39 and 40 weeks.</li> <li>Induction 41 weeks (control): left to await the onset of spontaneous labour. In the control group, induction was performed at 41 weeks if labour had not occurred by that time, although if some obstetric complication supervened before then, induction was</li> </ol>	
Carried out as necessary.  The method of induction of labour was forewater amniotomy followed immediately by oxytocin at increasing doses using the Cardiff pump. An experienced midwife assessed uterine activity by abdominal palpation, and, when satisfactory contractions were achieved, the oxytocin dose was stabilised and continued until 1 hour after delivery of the placenta.	
<ol> <li>GA at birth - all between 39 and 40 weeks</li> <li>Number induced - 100/111 (11 had spontaneous labour)</li> <li>Weeks</li> <li>GA at birth - from term date -10 days to +13 days</li> <li>Number induced - 32/117 as reached 41 weeks, 22/117 due to obstetric complications &lt;41 weeks</li> </ol>	

Cole 1975	
Study arms	
39-40 weeks (N = 111)	
41 weeks (N = 117)	
Outcomes	

	39-40 weeks	41 weeks
	N = 111	N = 117
Perinatal death Polarity: Not set		
No of events	n = 0	n = 1
C-section Polarity: Not set		
No of events	n = 5	n = 9
Instrumental birth Polarity: Not set		
No of events	n = 34	n = 26
Vaginal unassisted/spontaneous Polarity: Not set		
No of events	n = 72	n = 82

#### Risk of bias assessment

Section	Question	Answer
Selection bias	Random sequence generation	Unclear risk of bias
	Allocation concealment	Unclear risk of bias
Performance bias	Blinding of participants and personnel	High risk of bias (Unable to blind participants or personnel)
Detection bias	Blinding of outcome assessment	Low risk of bias (Unable to blind outcomes, but unlikely to bias results due to objective nature)
Attrition bias	Incomplete outcome data	Low risk of bias
Reporting bias	Selective reporting	Unclear risk of bias (No protocol available to assess reporting of outcomes)
Other sources of bias	Any other sources of bias	Low risk of bias (Comparable at baseline, No block randomisation in unblinded trial)
Overall risk of bias and directness	Risk of bias variation across outcomes	No subjective outcomes reported
	Directness	Directly applicable

#### Table 10: Evidence tables – Egarter 1989

Egarter 1989	
Bibliographic Reference	Egarter, C.; Kofler, E.; Fitz, R.; Husslein, P.; Is induction of labor indicated in prolonged pregnancy? Results of a prospective randomised trial; Gynecologic and obstetric investigation; 1989; vol. 27 (no. 1); 6-9
Study details	
Study type	Randomised controlled trial (RCT)

Egarter 1989		
Study location	Vienna, Austria	
Study setting	Hospital	
Study dates	Not reported	
Sources of funding	Not reported	
Duration of follow-up	Not applicable	
Inclusion criteria	Healthy pregnant women with singleton pregnancies in cephalic presentation reaching their estimated date of confinement. Length of pregnancy had to be established by early ultrasound; membranes had to be intact and the cervix favourable for induction (modified Bishop score of more than 4)	
Exclusion criteria	Any pregnancy carrying fetal or maternal risk factors based on history, gynecological/obstetrical investigation, cardiotocogram and routine lab.	
Sample size	Randomised N=345	
Baseline characteristics	40 weeks - nulliparity - n=99  42 weeks - nulliparity - n=88  BMI/weight - NR, Ethnicity - NR, IVF - NR	
Intervention(s)	In group A, labour was induced by means of vaginal application of 3-mg PGEi-containing vaginal tablets (Prostin E2 Vaginal Tablets, Upjohn Ltd., Crawley, Sussex) with a repeat dose of another 3 mg at 6 h if labour did not start or contractions were judged to be inadequate. If the patient had still not given birth at 24 h, but the cervix was at least 3 cm dilated, she received another treatment course. In case the cervical score did not improve to 3 cm dilatation, no further induction attempt was performed.  In group B the spontaneous onset of labour was awaited until the completion of 42 weeks of amenorrhea. Cardiotocographic evaluation of fetal well-being was performed at 2- to 3-day intervals.	
	Amniotomy was only performed when the cervical dilatation exceeded 5 cm; at this time an electrode was placed on the fetal head for internal cardiographic monitoring routinely. The infusion of oxytocin was added only to support labour once it had been fully established.	
Timing of birth (as reported by study)	40 weeks - number induced - 80-96% success  42 weeks - n = 7 (undelivered after the 294 days)	
Study arms		
40 weeks (N = 157)		
280 days		
42 weeks (N = 156)		
294 days		
Outcomes		

	40 weeks	42 weeks
	N = 157	N = 156
Perinatal death Polarity: Not set		
No of events	n = 0	n = 1
C-section Polarity: Not set		
No of events	n = 2	n = 3
Instrumental birth		

Egarter 1989		
Polarity: Not set		
No of events	n = 4	n = 3

Section	Question	Answer
Selection bias	Random sequence generation	Unclear risk of bias
	Allocation concealment	Unclear risk of bias
Performance bias	Blinding of participants and personnel	High risk of bias (Unable to blind participants or personnel)
Detection bias	Blinding of outcome assessment	Low risk of bias (Unable to blind outcomes, but unlikely to bias results due to objective nature)
Attrition bias	Incomplete outcome data	Low risk of bias
Reporting bias	Selective reporting	Unclear risk of bias (No protocol available to assess reporting of outcomes)
Other sources of bias	Any other sources of bias	Low risk of bias (Comparable at baseline, No block randomisation in unblinded trial)
Overall risk of bias and directness	Risk of bias variation across outcomes	No subjective outcomes reported
	Directness	Directly applicable

Table 11: Evidence tables - Gelisen 2005

Gelisen 2005	
Bibliographic Reference	Gelisen, O.; Caliskan, E.; Dilbaz, S.; Dilbaz, B.; Ozdas, E.; Haberal, A.; Induction of labor with three different techniques at 41 weeks of gestation or spontaneous follow-up until 42 weeks in women with definitely unfavorable cervical scores; European Journal of Obstetrics and Gynecology and Reproductive Biology; 2005; vol. 120 (no. 2); 164-169
Study details	
Study type	Randomised controlled trial (RCT)
Study location	Turkey
Study setting	Hospital
Study dates	Not reported
Sources of funding	Not reported
Duration of follow-up	Not applicable
Inclusion criteria	(1) singleton live pregnancy with vertex presentation and intact membranes, (2) gestational age 287 +/- 1 days (41 completed weeks of gestation confirmed by first-trimester ultrasound), (3) Bishop score [8] of <5 (assigned by E.O.), (4) absence of spontaneous uterine contractions (i.e., fewer than four spontaneous contractions per

Gelisen 2005						
		hour), (5) estimated fetal body weight < 4500 g, (6) a reactive nonstress test (NST), and (7) amniotic fluid index >=5 cm				
Exclusion criteria	Known hypersensitivity to the use of prostaglandins, previous caesarean delivery or other uterine surgery, noncephalic presentation, body mass index (BMI) >= 30 before conception, parity >=5, any previous attempt at induction of labour during the current pregnancy, and low-lying placenta. In our institution, labour is induced at 40 weeks of pregnancy in women with known diabetes mellitus, so that no patients with diabetes were included in the study					
Sample size	N = 600					
Baseline characteristics	Age, mean 24-26 years 41 weeks					
	<ol> <li>Nulliparity - 144/300</li> <li>Bishop score - Mean 1.5</li> <li>BMI - Mean 27-29, SD 3</li> </ol>					
	42 weeks					
	<ol> <li>Nulliparity - 135/300</li> <li>Bishop score - Mean 1.5, SD 1</li> </ol>					
	3. BMI - Mean 25.6, SD 5					
Intervention(s)	Expectant (42 weeks): Spontaneous follow-up (follow-up group, N = 300) involved nonstress testing and amniotic fluid measurement twice weekly and biophysical scoring on a single occasion 3–5 days after randomization. If patients did not give birth until the 294th day (42 completed weeks) of gestation (n = 73) induction of labour was attempted with 50 mg vaginal misoprostol every 6 h. If misoprostol failed to induce labour within 24 h caesarean delivery was performed.					
	Induction (41 weeks, 287 days): Membrane sweeping was routin	ely performed before miso	prostol induction (n =			
	93/100), oxytocin induction (n = 88/100), or Foley catheter insertion (n = 92/100), and before labour induction in the follow-up group (n = 73/73). Early amniotomy was performed in all patients when the cervix was dilated to >=3 cm.					
Timing of birth	41 weeks - timing of birth - mean 287 days					
(as reported by study)	42 weeks - timing of birth - mean 290 days, SD 3.2, 34/300 induced due to obstetric complications and 73/300 induced as undelivered at 42 complete weeks (294 days)					
Study arms	0)					
41 weeks (N = 30) 42 weeks (N = 30)	•					
Outcomes	-1					
		41 weeks	42 weeks			
		N = 300	N = 300			
Perinatal death Polarity: Not set						
No of events		n = 0	n = 1			

	41 weeks	42 weeks
	N = 300	N = 300
Perinatal death Polarity: Not set		
No of events	n = 0	n = 1
C-section Polarity: Not set		
No of events	n = 58	n = 66
Vaginal delivery Unclear if any instrumental Polarity: Not set		
No of events	n = 242	n = 234

Gelisen 2005			
NICU admission Polarity: Not set			
No of events		n = 13	n = 15
MAS Polarity: Not set			
No of events		n = 5	n = 12
D	_		
Risk of bias assessmen	nt		
Section	Question	Answer	
Selection bias	Random sequence generation	Unclear risk of bias	
	Allocation concealment	Low risk of bias (sealed opaque envelo	pe)
Performance bias	Blinding of participants and personnel	High risk of bias (Unable to blind participants or personnel)	
Detection bias	Blinding of outcome assessment	Low risk of bias (Unable to blind outcomes, but unlikely to bias results due to objective nature)	
Attrition bias	Incomplete outcome data	Low risk of bias	
Reporting bias	Selective reporting	Unclear risk of bias (No protocol available to assess reporting of outcomes)	
Other sources of bias	Any other sources of bias	Low risk of bias (Comparable at baseling in unblinded trial)	e, No block randomisation
Overall risk of bias and directness	Risk of bias variation across outcomes	No subjective outcome	s reported
	Directness	Directly applicable	

#### Table 12: Evidence tables – Grobman 2018

Grobman 2018	
Bibliographic Reference	Grobman, W. A.; Rice, M. M.; Reddy, U. M.; Tita, A. T. N.; Silver, R. M.; Mallett, G.; Hill, K.; Thom, E. A.; El-Sayed, Y. Y.; Perez-Delboy, A.; Rouse, D. J.; Saade, G. R.; Boggess, K. A.; Chauhan, S. P.; Iams, J. D.; Chien, E. K.; Casey, B. M.; Gibbs, R. S.; Srinivas, S. K.; Swamy, G. K.; Simhan, H. N.; MacOnes, G. A.; Labor induction versus expectant management in low-risk nulliparous women; New England Journal of Medicine; 2018; vol. 379 (no. 6); 513-523
Study details	
Study type	Randomised controlled trial (RCT)
Study location	USA
Study setting	Multiple hospitals participating in the Maternal–Fetal Medicine Units Network of the Eunice Kennedy Shriver National Institute of Child Health and Human Development
Study dates	March 2014 to August 2017
Sources of funding	Funded by the Eunice Kennedy Shriver National Institute of Child Health and Human Development; ARRIVE ClinicalTrials.gov number, NCT01990612
Duration of follow-up	Not applicable

Grobman 2018	
Inclusion criteria	Nulliparous - no previous pregnancy beyond 20 weeks 0 days; Singleton gestation. Twin gestation reduced to singleton, either spontaneously or therapeutically, is not eligible unless the reduction occurred before 14 weeks 0 days project gestational age. Gestational age at randomization between 38 weeks 0 days and 38 weeks 6 days inclusive based on clinical information and evaluation of the earliest ultrasound as described below
Exclusion criteria	<ul> <li>Projected gestational age at date of first ultrasound is &gt; 20 weeks 6 days</li> <li>Plan for induction of labour prior to 40 weeks 5 days</li> <li>Plan for caesarean delivery or contraindication to labour</li> <li>Breech presentation</li> <li>Signs of labour (regular painful contractions with cervical change)</li> <li>Fetal demise or known major fetal anomaly</li> <li>Heparin or low-molecular weight heparin use during the current pregnancy</li> <li>Placenta previa, accreta, vasa previa</li> <li>Active vaginal bleeding greater than bloody show</li> <li>Ruptured membranes</li> <li>Cerclage in current pregnancy</li> <li>Known oligohydramnios, defined as amniotic fluid index &lt; 5 cm or maximal vertical pocket &lt; 2 cm</li> <li>Fetal growth restriction, defined as EFW &lt; 10th percentile</li> <li>Known HIV positivity because of modified delivery plan</li> <li>Major maternal medical illness associated with increased risk for adverse pregnancy outcome (e.g. any diabetes mellitus, lupus, any hypertensive disorder, cardiac disease, renal insufficiency)</li> <li>Refusal of blood products</li> <li>Participation in another interventional study that influences management of labour at delivery or perinatal morbidity or mortality</li> <li>Delivery planned elsewhere at a non-Network site</li> </ul>

#### Study arms

39+0 to 39+4 (N = 3062)

40+5 to 42+2 (N = 3044)

#### **Outcomes**

Outcomes		
	39+0 to 39+4	40+5 to 42+2
	N = 3059	N = 3037
Maternal death/uterine rupture Polarity: Not set		
No of events	n = 0	n = 0
Perinatal death Polarity: Not set		
No of events	n = 2	n = 3
C-section Polarity: Not set		
No of events	n = 569	n = 674
Instrumental (operative vaginal) birth Polarity: Not set		
No of events	n = 222	n = 258
NICU admission Polarity: Not set		
No of events	n = 358	n = 394
HIE		

Grobman 2018		
Polarity: Not set		
	44	00
No of events	n = 14	n = 20
MAS Polarity: Not set		
No of events	n = 17	n = 26
Maternal satisfaction Labor Agentry Scale (29 to 203) Polarity: Higher values are better		
6-96 hours post delivery p<0.001		
Sample Size	n = 2932	n = 2876
MedianIQR	168 (148 to 183)	164 (143 to 181)
4-8 weeks post delivery p=0.01		
Sample Size	n = 2710	n = 2650
MedianlQR	176 (157 to 189)	174 (154 to 188)

#### Risk of bias assessment

Section	Question	Answer
Selection bias	Random sequence generation	Low risk of bias
	Allocation concealment	Low risk of bias
Performance bias	Blinding of participants and personnel	High risk of bias (Unable to blind participants or personnel)
Detection bias	Blinding of outcome assessment	Low risk of bias (Unable to blind outcomes, but unlikely to bias results due to objective nature)
Attrition bias	Incomplete outcome data	Low risk of bias
Reporting bias	Selective reporting	Low risk of bias (protocol available on clinicaltrials.gov)
Other sources of bias	Any other sources of bias	Low risk of bias
Overall risk of bias and directness	Risk of bias variation across outcomes	No subjective outcomes reported
	Directness	Directly applicable

#### Table 13: Evidence tables – Heimstad 2007

Heimstad 2007	
Bibliographic Reference	Heimstad, R.; Skogvoll, E.; Mattsson, L. A.; Johansen, O. J.; Eik-Nes, S. H.; Salvesen, K. A.; Induction of labor or serial antenatal fetal monitoring in postterm pregnancy: A randomized controlled trial; Obstetrics and Gynecology; 2007; vol. 109 (no. 3); 609-617
Study details	
Study type	Randomised controlled trial (RCT)
Study location	Norway
Study setting	St.Olavs Hospital, Trondheim University Hospital
Study dates	September 2002 to July 2004

11-111	
Heimstad 2007	
Sources of funding	Not reported
Duration of follow-up	Not applicable
Inclusion criteria	Women with singleton pregnancies who had had their routine ultrasound scan and delivery at St. Olavs Hospital and who spoke fluent Norwegian. The study was confined to pregnancies with a cephalic presentation with no history of prelabour rupture of membranes
Exclusion criteria	Not reported
Sample size	N = 508
Baseline characteristics	1. Nulliparity - 110/254 2. Bishop score - NR 3. BMI - mean 24.7, SD 4.2 4. IVF - NR 5. Ethnicity - caucasian - 98%
	<ol> <li>Nulliparity - 124/254</li> <li>Bishop score - NR</li> <li>BMI - mean 24.7, SD 4.3</li> <li>IVF - NR</li> <li>Ethnicity - caucasian - 98%</li> <li>Induction: immediate induction of labour (booked the following day), women were</li> </ol>
Intervention(s)	Delayed intervention (300 days): For women assigned to continued antenatal assessment, induction of labour was arranged if the cardiotocogram recordings were abnormal, the estimated fetal weight was less than 2 standard deviations, or oligohydramnios was found (amniotic fluid index less than 5 cm or single deepest pocket less than 2 cm). If these investigations were reassuring, they were reassessed every third day until spontaneous delivery occurred or until labour was induced on day 300.
	Women who had a favourable cervix (Bishop score 6 or more) were induced by amniotomy followed by oxytocin (Syntocinon, Novartis, EastHanover, NJ) infusion. Women with an unfavourable cervix (Bishop score less than 6) had cervical priming using misoprostol (prostaglandin E1 analog, Cytotec, Searle, Chicago, IL, 50 mcg pessary encased in a gelatin capsule) at 6-hour intervals in the posterior fornix. A maximum of four doses was given in a 24-hour period, and cervical priming was continued for a maximum of 2 days. Once the cervix was favourable, amniotomy and oxytocin infusion were used. Women with a uterine scar were induced with 0.5 mg dinoprostone (prostaglandin E2, Minprostin endocervical gel, Pfizer, New York, NY) given intracervically every 12 hours.
Timing of birth (as reported by study)	<ul><li>41 weeks</li><li>1. GA at birth - mean 289 days, SD 0.7</li><li>2. Number induced 215/254</li></ul>

#### Heimstad 2007

#### 42 weeks

- 1. GA at birth mean 289 days, SD 0.9
- 2. Number induced 19/254 at day 300, 59/254 for medical reasons

#### Study arms

41 weeks (N = 254)

42 weeks (N = 254)

#### **Outcomes**

Outcomes		
	41 weeks	42 weeks
	N = 254	N = 254
Perinatal death Polarity: Not set		
No of events	n = 0	n = 0
C-section Polarity: Not set		
No of events	n = 28	n = 33
Operative vaginal birth Polarity: Not set		
No of events	n = 32	n = 27
NICU admission Polarity: Not set		
No of events	n = 14	n = 18
Meconium in airway Polarity: Not set		
No of events	n = 7	n = 5

Section	Question	Answer
Selection bias	Random sequence generation	Low risk of bias (computerised randomisation)
	Allocation concealment	Unclear risk of bias
Performance bias	Blinding of participants and personnel	High risk of bias (Unable to blind participants or personnel)
Detection bias	Blinding of outcome assessment	Low risk of bias (Unable to blind outcomes, but unlikely to bias results due to objective nature)
Attrition bias	Incomplete outcome data	Low risk of bias
Reporting bias	Selective reporting	Unclear risk of bias (No protocol available to assess reporting of outcomes)
Other sources of bias	Any other sources of bias	High risk of bias (Comparable at baseline, but used block randomisation in unblinded trial (blocks of 16, no stratification))
Overall risk of bias and directness	Risk of bias variation across outcomes	No subjective outcomes reported
	Directness	Directly applicable

Table 14: Evidence tables – Herabutya 1992

	ce tables – Herabutya 1992
Herabutya 1992	
Bibliographic Reference	Herabutya, Y.; Prasertsawat, P. O.; Tongyai, T.; Isarangura Na Ayudthya, N.; Prolonged pregnancy: the management dilemma; International journal of gynaecology and obstetrics: the official organ of the International Federation of Gynaecology and Obstetrics; 1992; vol. 37 (no. 4); 253-8
Study details	
Study type	Randomised controlled trial (RCT)
Study location	Thailand
Study setting	Department of Obstetrics and Gynecology, Faculty of Medicine, Ramathibodi Hospital
Study dates	July 1987 to January 1991
Sources of funding	This study was supported by Ramathibodi Hospital Research Fund Grant 1988
Duration of follow-up	Not applicable
Inclusion criteria	(1) a normal last menstrual period where the date of onset was certain and the cycles were regular and monthly; (2) no history of recent oral contraception usage, amenorrhea, irregular menstruations for at least 3 months; (3) booked for confinement before 20 weeks and with a uterine size consistent with menstrual dates throughout. Only low-risk patients whose pregnancies extended beyond 294 complete days were included in this study.
Exclusion criteria	Bishop score more than 6 (favourable cervix)
Sample size	N = 108
Baseline characteristics	1. Age - mean 27.4, SD 4.1 2. Nulliparous - n = 51/57 3. Bishop score - NR 4. BMI/weight - NR 5. Ethnicity - NR 6. IVF - NR  44 weeks  1. Age - mean 27.1, SD 4.3 2. Nulliparous - n = 41/51 3. Bishop score - NR 4. BMI/weight - NR 5. Ethnicity - NR 6. IVF - NR
Intervention(s)	Induction group: After confirmation of the cervical score by one of the authors, patients randomized to the induction group underwent immediate cervical ripening with prostaglandin gel administered on an outpatient basis. The prostaglandin gel was prepared using six tablets of prostaglandin E2 (Prostarmon E, May and Baker), 0.5 mg each, were crushed to powder in a sterile container and mixed with 5 ml of hydro-ethyl cellulose (K-Y Jelly, Johnson and Johnson). The prostaglandin E2 (PGE,) gel was applied intracervically. These patients were allowed to be ambulatory under routine nursing observation.

Herabutya 1992	
	Monitoring group: antepartum fetal testing group underwent a nonstress test (NST) once weekly, and then 2/week from 43 weeks gestation. Patients in the antepartum testing group underwent induction of labour only if there were (1) abnormalities on antepartum fetal testing such as a nonreactive nonstress test, or variable decelerations on nonstress testing, (2) the Bishop score become more than 6, (3) on reaching 44 completed weeks of gestation.
Timing of birth (as reported by study)	GA at birth not reported for either arm, 21/51 induced in the 44 weeks arm
Study arms	
42 weeks (N = 57	
44 weeks (N = 51	

#### **Outcomes**

	42 weeks	44 weeks
	N = 57	N = 51
Perinatal death Polarity: Not set		
No of events	n = 0	n = 1
C-section Polarity: Not set		
No of events	n = 27	n = 24
Instrumental birth Polarity: Not set		
No of events	n = 11	n = 9
Spontaneous/unassisted delivery Reported as spontaneous delivery Polarity: Not set		
No of events	n = 19	n = 18
SCBU admission Polarity: Not set		
No of events	n = 1	n = 4

Section	Question	Answer
Selection bias	Random sequence generation	Unclear risk of bias
	Allocation concealment	Unclear risk of bias
Performance bias	Blinding of participants and personnel	High risk of bias (Unable to blind participants or personnel)
Detection bias	Blinding of outcome assessment	Low risk of bias (Unable to blind outcomes, but unlikely to bias results due to objective nature)
Attrition bias	Incomplete outcome data	Low risk of bias
Reporting bias	Selective reporting	Unclear risk of bias (No protocol available to assess reporting of outcomes)
Other sources of bias	Any other sources of bias	Low risk of bias (Comparable at baseline, No block randomisation in unblinded trial)

Herabutya 1992		
Overall risk of bias and directness	Risk of bias variation across outcomes	No subjective outcomes reported
	Directness	Directly applicable

#### Table 15: Evidence tables – Keulen 2019

Keulen 2019	ice tables – Keulen 2019
Bibliographic Reference	Keulen, J. K. J.; Bruinsma, A.; Kortekaas, J. C.; Van Dillen, J.; Bossuyt, P. M. M.; Oudijk, M. A.; Duijnhoven, R. G.; Van Kaam, A. H.; Vandenbussche, F. P. H. A.; Van Der Post, J. A. M.; Mol, B. W.; De Miranda, E.; Induction of labour at 41 weeks versus expectant management until 42 weeks (INDEX): Multicentre, randomised non-inferiority trial; Obstetrical and Gynecological Survey; 2019; vol. 74 (no. 7); 381-383
Study details	
Study type	Randomised controlled trial (RCT)
Study location	Amsterdam
Study setting	123 primary care midwifery practises and 45 hospitals in The Netherlands
Study dates	May 2012 to March 2016
Sources of funding	This study was supported by a grant from the Netherlands Organisation for Health Research and Development ZonMw (grant No 171202008)
Duration of follow-up	Not applicable
Inclusion criteria	Low risk, uncomplicated singleton pregnancy with the child in a stable cephalic position at a certain gestational age of 40 weeks+5 days to 41 weeks+0 days and no contraindications to expectant management until 42 weeks.
Exclusion criteria	Age of 16 weeks. Exclusion criteria for the study were age younger than 18 years, ruptured membranes or in labour, or both, non-reassuring fetal status (eg, no fetal movements, or abnormal fetal heart rate and/or expected intrauterine growth restriction), known fetal abnormalities (including abnormal karyotype) that could influence perinatal outcome, contraindications to induction (including previous caesarean section), or contraindications to expectant management (eg, pregnancy induced hypertension).
Study setting	123 primary care midwifery practises and 45 hospitals in The Netherlands
Study dates	May 2012 to March 2016
Sources of funding	This study was supported by a grant from the Netherlands Organisation for Health Research and Development ZonMw (grant No 171202008)
Duration of follow-up	Not applicable
Inclusion criteria	Low risk, uncomplicated singleton pregnancy with the child in a stable cephalic position at a certain gestational age of 40 weeks+5 days to 41 weeks+0 days and no contraindications to expectant management until 42 weeks.
Exclusion criteria	Age of 16 weeks. Exclusion criteria for the study were age younger than 18 years, ruptured membranes or in labour, or both, non-reassuring fetal status (eg, no fetal movements, or abnormal fetal heart rate and/or expected intrauterine growth restriction), known fetal abnormalities (including abnormal karyotype) that could influence perinatal outcome, contraindications to induction (including previous

Keulen 2019	
11001011 2010	caesarean section), or contraindications to expectant management (eg, pregnancy induced hypertension).
Sample size  Baseline	Randomised N=1815; analysed N= 1801 41 weeks
characteristics	<ol> <li>Age - mean 30.6, SD 4.8 years</li> <li>Nulliparous - 457/900</li> <li>Bishop score &lt;6 at study entry - 670/900, missing 112</li> <li>BMI &lt;25 - 62%</li> <li>BMI 25-30 - 25.6%</li> <li>BMI &gt;/=30 - 9.9%</li> <li>IVF - NR</li> <li>Ethnicity - White - 86.6%</li> <li>Ethnicity - Other - 13.4%</li> </ol>
	42 weeks
	<ol> <li>Age - mean 30.2, SD 4.6 years</li> <li>Nulliparous - 511/901</li> <li>Bishop score &lt;6 at study entry - 659/901, missing 125</li> <li>BMI &lt;25 - 60.2%</li> <li>BMI 25-30 - 25.4%</li> <li>BMI &gt;/=30 - 13.0%</li> <li>IVF - NR</li> <li>Ethnicity - White - 85.1%</li> </ol>
	<ul><li>9. Ethnicity - Other - 14.9%</li><li>41 weeks: Women allocated to induction were scheduled for the procedure at 41</li></ul>
	weeks+0 days-41 weeks+1 day. All women were primed or induced, or both according to local protocols. Women with a Bishop score < 6 received cervical priming with prostaglandin E1 (misoprostol, oral or vaginal), prostaglandin E2 (dinoprostone), Foley catheter or double balloon catheter, or a combination of these until amniotomy could be performed. Amniotomy was followed by intravenous oxytocin if required.
Intervention(s)	42 weeks: expectant management awaited spontaneous onset of labour until 42 weeks+0 days in their initial care setting, with monitoring according to local protocol. Monitoring typically involved a combination of cardiotocography, and sonographic assessment of amniotic fluid in secondary care at 41- 42 weeks. Women in the expectant management group with ongoing pregnancies were scheduled for induction at 42 weeks+0 days in secondary care, following a similar induction protocol to the intervention group.
	In both groups, labour was induced if the maternal or fetal condition was no longer reassuring—for example, reduced fetal movements, non-optimal cardiotocography findings, or oligohydramnios. Labour was also induced if prelabour rupture of membranes had occurred more than 24 hours previously or meconium stained amniotic fluid was present
Timing of birth (as reported by study)	<ol> <li>GA at birth - median 287 days (IQR 287-288)</li> <li>Number induced - 640/900 per protocol, 43/900 induced later than 41+2 weeks</li> </ol>
	42 weeks
	1. GA at birth - median 289 days (IQR 287-292)

#### Keulen 2019

2. Number induced - 237/901 induced, 85/901 for post-term, 65/901 for medical reasons

#### Study arms

41 weeks (N = 900)

42 weeks (N = 901)

#### **Outcomes**

	41 weeks	42 weeks
	N = 900	N = 901
Maternal death/uterine rupture  Polarity: Not set		
No of events	n = 0	n = 0
Perinatal death Stillbirth and neonatal death postpartum Polarity: Not set		
No of events	n = 1	n = 2
C-section Polarity: Not set		
No of events	n = 97	n = 97
Vaginal operative birth Polarity: Not set		
No of events	n = 93	n = 108
Spontaneous/unassisted delivery Reported as vaginal spontaneous birth Polarity: Not set		
No of events	n = 710	n = 696
MAS Polarity: Not set		
No of events	n = 0	n = 2
	41 weeks	42 weeks
	N = 899	N = 899
NICU admission Polarity: Not set		
No of events	n = 3	n = 8

Section	Question	Answer
Selection bias	Random sequence generation	Low risk of bias (web-based programme using randomly permuted block sizes of 4 and 2, stratified by centre)
	Allocation concealment	Unclear risk of bias
Performance bias	Blinding of participants and personnel	High risk of bias (Unable to blind participants or personnel)

Keulen 2019		
Detection bias	Blinding of outcome assessment	Low risk of bias (Unable to blind outcomes, but unlikely to bias results due to objective nature)
Attrition bias	Incomplete outcome data	Low risk of bias
Reporting bias	Selective reporting	Low risk of bias (protocol checked)
Other sources of bias	Any other sources of bias	High risk of bias (Comparable at baseline except for distribution of nulliparous women, No block randomisation in unblinded trial)
Overall risk of bias and directness	Risk of bias variation across outcomes	No subjective outcomes reported
	Directness	Directly applicable

Table 16: Evidence tables – Leijon 1979

	•	
Leijon 1979		
Bibliographic Reference	Leijon, I.; Finnstrom, O.; Hedenskog, S.; Ryden, G.; Tylleskar, J.; Spontaneous labour and elective inductiona prospective randomized study. Behavioural assessment and neurological examination in the newborn period; Acta paediatrica Scandinavica; 1979; vol. 68 (no. 4); 553-60	
Study details		
Study type	Randomised controlled trial (RCT)	
Study location	Linkoping & Motala, Sweden	
Study setting	Departments of Paediatrics and Obstetrics and Gynaecology, University Hospital, Linkoping and the Women's Clinic, Central Hospital, Motala	
Study dates	Not reported	
Sources of funding	Not reported	
Duration of follow-up	Not applicable	
Inclusion criteria	1. Maternal age between 18 and 30 years for primiparae and 18 to 35 for multiparae. 2. The last menstrual period normal and known. Regular menstrual periods before the actual pregnancy. Women using hormonal contraceptives should have had at least three normal periods after completed medication. 3. Previous pregnancies and deliveries normal with birth weights between 3 000 and 4000 grams. 4. Normal symphysis-fundus distance and weight gain according to gravidogram. 5. The present pregnancy normal and the foetus in vertex presentation. 6. Normal pelvic outlet according to clinical examination.	
Exclusion criteria	If a pelvic score of at least 5 points for primiparae and at least 4 points for multiparae was found, the patient was invited to participate in the study	
Sample size	N=112 randomised, N=80 analysed	
Baseline characteristics	Age - mean 24.5, SD 4.0 years	

### Leijon 1979 Intervention 1. Nulliparity - 18/41 2. Bishop score - NR 3. BMI/weight - NR 4. Ethnicity - NR 5. IVF - NR Delayed intervention 1. Nulliparity - 18/39 2. Bishop score - NR 3. BMI/weight - NR 4. Ethnicity - NR 5. IVF - NR In group I deliveries were induced and in group 2 deliveries were allowed to start spontaneously. Group 1: The date of planned delivery was decided to +/-2 days from the date of expected delivery (40 weeks). On the morning of the day of planned delivery, amniotomy was performed through an amnioscope and a catheter for registration of Intervention(s) intraamniotic pressure was inserted. A scalp electrode was applied on the foetal head for registration of foetal heart frequency. Group 2: if pregnancy was prolonged more than 14 days from the date of estimated delivery (42 weeks), the delivery was induced according to the routine clinical indications in the departments. These patients belonged to the original group. Intervention Timing of birth (as reported by 1. GA at birth - mean 280, SD 1 days study) 2. Number induced - not reported Delayed intervention 1. GA at birth - mean 285, SD 4 days 2. Number induced - 3 for prolonged pregnancy Study arms 40 weeks (N = 41)42 weeks (N = 39)**Outcomes**

	40 weeks	42 weeks
	N = 41	N = 39
ım) birth		
	n = 1	n = 2

Section	Question	Answer
Selection bias	Random sequence generation	Unclear risk of bias

Leijon 1979		
	Allocation concealment	Unclear risk of bias
Performance bias	Blinding of participants and personnel	High risk of bias (Unable to blind participants or personnel)
Detection bias	Blinding of outcome assessment	Low risk of bias (Unable to blind outcomes, but unlikely to bias results due to objective nature)
Attrition bias	Incomplete outcome data	Low risk of bias
Reporting bias	Selective reporting	Unclear risk of bias
Other sources of bias	Any other sources of bias	Low risk of bias
Overall risk of bias and directness	Risk of bias variation across outcomes	No subjective outcomes reported
	Directness	Directly applicable

Table 17: Evidence tables - Nielsen 2005

abic ii. Eviacii	ce tables – Nielsen 2003	
Nielsen 2005		
Bibliographic Reference	Nielsen, P. E.; Howard, B. C.; Hill, C. C.; Larson, P. L.; Holland, R. H. B.; Smith, P. N.; Comparison of elective induction of labor with favorable Bishop scores versus expectant management: A randomized clinical trial; Journal of Maternal-Fetal and Neonatal Medicine; 2005; vol. 18 (no. 1); 59-64	
Study details		
Study type	Randomised controlled trial (RCT)	
Study location	Washington, USA	
Study setting	Madigan Army Medical Center, a regional tertiary care teaching center for the United States Armed Forces	
Study dates	September 1999 to December 2002	
Sources of funding	Not reported	
Duration of follow-up	None	
Inclusion criteria	Cephalic presentation, singleton gestation, maternal age of greater than 17 years, candidate for vaginal delivery and a semi-favourable cervical Bishop score defined as a score of 5 or greater in nulliparous or 4 or greater in multiparous patients, pregnancy dating criteria were required establishing the patient to be 39 weeks gestation or greater at the time of elective induction	
Exclusion criteria	Not reported	
Sample size	N = 226	
Baseline characteristics	<ol> <li>Age - mean 24.5, SD 4.3 years</li> <li>Nulliparous - 45/116</li> <li>Bishop score at randomisation - mean 6.5, SD 1.7</li> <li>Weight (lbs) - mean 180.7, SD 31.7</li> <li>Height (inches) - mean 64.8, SD 2.8</li> <li>IVF - NR</li> </ol>	

#### Nielsen 2005

- 7. Ethnicity White 78%
- 8. Ethnicity Black 8%
- 9. Ethnicity Hispanic 0%
- 10. Ethnicity Asian 6%
- 11. Ethnicity other 8%

#### 42 weeks

- 1. Age mean 24.5, SD 4.7 years
- 2. Nulliparous 58/110
- 3. Bishop score at randomisation mean 6.3, SD 1.4
- 4. Weight (lbs) mean 182.6, SD 28.6
- 5. Height (inches) mean 65.0, SD 2.6
- 6. IVF NR
- 7. Ethnicity White 85%
- 8. Ethnicity Black 8%
- 9. Ethnicity Hispanic 1%
- 10. Ethnicity Asian 5%
- 11. Ethnicity other 1%

#### Intervention(s)

Induction at 39 weeks: induction (IND) were scheduled within 1 week of randomization, but not prior to 39 weeks gestation (39+0 to 39+6 weeks). The method of induction included amniotomy, oxytocin or both. No prostaglandin cervical ripening agents or mechanical dilators were used.

Expectant management (induction at 41 weeks): Patients expectantly managed (EM) were scheduled for weekly follow-up appointments until 41 weeks gestation. Antepartum fetal testing (nonstress testing with amniotic fluid evaluation) was initiated twice weekly for all EM patients who reached 41 weeks gestation and all patients who reached 42 weeks gestation were induced. For induction or augmentation of labour, oxytocin was started at a rate 4 mIU/ min and increased 4 mIU/min every 15–30 min until an adequate contraction pattern was established

## Timing of birth (as reported by study)

Induction at 39 weeks

- 1. GA at birth mean 3.7, SD 2.8 days
- 2. Number induced 93/116

#### Induction at 42 weeks

- 1. GA at birth mean 8.3, SD 5.6 days
- 2. Number induced 10/110 (for medical reasons)

#### Study arms

39 weeks (N = 116)

42 weeks (N = 110)

#### **Outcomes**

	39 weeks	42 weeks
	N = 116	N = 110
C-section Polarity: Not set		
No of events	n = 8	n = 8
Operative vaginal birth Polarity: Not set		
No of events	n = 8	n = 9
Spontaneous/unassisted delivery Reported as SVD Polarity: Not set		

Nielsen 2005		
No of events	n = 100	n = 93
NICU admission Polarity: Not set		
No of events	n = 0	n = 0

Section	Question	Answer
Selection bias	Random sequence generation	Low risk of bias (computer generated list)
	Allocation concealment	Low risk of bias (sequentially numbered, opaque, sealed envelopes)
Performance bias	Blinding of participants and personnel	High risk of bias (Unable to blind participants or personnel)
Detection bias	Blinding of outcome assessment	Low risk of bias (Unable to blind outcomes, but unlikely to bias results due to objective nature)
Attrition bias	Incomplete outcome data	Low risk of bias
Reporting bias	Selective reporting	Unclear risk of bias (No protocol available to assess reporting of outcomes)
Other sources of bias	Any other sources of bias	Low risk of bias (Comparable at baseline, No block randomisation in unblinded trial)
Overall risk of bias and directness	Risk of bias variation across outcomes	No subjective outcomes reported
	Directness	Directly applicable

Table 18: - Evidence tables - Ohel 1996

Ohel 1996	
Bibliographic Reference	Ohel, G.; Rahav, D.; Rothbart, H.; Ruach, M.; Randomised trial of outpatient induction of labor with vaginal PGE2 at 40-41 weeks of gestation versus expectant management; Archives of gynecology and obstetrics; 1996; vol. 258 (no. 3); 109-12
Study details	
Study type	Randomised controlled trial (RCT)
Study location	Israel
Study setting	Department of Obstetrics and Gynecology, Poriya Hospital, Tiberias
Study dates	Not reported
Sources of funding	Not reported
Duration of follow-up	Not applicable
Inclusion criteria	Uncomplicated, singleton pregnancies (gestational age had always been verified by early sonography)

Exclusion criteria  Sample size  Baseline characteristics  1. Age - mean 28.9, SD 4.0 years 2. Nulliparous - NR 3. Bishop soore - mean 4.1, SD 1.6 4. BM/weight - NR 5. Ethnicity - NR 6. IVF - NR 7. Elhnicity - NR 6. IVF - NR 7. Elhnicity - NR 7.	Ohel 1996			
## Study arms  40 weeks  40 weeks  1. Age - mean 28.9, SD 4.0 years 2. Nulliparous - NR 3. Bishop score - mean 4.1, SD 1.6 4. BMI/weight - NR 5. Ethnicity - NR 6. IVF - NR 42 weeks  1. Age - mean 28.2, SD 5.3 years 2. Nulliparous - NR 3. Bishop score - mean 4.6, SD 1.6 4. BMI/weight - NR 5. Ethnicity - NR 6. IVF - NR 1. Milliparous - NR 7. Ethnicity - NR 7. Ethnicity - NR 8. Induction 40 weeks: Patients in the induction group had sonographic assessment of amniotic fluid volume, and a non stress (CTG) test. If the latter was normal, a 3 mg vaginal tablet of PGE 2 was inserted into the posterior vaginal formix. Patients were then send home and told to return for repeat testing and a further dose of PGE2 within 3 to 4 days.  Expectant management (42 weeks): The expectant group were seen twice a week and then had an inpatient induction of labour if they passed 42 completed weeks of gestation.  40 weeks  1. GA at birth - mean 40.2, SD 0.5 weeks 2. Days from randomisation to birth - mean 1.6 3. Number induced - NR  42 weeks  1. GA at birth - mean 40.9, SD 0.7 weeks 2. Days from randomisation to birth - mean 5.2 3. Number induced - NR  Study arms  40 weeks (N = 96)  42 weeks (N = 104)  Outcomes  40 weeks N = 70 N = 104		Not reported		
Baseline Characteristics  1. Age - mean 28.9, SD 4.0 years 2. Nulliparous - NR 3. Bishop score - mean 4.1, SD 1.6 4. BMI/weight - NR 5. Ethnicity - NR 6. IVF - NR 42 weeks  1. Age - mean 28.2, SD 5.3 years 2. Nulliparous - NR 3. Bishop score - mean 4.6, SD 1.6 4. BMI/weight - NR 5. Ethnicity - NR 6. IVF - NR 6. IVF - NR Induction 40 weeks: Patients in the induction group had sonographic assessment of amniotic fluid volume, and a non stress (CTG) test. If the latter was normal, a 3 mg vaginal tablet of PGE 2 was inserted into the posterior vaginal fornix. Patients were then send home and told to return for repeat testing and a further dose of PGE2 within 3 to 4 days.  Expectant management (42 weeks): The expectant group were seen twice a week and then had an inpatient induction of labour if they passed 42 completed weeks of gestation 40 weeks 2. Days from randomisation to birth - mean 1.6 3. Number induced - NR 42 weeks 1. GA at birth - mean 40.9, SD 0.7 weeks 2. Days from randomisation to birth - mean 5.2 3. Number induced - NR  Study arms  40 weeks (N = 96) 42 weeks (N = 104)  Outcomes  40 weeks N = 70 N = 104	Sample size			
4. BMI/weight - NR 5. Ethnicity - NR 6. IVF - NR 6. IVF - NR Induction 40 weeks: Patients in the induction group had sonographic assessment of amniotic fluid volume, and a non stress (CTG) test. If the latter was normal, a 3 mg vaginal tablet of PGE 2 was inserted into the posterior vaginal fornix. Patients were then send home and told to return for repeat testing and a further dose of PGE2 within 3 to 4 days.  Expectant management (42 weeks): The expectant group were seen twice a week and then had an inpatient induction of labour if they passed 42 completed weeks of gestation 40 weeks 1. GA at birth - mean 40.2, SD 0.5 weeks 2. Days from randomisation to birth - mean 1.6 3. Number induced - NR  42 weeks 1. GA at birth - mean 40.9, SD 0.7 weeks 2. Days from randomisation to birth - mean 5.2 3. Number induced - NR  Study arms 40 weeks (N = 96)  42 weeks (N = 104)  Outcomes  40 weeks N = 70 N = 104		<ol> <li>Age - mean 28.9, SD 4.0 years</li> <li>Nulliparous - NR</li> <li>Bishop score - mean 4.1, SD 1.6</li> <li>BMI/weight - NR</li> <li>Ethnicity - NR</li> <li>IVF - NR</li> <li>Age - mean 28.2, SD 5.3 years</li> </ol>		
Induction 40 weeks: Patients in the induction group had sonographic assessment of amniotic fluid volume, and a non stress (CTG) test. If the latter was normal, a 3 mg vaginal tablet of PGE 2 was inserted into the posterior vaginal fornix. Patients were then send home and told to return for repeat testing and a further dose of PGE2 within 3 to 4 days.  Expectant management (42 weeks): The expectant group were seen twice a week and then had an inpatient induction of labour if they passed 42 completed weeks of gestation  40 weeks  1. GA at birth - mean 40.2, SD 0.5 weeks 2. Days from randomisation to birth - mean 1.6 3. Number induced - NR  42 weeks  1. GA at birth - mean 40.9, SD 0.7 weeks 2. Days from randomisation to birth - mean 5.2 3. Number induced - NR  Study arms  40 weeks (N = 96)  42 weeks (N = 104)  Outcomes  40 weeks  N = 70  N = 104  C-section  Polarity: Not set		<ol> <li>BMI/weight</li> <li>Ethnicity - N</li> </ol>	- NR	
Timing of birth (as reported by study)  1. GA at birth - mean 40.2, SD 0.5 weeks 2. Days from randomisation to birth - mean 1.6 3. Number induced - NR  42 weeks  1. GA at birth - mean 40.9, SD 0.7 weeks 2. Days from randomisation to birth - mean 5.2 3. Number induced - NR  Study arms  40 weeks (N = 96)  42 weeks (N = 104)  Outcomes  40 weeks N = 104)  C-section Polarity: Not set	Intervention(s)	Induction 40 weeks: Patients in the induction group had sonographic assessment of amniotic fluid volume, and a non stress (CTG) test. If the latter was normal, a 3 mg vaginal tablet of PGE 2 was inserted into the posterior vaginal fornix. Patients were then send home and told to return for repeat testing and a further dose of PGE2 within 3 to 4 days.  Expectant management (42 weeks): The expectant group were seen twice a week and then had an inpatient induction of labour if they passed 42 completed weeks of		
40 weeks (N = 96)  42 weeks (N = 104)  Outcomes  40 weeks	(as reported by	<ol> <li>GA at birth - mean 40.2, SD 0.5 weeks</li> <li>Days from randomisation to birth - mean 1.6</li> <li>Number induced - NR</li> <li>GA at birth - mean 40.9, SD 0.7 weeks</li> <li>Days from randomisation to birth - mean 5.2</li> </ol>		
42 weeks (N = 104)  Outcomes  40 weeks  N = 70  C-section  Polarity: Not set	Study arms			
Outcomes           40 weeks         42 weeks           N = 70         N = 104           C-section Polarity: Not set         Polarity: Not set	40 weeks (N = 96			
40 weeks         42 weeks           N = 70         N = 104           C-section Polarity: Not set         Polarity: Not set	42 weeks (N = 10	4)		
N = 70  N = 104  C-section  Polarity: Not set	Outcomes			
C-section Polarity: Not set				
	Polarity: Not set			

Ohel 1996				
Risk of bias assessment				
Section	Question	Answer		
Selection bias	Random sequence generation	High risk of bias (allocated according to odd/even registration numbers)		
	Allocation concealment	High risk of bias (allocated according to odd/even registration numbers)		
Performance bias	Blinding of participants and personnel	High risk of bias (Unable to blind participants or personnel)		
Detection bias	Blinding of outcome assessment	Low risk of bias (Unable to blind outcomes, but unlikely to bias results due to objective nature)		
Attrition bias	Incomplete outcome data	Low risk of bias (exclusions in induction group explained, as the women withdrew (no wish to be induced))		
Reporting bias	Selective reporting	Unclear risk of bias		
Other sources of bias	Any other sources of bias	Low risk of bias (Comparable at baseline, No block randomisation in unblinded trial)		
Overall risk of bias and directness	Risk of bias variation across outcomes	No subjective outcomes reported		
	Directness	Directly applicable		

#### Table 19: Evidence tables - Wennerholm 2019

	ce tables – Weillieffloilli 2013		
Wennerholm 20	Wennerholm 2019		
Bibliographic Reference	Wennerholm, U. B.; Saltvedt, S.; Wessberg, A.; Alkmark, M.; Bergh, C.; Wendel, S. B.; Fadl, H.; Jonsson, M.; Ladfors, L.; Sengpiel, V.; Wesstrom, J.; Wennergren, G.; Wikstrom, A. K.; Elden, H.; Stephansson, O.; Hagberg, H.; Induction of labour at 41 weeks versus expectant management and induction of labour at 42 weeks (SWEdish Post-term Induction Study, SWEPIS): Multicentre, open label, randomised, superiority trial; The BMJ; 2019; vol. 367; l6131		
Study details			
Study type	Randomised controlled trial (RCT)		
Study location	Sweden		
Study setting	Fourteen hospitals with antenatal clinics linked to the register		
Study dates	May 2016 to October 2018		
Sources of funding	This study was supported by the Swedish state under the agreement between the Swedish government and the county councils		
Duration of follow-up	Not applicable		

#### Wennerholm 2019

## Inclusion criteria

Aged 18 or more, understood oral and written information, and had a singleton pregnancy with a fetus in cephalic presentation at 40 weeks+6 days to 41 weeks+1 day according to ultrasound based dating in the first or early second trimester or for pregnancies after assisted reproduction according to the day of oocyte retrieval.

## Exclusion criteria

Previous caesarean delivery or other uterine surgery, pregestational and insulin dependent gestational diabetes, hypertensive disorder of pregnancy, known oligohydramnios (amniotic fluid index <50 mm or deepest vertical pocket <20 mm) or small for gestational age fetus (estimated fetal weight  $\leq$ 2 standard deviations according to the sex and gestational age specific Swedish reference), diagnosed fetal malformation, contraindication to vaginal delivery, and any other maternal condition affecting the progress of the pregnancy to 42 weeks N = 2762

#### Sample size

Power calculation based on n=5019 per group, but study terminated early due to high perinatal death rate in expectant management group "On 2 October 2018 the Data and Safety Monitoring Board strongly recommended the SWEPIS steering committee to stop the study owing to a statistically significant higher perinatal mortality in the expectant management group. Although perinatal mortality was a secondary outcome, it was not considered ethical to continue the study"

## Baseline characteristics

#### 41 weeks

- 1. Age mean 31.2, SD 4.7 years
- 2. Age >/= 35 21.9%
- 3. Nulliparous 762/1381
- 4. Bishop score not reported
- 5. BMI at first antenatal visit mean 24.9, SD 4.7
- 6. BMI >/=30 12.3%
- 7. Assisted IVF/ICSI 4.9%
- 8. Subfertility 12.8%
- 9. Ethnicity NR

#### 42 weeks

- 1. Age mean 31.1, SD 4.5 years
- 2. Age >/= 35 20.2%
- 3. Nulliparous 753/1379
- 4. Bishop score not reported
- 5. BMI at first antenatal visit mean 25.1, SD 4.9
- 6. BMI >/=30 14.5%
- 7. Assisted IVF/ICSI 3.8%
- 8. Subfertility 12.2%

#### 9. Ethnicity - NR

#### Intervention(s)

In the induction group, labour was induced within 24 hours of randomisation (ie, same or next day) but not earlier than 41 weeks+0 days. In the expectant management group, labour was induced at 42 weeks+0 days to 42 weeks+1 day.

Induction of labour was carried out in the same way in both groups. At admission, the women were examined for blood pressure, proteinuria, fetal presentation by abdominal palpation, cervical status, and fetal wellbeing by cardiotocography. Amniotomy was performed if the fetal head was well engaged and the cervix was ripe (Bishop score ≥6 for primiparous women and ≥5 for multiparous women), followed by oxytocin infusion after 1-2 hours without spontaneous regular contractions. If the fetal head was not engaged or the cervix was less ripe, any of the following methods was used according to local routines: mechanical dilation with a Foley-like catheter, prostaglandin E1 (misoprostol, oral or vaginal), or prostaglandin E2 (dinoprostone, vaginal).

#### Wennerholm 2019

# Timing of birth (as reported by study)

41 weeks

- 1. GA at birth mean 288.8, SD 1.3 days
- 2. Number induced 1181/1381

#### 42 weeks

- 1. GA at birth mean 291.7, SD 2.7 days
- 2. Number induced 457/1379

#### Study arms

41 weeks (N = 1381)

42 weeks (N = 1379)

#### Outcomes

	41 weeks	42 weeks
	N = 1381	N = 1379
Maternal death/uterine rupture  Polarity: Not set		
No of events	n = 0	n = 0
Perinatal death Polarity: Not set		
No of events	n = 0	n = 6
Instrumental birth (assisted vaginal) Polarity: Not set		
No of events	n = 88	n = 91
Vaginal unassisted birth Polarity: Not set		
No of events	n = 1150	n = 1140
	41 weeks	42 weeks
	N = 1382	N = 1379
C-section Polarity: Not set	N = 1382	N = 1379
	N = 1382 n = 143	N = 1379 n = 148
Polarity: Not set		
Polarity: Not set	n = 143	n = 148
Polarity: Not set	n = 143 41 weeks	n = 148 <b>42 weeks</b>
Polarity: Not set  No of events  NICU admission	n = 143 41 weeks	n = 148 <b>42 weeks</b>
Polarity: Not set  No of events  NICU admission  Polarity: Not set	n = 143  41 weeks N = 1381	n = 148  42 weeks N = 1374
Polarity: Not set  No of events  NICU admission  Polarity: Not set  No of events  MAS	n = 143  41 weeks N = 1381	n = 148  42 weeks N = 1374
Polarity: Not set  No of events  NICU admission Polarity: Not set  No of events  MAS Polarity: Not set	n = 143 <b>41 weeks</b> N = 1381 n = 55	n = 148  42 weeks  N = 1374  n = 82

Section	Question	Answer
Selection bias	Random sequence generation	Low risk of bias (central randomisation by dynamic allocation to minimise imbalance)

Wennerholm 2019		
	Allocation concealment	Low risk of bias (access to randomisation used separate log-in to the pregnancy register)
Performance bias	Blinding of participants and personnel	High risk of bias (Unable to blind participants or personnel)
Detection bias	Blinding of outcome assessment	Low risk of bias (Unable to blind outcomes, but unlikely to bias results due to objective nature)
Attrition bias	Incomplete outcome data	Low risk of bias
Reporting bias	Selective reporting	Low risk of bias (protocol checked)
Other sources of bias	Any other sources of bias	Low risk of bias (Comparable at baseline, No block randomisation in unblinded trial)
Overall risk of bias and directness	Risk of bias variation across outcomes	No subjective outcomes reported
	Directness	Directly applicable

### Appendix E Forest plots

# Forest plots for review question: At what gestational age should induction of labour be offered if spontaneous labour does not ensue?

This section includes forest plots only for outcomes that are meta-analysed. Outcomes from single studies are not presented here; the quality assessment for such outcomes is provided in the GRADE profiles in appendix F.

### Comparison 4: 40 versus 42 weeks

### Important outcomes

Figure 2: Mode of birth: Caesarean

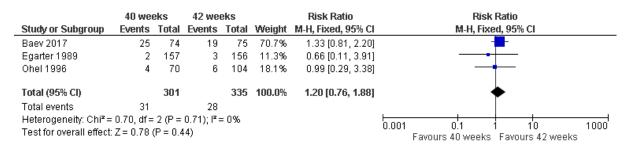


Figure 3: Mode of birth: Instrumental/operative vaginal

	40 we	eks	42 we	eks		Risk Ratio	Risk Ratio
Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Fixed, 95% CI	M-H, Fixed, 95% CI
Baev 2017	2	74	0	75	8.9%	5.07 [0.25, 103.78]	<del></del>
Egarter 1989	4	157	3	156	54.2%	1.32 [0.30, 5.82]	<del>-</del>
Leijon 1979	1	41	2	39	36.9%	0.48 [0.04, 5.04]	<del></del>
Total (95% CI)		272		270	100.0%	1.35 [0.46, 3.98]	•
Total events	7		5				
Heterogeneity: Chi²=	: 1.49, df=	2 (P =	0.48); l² :	= 0%			0.001 0.1 1 10 1000
Test for overall effect	Z = 0.54	(P = 0.6)	59)				Favours 40 weeks Favours 42 weeks

### Comparison 5: 41 versus 42 weeks

### **Critical outcomes**

Figure 4: Maternal death/uterine rupture

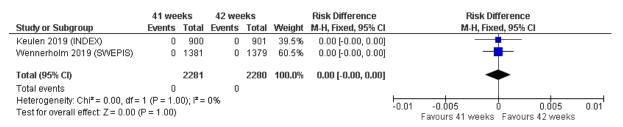


Figure 5: Perinatal death

	41 we	eks	42 we	42 weeks		Peto Odds Ratio	Peto Odds Ratio
Study or Subgroup	Events Total		Events	Total	Weight	Peto, Fixed, 95% CI	Peto, Fixed, 95% CI
Gelisen 2005	0	300	1	300	9.1%	0.14 [0.00, 6.82]	
Heimstad 2007	0	254	1	254	9.1%	0.14 [0.00, 6.82]	
Keulen 2019 (INDEX)	1	900	2	901	27.3%	0.51 [0.05, 4.94]	<del></del>
Wennerholm 2019 (SWEPIS)	0	1381	6	1379	54.5%	0.13 [0.03, 0.67]	
Total (95% CI)		2835		2834	100.0%	0.19 [0.06, 0.63]	•
Total events	1		10				
Heterogeneity: Chi² = 0.97, df =	3 (P = 0.8)	31); l² =	0%				0.001 0.1 1 10 1000
Test for overall effect: Z = 2.72 (	P = 0.007	)					Favours 41 weeks Favours 42 weeks

<sup>\*</sup>Wennerholm 2019 terminated early due to significantly higher perinatal mortality in delayed induction group

### Important outcomes

Figure 6: Mode of birth: Caesarean

	41 we	eks	42 we	42 weeks		Risk Ratio	Risk Ratio
Study or Subgroup	Events Total		Events	Total	Weight	M-H, Fixed, 95% CI	M-H, Fixed, 95% CI
Gelisen 2005	58	300	66	300	19.2%	0.88 [0.64, 1.20]	
Heimstad 2007	28	254	33	254	9.6%	0.85 [0.53, 1.36]	<del></del>
Keulen 2019 (INDEX)	97	900	97	901	28.2%	1.00 [0.77, 1.31]	<del>-</del>
Wennerholm 2019 (SWEPIS)	143	1382	148	1379	43.1%	0.96 [0.78, 1.20]	+
Total (95% CI)		2836		2834	100.0%	0.95 [0.82, 1.09]	•
Total events	326		344				
Heterogeneity: Chi² = 0.62, df =	3 (P = 0.8)	39); l² =	0%				1 1 1 1
Test for overall effect: Z = 0.75	(P = 0.45)						0.1 0.2 0.5 1 2 5 10 Favours 41 weeks Favours 42 weeks

Figure 7: Mode of birth: Instrumental/operative vaginal

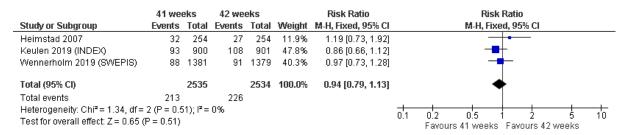


Figure 8: Mode of birth: Unassisted/spontaneous vaginal

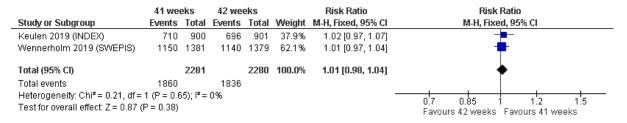


Figure 9: NICU admission

	41 we	eks	42 we	42 weeks		Risk Ratio	Risk Ratio
Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Fixed, 95% CI	M-H, Fixed, 95% CI
Gelisen 2005	13	300	15	300	12.2%	0.87 [0.42, 1.79]	-
Heimstad 2007	14	254	18	254	14.6%	0.78 [0.40, 1.53]	<del></del>
Keulen 2019 (INDEX)	3	899	8	899	6.5%	0.38 [0.10, 1.41]	
Wennerholm 2019 (SWEPIS)	55	1381	82	1374	66.7%	0.67 [0.48, 0.93]	<b>=</b>
Total (95% CI)		2834		2827	100.0%	0.69 [0.53, 0.90]	•
Total events	85		123				
Heterogeneity: Chi² = 1.35, df =	3 (P = 0.7)	72); l <sup>z</sup> =	0%				1000 4000 4000 H
Test for overall effect: Z = 2.71	(P = 0.007)	")					0.001 0.1 1 10 1000 Favours 41 weeks Favours 42 weeks

Figure 10: Meconium aspiration syndrome

	41 we	eks	42 we	eks		Peto Odds Ratio	Peto Odds Ratio
Study or Subgroup	Events	Total	Events	Total	Weight	Peto, Fixed, 95% CI	Peto, Fixed, 95% CI
Gelisen 2005	5	300	12	300	46.9%	0.43 [0.16, 1.12]	
Heimstad 2007	7	254	5	254	33.3%	1.41 [0.45, 4.41]	<del>-</del>
Keulen 2019 (INDEX)	0	900	2	901	5.7%	0.14 [0.01, 2.17]	<del></del>
Wennerholm 2019 (SWEPIS)	2	1381	3	1374	14.2%	0.67 [0.12, 3.85]	
Total (95% CI)		2835		2829	100.0%	0.63 [0.33, 1.23]	•
Total events	14		22				
Heterogeneity: Chi² = 3.69, df =	3 (P = 0.3)	30); I²=	19%				0.001 0.1 1 10 1000
Test for overall effect: $Z = 1.35$ (	(P = 0.18)						0.001 0.1 1 10 1000 Favours 41 weeks Favours 42 weeks

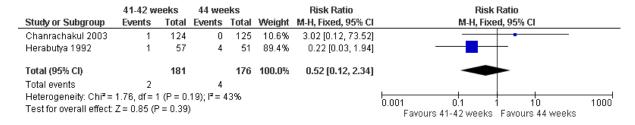
### Comparison 6: 41-42 versus 44 weeks

### Important outcomes

Figure 11: Mode of birth: Caesarean

	41-42 w	eeks	44 we	eks		Risk Ratio	Risk Ratio
Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Fixed, 95% CI	M-H, Fixed, 95% CI
Chanrachakul 2003	33	124	27	125	51.5%	1.23 [0.79, 1.92]	-
Herabutya 1992	27	57	24	51	48.5%	1.01 [0.68, 1.50]	+
Total (95% CI)		181		176	100.0%	1.12 [0.83, 1.52]	<b>*</b>
Total events	60		51				
Heterogeneity: Chi²=1	0.46, df = 1	1 (P = 0.	.50); $I^2 = 0$	0%			0.01 0.1 1 10 100
Test for overall effect:	Z = 0.75 (F	P = 0.45	)				Favours 41-42 weeks Favours 44 weeks

Figure 12: NICU admission



### Comparison 7: 42 versus 43 weeks

### **Critical outcomes**

Figure 13: Perinatal death

	42 we	43 we	43 weeks		Peto Odds Ratio	Peto Odds Ratio	
Study or Subgroup	Events	Total	Events	Total	Weight	Peto, Fixed, 95% CI	Peto, Fixed, 95% CI
Augensen 1987	0	214	0	195		Not estimable	
Bergsjo 1989	1	94	2	94	100.0%	0.51 [0.05, 4.96]	
Total (95% CI)		308		289	100.0%	0.51 [0.05, 4.96]	
Total events	1		2				
Heterogeneity: Not a	pplicable						0.001 0.1 1 10 1000
Test for overall effect	Z = 0.58	(P = 0.5)	56)				Favours 42 weeks Favours 43 weeks

### Important outcomes

Figure 14: Mode of birth: Caesarean

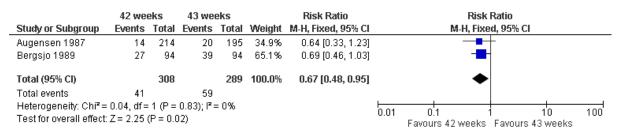
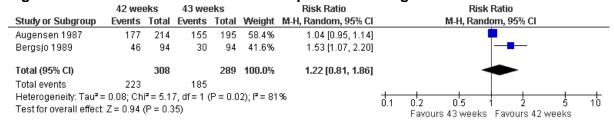


Figure 15: Mode of birth: Instrumental/operative vaginal



Figure 16: Mode of birth: Unassisted/spontaneous vaginal



## Appendix F GRADE tables

GRADE tables for review question: At what gestational age should induction of labour be offered if spontaneous labour does not ensue?

Table 20: Comparison 1: 39 versus 40-42 weeks

			0.000 10 12 11									
Quality ass	essment						No of patie	nts	Effect			
No of studies	Design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	39 weeks	40-42 weeks	Relative (95% CI)	Absolute	Quality	Importance
Maternal m	ortality/mork	oidity: death/ut	terine rupture									
1 (Grobman 2018)	randomis ed trials	no serious risk of bias <sup>1</sup>	no serious inconsistency	no serious indirectness	no serious imprecision <sup>2</sup>	none	0/3059 (0%)	0/3037 (0%)	RD 0.00 (0 to 0)	0 more per 1000 (from 0 more to 0 more) <sup>3</sup>	HIGH	CRITICAL
Perinatal m	ortality											
1 (Grobman 2018)	randomis ed trials	no serious risk of bias <sup>1</sup>	no serious inconsistency	no serious indirectness	very serious <sup>4</sup>	none	2/3059 (0.07%)	3/3037 (0.1%)	POR 0.67 (0.12 to 3.84) <sup>5</sup>	0 fewer per 1000 (from 1 fewer to 3 more)	LOW	CRITICAL
Mode of bir	th: Caesarea	an										
1 (Grobman 2018)	randomis ed trials	serious <sup>6</sup>	no serious inconsistency	no serious indirectness	serious <sup>7</sup>	none	569/3059 (18.6%)	674/3037 (22.2%)	RR 0.84 (0.76 to 0.93)	36 fewer per 1000 (from 16 fewer to 53 fewer)	LOW	IMPORTANT
Mode of bir	th: Instrume	ntal/operative	vaginal									
1 (Grobman 2018)	randomis ed trials	serious <sup>6</sup>	no serious inconsistency	no serious indirectness	serious <sup>7</sup>	none	222/3059 (7.3%)	258/3037 (8.5%)	RR 0.85 (0.72 to 1.01)	13 fewer per 1000 (from 24 fewer to 1 more)	LOW	IMPORTANT
Maternal sa	itisfaction (e	xperience of b	oirth) (follow-up 6-9	6 hours post-deli	ivery; measured	d with: Labor Agen	try Scale; ran	ge of scores:	29-203; Bette	er indicated b	y higher va	lues)
1 (Grobman 2018)	randomis ed trials	serious <sup>6</sup>	no serious inconsistency	no serious indirectness	no serious imprecision <sup>2</sup>	none	N=2932	N=2876	-	Median 4 higher, p<0.001	MODER ATE	IMPORTANT

Quality ass	essment						No of patier	nts	Effect			
No of studies	Design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	39 weeks	40-42 weeks	Relative (95% CI)	Absolute	Quality	Importance
							Median 168 IQR [148-183]	Median 164 IQR [143-181]				
Maternal sa	itisfaction (e	xperience of b	oirth) (follow-up 4-8	weeks; measure	ed with: Labor A	gentry Scale; rang	e of scores: 2	29-203; Bette	r indicated by	higher value	es)	
1 (Grobman 2018)	randomis ed trials	serious <sup>6</sup>	no serious inconsistency	no serious indirectness	no serious imprecision <sup>2</sup>	none	N=2710 Median 176 IQR [157-189]	N=2650 Median 174 IQR [154-188]	-	Median 2 higher, p=0.01	MODER ATE	IMPORTANT
NICU admis	ssion											
1 (Grobman 2018)	randomis ed trials	serious <sup>7</sup>	no serious inconsistency	no serious indirectness	serious <sup>7</sup>	none	358/3059 (11.7%)	394/3037 (13%)	RR 0.9 (0.79 to 1.03)	13 fewer per 1000 (from 27 fewer to 4 more)	LOW	IMPORTANT
Neonatal m	orbidity - MA	AS										
1 (Grobman 2018)	randomis ed trials	no serious risk of bias <sup>8</sup>	no serious inconsistency	no serious indirectness	serious <sup>7</sup>	none	17/3059 (0.56%)	26/3037 (0.86%)	POR 0.65 (0.36 to 1.19) <sup>5</sup>	3 fewer per 1000 (from 5 fewer to 2 more)	MODER ATE	IMPORTANT
Neonatal m	orbidity - HII	E										
1 (Grobman 2018)	randomis ed trials	no serious risk of bias <sup>8</sup>	no serious inconsistency	no serious indirectness	very serious <sup>4</sup>	none	14/3059 (0.46%)	20/3037 (0.66%)	POR 0.70 (0.35 to 1.37)5	2 fewer per 1000 (from 4 fewer to 2 more)	LOW	IMPORTANT
Sample size > bsolute effect 5%Cl crosse Peto OR due High ROB in	>500 et calculated f es two MID bo to low events one domain (	from risk differe oundaries (0.8 t s (<1% per arm)	nce as zero cases i to 1.25) ) participants or pers	n both groups	ed unlikely to aff	ect outcome (death)						

Table 21: Comparison 2: 39 versus 42 weeks

Quality as	sessment						No of patients		Effect			
No of studies	Design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	39 weeks	42 weeks	Relative (95% CI)	Absolute	Quality	Importance
Mode of b	irth: Caesare	an										
1 (Nielsen 2005)	randomis ed trials	serious <sup>1</sup>	no serious inconsistency	no serious indirectness	very serious <sup>2</sup>	none	8/116 (6.9%)	8/110 (7.3%)	RR 0.95 (0.37 to 2.44)	4 fewer per 1000 (from 46 fewer to 105 more)	VERY LOW	IMPORTANT
Mode of b	irth: Instrum	ental/opera	tive vaginal									
1 (Nielsen 2005)	randomis ed trials	serious <sup>1</sup>	no serious inconsistency	no serious indirectness	very serious <sup>2</sup>	none	8/116 (6.9%)	9/110 (8.2%)	RR 0.84 (0.34 to 2.11)	13 fewer per 1000 (from 54 fewer to 91 more)	VERY LOW	IMPORTANT
Mode of b	irth: Unassis	ted/sponta	neous vaginal									
1 (Nielsen 2005)	randomis ed trials	serious <sup>1</sup>	no serious inconsistency	no serious indirectness	no serious imprecision	none	100/116 (86.2%)	93/110 (84.5%)	RR 1.02 (0.92 to 1.14)	17 more per 1000 (from 68 fewer to 118 more)	MODER ATE	IMPORTANT
NICU adm	ission											
1 (Nielsen 2005)	randomis ed trials	serious <sup>1</sup>	no serious inconsistency	no serious indirectness	very serious <sup>3</sup>	none	0/116 (0%)	0/110 (0%)	RD 0.00 (- 0.02 to 0.02)	0 more per 1000 (from 20 fewer to 20 more) <sup>4</sup>	VERY LOW	IMPORTANT

High ROB in one domain (unable to blind participants and personnel)
 95%CI crosses two MID boundaries (0.8 to 1.25)
 Sample size <300</li>
 absolute effect calculated from risk difference as zero cases in both groups

Table 22: Comparison 3: 39-40 versus 41 weeks

Quality as	ssessment						No of patients		Effect			
No of studies	Design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	39-40 weeks	41 weeks	Relative (95% CI)	Absolute	Quality	Importance
Perinatal	mortality											
1 (Cole 1975)	randomise d trials	no serious risk of bias <sup>1</sup>	no serious inconsistency	no serious indirectness	very serious <sup>2</sup>	none	0/111 (0%)	1/117 (0.85%)	POR 0.14 (0.00 to 7.19) <sup>3</sup>	7 fewer per 1000 (from 9 fewer to 50 more)	LOW	CRITICAL
Mode of b	oirth: Caesare	an										
1 (Cole 1975)	randomise d trials	very serious <sup>1</sup>	no serious inconsistency	no serious indirectness	very serious <sup>2</sup>	none	5/111 (4.5%)	9/117 (7.7%)	RR 0.59 (0.2 to 1.69)	32 fewer per 1000 (from 62 fewer to 53 more)	VERY LOW	IMPORTAN'
Mode of b	oirth: Instrume	ental/opera	tive vaginal									
1 (Cole 1975)	randomise d trials	very serious <sup>1</sup>	no serious inconsistency	no serious indirectness	very serious <sup>2</sup>	none	34/111 (30.6%)	26/117 (22.2%)	RR 1.38 (0.89 to 2.14)	84 more per 1000 (from 24 fewer to 253 more)	VERY LOW	IMPORTAN'
Mode of b	oirth: Unassis	ted/sponta	neous vaginal									
1 (Cole 1975)	randomise d trials	very serious <sup>1</sup>	no serious inconsistency	no serious indirectness	serious <sup>4</sup>	none	72/111 (64.9%)	82/117 (70.1%)	RR 0.93 (0.77 to 1.11)	49 fewer per 1000 (from 161 fewer to 77 more)	VERY LOW	IMPORTAN <sup>-</sup>

<sup>1</sup> High ROB in one domain (unable to blind participants and personnel) and unclear randomisation (sequence generation and allocation concealment), deemed unlikely to affect some outcomes (death), likely to affect others

2 95%Cl crosses two MID boundaries (0.8 to 1.25)

3 Peto OR due to low events (<1% in both arms)

4 95%Cl crosses one MID boundary (0.8 to 1.25)

Table 23: Comparison 4: 40 versus 42 weeks

Quality as	ssessment						No of pat	ients	Effect			
No of studies	Design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	40 weeks	42 weeks	Relative (95% CI)	Absolute	Quality	Importance
Perinatal	mortality											
1 (Egarter 1989)	randomise d trials	no serious risk of bias <sup>1</sup>	no serious inconsistency	no serious indirectness	very serious <sup>2</sup>	none	0/157 (0%)	1/156 (0.64%)	POR 0.13 (0.00 to 6.78) <sup>3</sup>	6 fewer per 1000 (from 6 fewer to 35 more)	LOW	CRITICAL
Mode of birth: Caesarean												
3 (Baev 2017, Egarter 1989, Ohel 1996)	randomise d trials	very serious <sup>4</sup>	no serious inconsistency <sup>5</sup>	no serious indirectness	very serious <sup>2</sup>	none	31/301 (10.3%)	28/335 (8.4%)	RR 1.2 (0.76 to 1.88)	17 more per 1000 (from 20 fewer to 74 more)	VERY LOW	IMPORTANT
Mode of b	oirth: Instrum	ental/opera	tive vaginal									
3 (Baev 2017, Egarter 1989, Leijon 1979)	randomise d trials	very serious <sup>4</sup>	no serious inconsistency <sup>5</sup>	no serious indirectness	very serious <sup>2</sup>	none	7/272 (2.6%)	5/270 (1.9%)	RR 1.35 (0.46 to 3.98)	6 more per 1000 (from 10 fewer to 55 more)	VERY LOW	IMPORTANT
NICU adm	nission											
1 (Baev 2017)	randomise d trials	serious <sup>6</sup>	no serious inconsistency	no serious indirectness	very serious <sup>2</sup>	none	4/74 (5.4%)	3/75 (4%)	RR 1.35 (0.31 to 5.83)	14 more per 1000 (from 28 fewer to 193 more)	VERY LOW	IMPORTANT

<sup>&</sup>lt;sup>1</sup> High ROB in one domain (unable to blind participants and personnel) and unclear in multiple domains, though deemed unlikely to affect outcome (death) <sup>2</sup> 95%Cl crosses two MID boundaries (0.8 to 1.25) <sup>3</sup> Peto OR due to low event rate (<1% per arm) <sup>4</sup> High ROB in at least one domain in all studies (unable to blind patients and personnel) and unclear or high ROB in other domains in each study

<sup>&</sup>lt;sup>5</sup> i2=0%

<sup>&</sup>lt;sup>6</sup> High ROB in one domain (unable to blind participants and personnel), unclear in one other domain (selective reporting)

Table 24: Comparison 5: 41 versus 42 weeks

Quality as	ssessment						No of pa	atients	Effect			
No of studies	Design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	41 weeks	42 weeks	Relative (95% CI)	Absolute	Quality	Importance
Maternal	death/uterine	rupture										
2 (Keulen 2019, Wenner holm 2019)	randomise d trials	no serious risk of bias <sup>1</sup>	no serious inconsistency <sup>2</sup>	no serious indirectness	no serious imprecision <sup>3</sup>	none	0/2281 (0%)	0/2280 (0%)	RD 0.00 (0 to 0)	0 more per 1000 (from 0 more to 0 more) <sup>4</sup>	HIGH	CRITICAL
Perinatal	death											
4 (Gelisen 2005, Heimsta d 2007, Keulen 2019, Wenner holm 2019)	randomise d trials	no serious risk of bias <sup>1</sup>	no serious inconsistency <sup>2</sup>	no serious indirectness	no serious imprecision	none	1/2835 (0.04 %)	10/2834 (0.35%)	POR 0.19 (0.06 to 0.63) <sup>5</sup>	3 fewer per 1000 (from 1 fewer to 3 fewer)	HIGH	CRITICAL
Mode of I	oirth: Caesare	an										
4 (Gelisen 2005, Heimsta d 2007, Keulen 2019, Wenner holm 2019)	randomise d trials	very serious <sup>6</sup>	no serious inconsistency <sup>2</sup>	no serious indirectness	no serious imprecision	none	326/28 36 (11.5 %)	344/283 4 (12.1%)	RR 0.95 (0.82 to 1.09)	6 fewer per 1000 (from 22 fewer to 11 more)	LOW	IMPORTAN
Mode of I	birth: Instrum	ental/operative va	aginal									
3 (Heimst ad 2007, Keulen 2019, Wenner holm 2019)	randomise d trials	very serious <sup>6</sup>	no serious inconsistency <sup>2</sup>	no serious indirectness	serious <sup>7</sup>	none	213/25 35 (8.4%)	226/253 4 (8.9%)	RR 0.94 (0.79 to 1.13)	5 fewer per 1000 (from 19 fewer to 12 more)	VERY LOW	IMPORTAN

Quality as	ssessment						No of pa	atients	Effect			
No of studies	Design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	41 weeks	42 weeks	Relative (95% CI)	Absolute	Quality	Importance
2 (Keulen 2019, Wenner holm 2019)	randomise d trials	serious <sup>8</sup>	no serious inconsistency <sup>2</sup>	no serious indirectness	no serious imprecision	none	1860/2 281 (81.5 %)	1836/22 80 (80.5%)	RR 1.01 (0.98 to 1.04)	8 more per 1000 (from 16 fewer to 32 more)	MODER ATE	IMPORTANT
NICU adm	nission											
4 (Gelisen 2005, Heimsta d 2007, Keulen 2019, Wenner holm 2019)	randomise d trials	very serious <sup>9</sup>	no serious inconsistency <sup>2</sup>	no serious indirectness	serious <sup>7</sup>	none	85/283 4 (3%)	123/282 7 (4.4%)	RR 0.69 (0.53 to 0.9)	13 fewer per 1000 (from 4 fewer to 20 fewer)	VERY LOW	IMPORTANT
Neonatal	morbidity: MA	AS										
4 (Gelisen 2005, Heimsta d 2007, Keulen 2019, Wenner holm 2019)	randomise d trials	no serious risk of bias <sup>10</sup>	no serious inconsistency <sup>11</sup>	no serious indirectness	serious <sup>7</sup>	none	14/283 5 (0.49 %)	22/2829 (0.78%)	POR 0.63 (0.33 to 1.23) <sup>5</sup>	3 fewer per 1000 (from 5 fewer to 2 more)	MODER ATE	IMPORTANT
Neonatal	morbidity: HI	E (grade 1-3)										
1 (Wenner holm 2019)	randomise d trials	no serious risk of bias <sup>10</sup>	no serious inconsistency	no serious indirectness	very serious <sup>12</sup>	none	2/1381 (0.14 %)	3/1374 (0.22%)	POR 0.67 (0.12 to 3.85) <sup>5</sup>	1 fewer per 1000 (from 2 fewer to 6 more)	LOW	IMPORTANT

<sup>&</sup>lt;sup>1</sup> High ROB in one domain in all studies (unable to blind participants and personnel) and high or unclear ROB in one or more other domains, but deemed unlikely to affect outcome (death)

² i2=0%

<sup>&</sup>lt;sup>3</sup> Sample size >500

<sup>&</sup>lt;sup>4</sup> Absolute effect calculated from risk difference as zero cases in both groups

<sup>&</sup>lt;sup>5</sup> Peto OR due to low event rate (<1% per arm)
<sup>6</sup> High ROB in one domain in all studies (unable to blind participants or personnel) and high or unclear ROB in one or more other domains per study
<sup>7</sup> 95%Cl crosses one MID boundary (0.8 to 1.25)

Table 25: Comparison 6: 41-42 versus 44 weeks

	,											
Quality asses	sment						No of pat	ients	Effect			
No of studies	Design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	41-42 weeks	44 weeks	Relative (95% CI)	Absolute	Quality	Importance
Perinatal dea	th											
1 (Herabutya 1992)	randomise d trials	no serious risk of bias <sup>1</sup>	no serious inconsistency	no serious indirectness	very serious <sup>2</sup>	none	0/57 (0%)	1/51 (2%)	POR 0.12 (0.00 to 6.10) <sup>3</sup>	17 fewer per 1000 (from 20 fewer to 89 more)	LOW	CRITICAL
Mode of birth	: Caesarean											
2 (Chanrachak ul 2003, Herabutya 1992)	randomise d trials	very serious <sup>4</sup>	no serious inconsistency <sup>5</sup>	no serious indirectness	serious <sup>6</sup>	none	60/181 (33.1%)	51/176 (29%)	RR 1.12 (0.83 to 1.52)	35 more per 1000 (from 49 fewer to 151 more)	VERY LOW	IMPORTANT
Mode of birth	: Instrumenta	I/operative vag	inal								1	
1 (Herabutya 1992)	randomise d trials	serious <sup>7</sup>	no serious inconsistency	no serious indirectness	very serious <sup>2</sup>	none	11/57 (19.3%)	9/51 (17.6%)	RR 1.09 (0.49 to 2.42)	16 more per 1000 (from 90 fewer to 251 more)	VERY LOW	IMPORTANT
Mode of birth	: Unassisted/	spontaneous v	aginal									
1 (Herabutya 1992)	randomise d trials	serious <sup>7</sup>	no serious inconsistency	no serious indirectness	very serious <sup>2</sup>	none	19/57 (33.3%)	18/51 (35.3%)	RR 0.94 (0.56 to 1.59)	21 fewer per 1000 (from 155 fewer to 208 more)	VERY LOW	IMPORTANT
NICU admissi	on											
2 (Chanrachak ul 2003, Herabutya 1992)	randomise d trials	very serious <sup>4</sup>	no serious inconsistency <sup>8</sup>	no serious indirectness	very serious <sup>2</sup>	none	2/181 (1.1%)	4/176 (2.3%)	RR 0.52 (0.12 to 2.34)	11 fewer per 1000 (from 20 fewer to 30 more)	VERY LOW	IMPORTANT

<sup>&</sup>lt;sup>1</sup> High ROB in one domain (unable to blind participants and personnel) and unclear in multiple domains, but deemed unlikely to affect outcome (death)

B High ROB in one domain in all studies (unable to blind participants and personnel) and high or unclear in one other domain
 High ROB in one domain in all studies (unable to blind participants and personnel) and high or unclear ROB in one or more other domains
 High ROB in one domain (unable to blind participants and personnel), but deemed unlikely to affect this outcome (neonatal morbidity)

<sup>&</sup>lt;sup>11</sup> i2=19% (POR)

<sup>&</sup>lt;sup>12</sup> 95%Cl crosses two MID boundaries (0.8 to 1.25)

<sup>&</sup>lt;sup>2</sup> 95%Cl crosses two MID boundaries (0.8 to 1.25)

Table 26: Comparison 7: 42 v 43 weeks

Quality asses	ssment						No of pati	ents	Effect			
No of studies	Design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	42 weeks	43 weeks	Relative (95% CI)	Absolute	Quality	Importance
Perinatal dea	ath											
2 (Augensen 1987, Bergsjo 1989)	randomis ed trials	no serious risk of bias <sup>1</sup>	no serious inconsistency <sup>2</sup>	no serious indirectness	very serious <sup>3</sup>	none	1/308 (0.32%)	2/289 (0.69%)	POR 0.51 (0.05 to 4.96) <sup>4</sup>	3 fewer per 1000 (from 7 fewer to 26 more)	LOW	CRITICAL
Mode of birth	n: Caesareaı	1										
2 (Augensen 1987, Bergsjo 1989)	randomis ed trials	serious <sup>5</sup>	no serious inconsistency <sup>2</sup>	no serious indirectness	serious <sup>6</sup>	none	41/308 (13.3%)	59/289 (20.4%)	RR 0.67 (0.48 to 0.95)	67 fewer per 1000 (from 10 fewer to 106 fewer)	LOW	IMPORTANT
Mode of birth	n: Instrumen	tal/operative va	iginal									
2 (Augensen 1987, Bergsjo 1989)	randomis ed trials	serious <sup>5</sup>	no serious inconsistency <sup>2</sup>	no serious indirectness	very serious <sup>3</sup>	none	43/308 (14%)	44/289 (15.2%)	RR 0.94 (0.64 to 1.37)	9 fewer per 1000 (from 55 fewer to 56 more)	VERY LOW	IMPORTANT
Unassisted/s	pontaneous	vaginal										
2 (Augensen 1987, Bergsjo 1989)	randomis ed trials	serious <sup>5</sup>	very serious <sup>7</sup>	no serious indirectness	serious <sup>6</sup>	none	223/308 (72.4%)	185/289 (64%)	RR 1.22 (0.81 to 1.86) <sup>7</sup>	141 more per 1000 (from 122 fewer to 551 more)	VERY LOW	IMPORTANT
NICU admiss	sion											
1 (Augensen 1987)	randomis ed trials	serious <sup>8</sup>	no serious inconsistency	no serious indirectness	very serious <sup>3</sup>	none	12/214 (5.6%)	15/195 (7.7%)	RR 0.73 (0.35 to 1.52)	21 fewer per 1000 (from 50 fewer to 40 more)	VERY LOW	IMPORTANT

<sup>&</sup>lt;sup>3</sup> Peto OR due to low event rate

<sup>&</sup>lt;sup>4</sup> High ROB in one domain in each study (unable to blind participants and personnel) and unclear across multiple domains in each study

<sup>&</sup>lt;sup>5</sup> i2=0%

 <sup>&</sup>lt;sup>6</sup> 95%Cl crosses one MID boundary (0.8 to 1.25)
 <sup>7</sup> High ROB in one domain (unable to blind participants or personnel) and unclear in multiple domains

Quality assessment No of patients							ents	Effect				
No of studies	Design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	42 weeks	43 weeks	Relative (95% CI)	Absolute	Quality	Importance
1 (Bergsjo 1989)	randomis ed trials	no serious risk of bias <sup>9</sup>	no serious inconsistency	no serious indirectness	very serious <sup>3</sup>	none	4/94 (4.3%)	8/94 (8.5%)	RR 0.5 (0.16 to 1.6)	43 fewer per 1000 (from 71 fewer to 51 more)	LOW	IMPORTANT

<sup>1</sup> High ROB in one domain in each study (unable to blind participants and personnel) and unclear in at least one other domain per study, but deemed unlikely to affect outcome (death)

<sup>&</sup>lt;sup>2</sup> i2=0%

<sup>&</sup>lt;sup>3</sup> 95%CI crosses two MID boundaries (0.8 to 1.25)

<sup>&</sup>lt;sup>4</sup> Peto OR due to low event rate (<1% in both arms)

<sup>&</sup>lt;sup>5</sup> High ROB in one domain in each study (unable to blind participants and personnel) and unclear in at least one other domain per study

<sup>6 95%</sup>CI crossed one MID boundary (0.8 to 1.25)

<sup>&</sup>lt;sup>7</sup> i2=81% (random effects model)

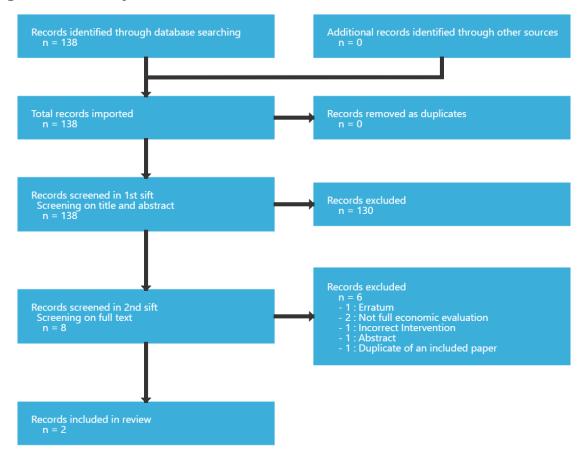
<sup>&</sup>lt;sup>8</sup> High ROB in one domain (unable to blind participants or personnel) and unclear in one domain (selective reporting)

<sup>9</sup> High ROB in one domain (unable to blind participants and personnel) and unclear in multiple domain, but deemed unlikely to affect outcome (neonatal morbidity)

### Appendix G Economic evidence study selection

Study selection for: At what gestational age should induction of labour be offered if spontaneous labour does not ensue?

Figure 17: Study selection flow chart



### **Appendix H** Economic evidence tables

Economic evidence tables for review question: At what gestational age should induction of labour be offered if spontaneous labour does not ensue?

Table 27: Economic evidence tables for induction of labour if spontaneous labour does not ensue

Study details	Treatment strategies	Study population, design and data sources	Results	Comments
Author & year: Caughey et al. 2009 Country: United States Type of economic analysis: CUA Source of funding: The report was sponsored by the Agency for Healthcare Research and Quality The authors state that they do not have any affiliations or financial involves that conflict with the material presented in the report.	Intervention in detail:  loL at 39 weeks  loL at 40 weeks  loL at 41 weeks  Comparator in detail:  .  EM of labour – this was usually for an additional week with loL at the end of that period although the model that considered loL at 39 weeks was compared to EM till 40 weeks and EM till 41 weeks	Population characteristics:  Nulliparous women with low risk, singleton, cephalic gestations  Modelling approach:  Decision analytic model using TreeAgePro 2007 software (TreeAge Software, Inc, Williamstown, MA)  Source of base-line and effectiveness data:  A mixture of published literature and the US Birth Cohort 2003  Source of cost data:  Published literature  Source of QoL data:	IoL 41 weeks v EM until 42 weeks  Mean cost per patient  EM: \$9,770  IoL: \$10,139  Difference: \$368  Mean QALYs per patient:  EM: 56.876 QALYs  IoL: 56.910 QALYs  Difference: 0.033 QALYs  ICER:  \$10,789 per QALY  Subgroup analysis:  Not conducted.  Deterministic sensitivity analysis:  Sensitivity analysis was undertaken on the caesarean birth rate and the ICER was \$26,450 when a 22% higher caesarean birth rate with IoL	Perspective: Societal Currency: USD (\$) Cost year: 2007 Time horizon: Lifetime for QALYs Discounting: 3% for QALYs but no discounting of costs which occur around the time of the intervention. Applicability: The study was deemed to be only

Study details	Treatment strategies	Study population, design and data sources	Results	Comments
			was assumed (the "worst case" for loL)  Additional sensitivity/threshold analyses were undertaken and the authors report that "the model was slightly more sensitive to changes in cost inputs"  Probabilistic sensitivity analysis:  PSA suggested there was an approximate 80% probability that loL was cost-effective at a cost-effectiveness threshold of \$25,000 per QALY (≈£20,000 per QALY).  IoL 40 weeks v EM until 41 weeks  Mean cost per patient  EM: \$9,760  IoL: \$10,030  Difference: \$269  Mean QALYs per patient:  EM: 56.889 QALYs  IoL: 56.916 QALYs  Difference: 0.027 QALYs  ICER:  \$9,932 per QALY  Subgroup analysis:	partially applicable to the UK because it was based on fairly dated US costs  Limitations:  The study is quite dated and model probabilities are therefore not based on a systematic review of the most recent evidence. The method to identify unit costs from the published literature is not described. NICU admission is not included as an outcome even though it is reported in studies and included in the systematic review undertaken for this guideline. Therefore, this study is considered to have potentially serious limitations.  Other comments:  It is stated that the analysis takes a societal perspective

Study details	Treatment strategies	Study population, design and data sources	Results	Comments
			Not conducted.	but the only costs reported relate to
			Deterministic sensitivity analysis:	healthcare utilisation.
			Sensitivity analysis was undertaken on the caesarean birth rate and the ICER was \$28,267 when a 22% higher caesarean birth rate with IoL was assumed (the "worst case" for IoL)	
			Additional sensitivity/threshold analyses were undertaken and the authors report that "the model was slightly more sensitive to changes in cost inputs"	
			Probabilistic sensitivity analysis:  PSA suggested there was just over a 50% probability that IoL was costeffective at a cost-effectiveness threshold of \$25,000 per QALY (≈£20,000 per QALY).	
			IoL 39 weeks v EM until 40 v EM until 41 weeks	
			<ul> <li>Mean cost per patient</li> <li>EM<sub>41</sub>: \$8,915</li> <li>EM<sub>40</sub>: \$9,253</li> <li>IoL: \$9,568</li> <li>Difference EM<sub>40</sub> v EM<sub>41</sub>: \$338</li> <li>Difference IoL v EM<sub>40</sub>: \$316</li> </ul>	

Study details	Treatment strategies	Study population, design and data sources	Results	Comments
			<ul> <li>Mean QALYs per patient:</li> <li>EM<sub>41</sub>: 56.877 QALYs</li> <li>EM<sub>40</sub>: 56.903 QALYs</li> <li>IoL: 56.920 QALYs</li> <li>Difference EM<sub>40</sub> v EM<sub>41</sub>: 0.026 QALYs</li> <li>Difference IoL v EM<sub>40</sub>: 0.017 QALYs</li> <li>ICER:</li> </ul>	
			EM <sub>40</sub> v EM <sub>41</sub> : \$13,900 per QALY	
			loL v EM <sub>40</sub> : \$20,222 per QALY	
			Subgroup analysis:	
			Not conducted.	
			Deterministic sensitivity analysis:	
			Sensitivity analysis was undertaken on the caesarean birth rate and the ICER of IoL was \$71,945 per QALY and \$25,931 per QALY respectively when compared to EM until 40 weeks and EM until 41 weeks respectively when a 22% higher caesarean birth rate with IoL was assumed (the "worst case" for IoL).	
			Additional sensitivity/threshold analyses were undertaken on model probabilities and costs.	

Study details	Treatment strategies	Study population, design and data sources	Results	Comments
			Probabilistic sensitivity analysis:  PSA suggested there was just under a 50% probability that IoL was cost-effective at a cost-effectiveness threshold of \$25,000 per QALY (≈£20,000 per QALY) relative to EM until 40 weeks.	
Author & year: Hersh et al. 2019 Country: United States Type of economic analysis: CUA Source of funding: None stated Authors report no conflicts of interest.	Intervention in detail:  IoL at 39 weeks  Comparator in detail:  EM of labour until 41 weeks, followed by IoL if they had not gone into labour or given birth by then.	Population characteristics:  Nulliparous women with low risk,  Modelling approach:  Decision analytic model using TreeAge Pro software (2018 version; TreeAge Software, Inc, Williamstown,MA)  Source of base-line and effectiveness data:  Model inputs were estimated from published literature.  Source of cost data:  The unit cost of clinic and triage visits was estimated from previously published cost-effectiveness analyses, with use of those resources derived from the ARRIVE trial.	Mean cost per patient*  EM: \$10,832  loL: \$12,106  Difference: \$1,274  *Derived from results for hypothetical cohort of 1.6 million women  Mean QALYs per patient*  EM: 57.012 QALYs  loL: 57.026 QALYs  Difference: 0.014 QALYs  *Derived from results for hypothetical cohort of 1.6 million women  ICER:  \$87,692 per QALY  Subgroup analysis:	Perspective: Societal Currency: USD (\$) Cost year: 2018 Time horizon: Lifetime for QALYs Discounting: 3% for QALYs but no discounting of costs which occur around the time of the intervention. Applicability:

Study details	Treatment strategies	Study population, design and data sources	Results	Comments
		Costs of vaginal and caesarean birth were estimated from a previously published economic evaluation.  The costs of IoL were obtained using birth registry and discharge data using a 2007-2011 cohort of singleton, non-anomalous births.  Source of QoL data:  Published literature and assumption	Deterministic sensitivity analysis:  One-way sensitivity analysis was performed for all model probabilities, costs and utilities. The authors report that, using a costeffectiveness threshold of \$100,000 per QALY, cost-effectiveness was sensitive to the cost of induction. The authors report that a Tornado analysis suggested that the rate of caesarean birth, hypertensive disorders of pregnancy and stillbirth were all important in determining the model result.  Probabilistic sensitivity analysis:  PSA suggested that IoL had a 65% probability of being cost-effective at a cost-effectiveness threshold of \$100,000 per QALY.	The study was deemed to be only partially applicable to the UK because it was based on US costs  Limitations:  The method to identify unit costs from the published literature is not described. NICU admission is not included as an outcome even though it is reported in studies and included in the systematic review undertaken for this guideline. Therefore, this study is considered to have potentially serious limitations.  Other comments:  It is stated that the analysis takes a societal perspective but the only costs reported relate to healthcare utilisation.

CUA = Cost-utility analysis; EM = Expectant management; IoL = Induction of labour; PSA = Probabilistic sensitivity analysis

## **Appendix I** Health economic evidence profiles

Health economic evidence profiles for review question: At what gestational age should induction of labour be offered if spontaneous labour does not ensue?

Table 28: Economic evidence profile for induction of labour if spontaneous labour does not ensue

				Increme	ntal		
Study	Limitations	Applicability	Other comments	Costs	Effect	Cost effectiveness	Uncertainty
Caughey 2009  Induction of labour at 41 weeks versus expectant management of labour until 42 weeks	Potentially serious limitations <sup>1,2,3</sup>	Partially applicable <sup>4</sup>	Study employed a decision- analytic model with a lifetime time horizon for benefits  A cost-effectiveness threshold of \$100,000 per QALY is used to assess cost- effectiveness but it was possible to estimate the probability cost-effective at a threshold of \$25,000 per QALY (≈£24,000 per QALY⁵) from a cost-effectiveness acceptability curve.	£353 <sup>5</sup>	0.033 QALYs	£10,377 per QALY <sup>5</sup> gained	One-way sensitivity analysis was undertaken on all model probabilities and costs. This produced an ICER of £25,392 per QALY <sup>5</sup> when a 22% caesarean birth rate was assumed.  Probabilistic sensitivity analysis suggested there was an approximate 80% chance that induction of labour was cost-effective at a threshold of £24,000 per QALY <sup>5</sup>
Caughey 2009  Induction of labour at 40 weeks versus expectant management of labour until 41 weeks	Potentially serious limitations <sup>1,2,3</sup>	Partially applicable <sup>4</sup>	Study employed a decision- analytic model with a lifetime time horizon for benefits	£258 <sup>5</sup>	0.027 QALYs	£9,535 per QALY gained <sup>5</sup>	One-way sensitivity analysis was undertaken on all model probabilities and costs. This produced an ICER of £27,136 per QALY <sup>5</sup> when a 22% caesarean birth rate was assumed.  Probabilistic sensitivity analysis suggested there was just over a 50% chance that induction of labour was cost-

				Increme	ntal		
Study	Limitations	Applicability	Other comments	Costs	Effect	Cost effectiveness	Uncertainty
							effective at a threshold of £24,000 per QALY
Caughey 2009  Induction of labour at 39 weeks versus expectant management of labour until 40 weeks	Potentially serious limitations <sup>1,2,3</sup>	Partially applicable <sup>4</sup>	Study employed a decision- analytic model with a lifetime time horizon for benefits	£303 <sup>5</sup>	0.0017 QALYs	£19,413 per QALY <sup>5</sup>	One-way sensitivity analysis was undertaken on all model probabilities and costs. This produced an ICER of £69,067 per QALY <sup>5</sup> when a 22% caesarean birth rate was assumed.  A probabilistic sensitivity analysis suggested there was just under a 50% probability that induction of labour was cost-effective at £24,000 per QALY
Caughey 2009  Expectant management of labour until 40 weeks versus expectant management of labour until 41 weeks	Potentially serious limitations <sup>1,2,3</sup>	Partially applicable <sup>4</sup>	Study employed a decision- analytic model with a lifetime time horizon for benefits	£324 <sup>5</sup>	0.026 QALYs	£13,344 per QALY <sup>5</sup>	One-way sensitivity analysis was undertaken on the caesarean birth rate. This produced an ICER of £24,894 per QALY <sup>5</sup> when a 22% caesarean birth rate was assumed.
Caughey 2009  Induction of labour at 39 weeks versus expectant management of labour until 41 weeks	Potentially serious limitations <sup>1,2,3</sup>	Partially applicable <sup>4</sup>	Study employed a decision- analytic model with a lifetime time horizon for benefits	£628 <sup>3,5</sup>	0.042 QALYs <sup>6</sup>	£14,948 per QALY <sup>5,6</sup>	The study did not explicitly address an incremental comparison of these alternatives.

				Increme	ntal		
Study	Limitations	Applicability	Other comments	Costs	Effect	Cost effectiveness	Uncertainty
Hersh 2019  loL at 39 weeks versus expectant management of labour until 41 weeks	Potentially serious limitations <sup>1,3</sup>	Partially applicable <sup>4</sup>	Study employed a decision- analytic model with a lifetime time horizon for benefits  A cost-effectiveness threshold of \$100,000 per QALY is used to assess cost- effectiveness	£1,006 <sup>7</sup>	0.014 QALYs	£84,184 per QALY <sup>7</sup>	One-way sensitivity analysis was undertaken for all model probabilities, utilities and costs. The cost of induction of labour, stillbirth, rates of caesarean birth, hypertensive disorders of pregnancy and stillbirth are identified as important determinants of cost-effectiveness.  Probabilistic sensitivity analysis suggested there was a 65% chance that induction of labour was cost-effective using a threshold of \$100,000 per QALY

<sup>1</sup> The study does not include NICU admission which would cause cost-effectiveness of earlier induction to be underestimated if that resulted in a lower rate of NICU admissions

<sup>&</sup>lt;sup>2</sup> The study is dated and will not capture more recent data on effectiveness in its model inputs

<sup>&</sup>lt;sup>3</sup>. The process of identifying unit costs from published literature is not described.

<sup>&</sup>lt;sup>4</sup> The study was based on US healthcare and costs and practice are unlikely to be generalisable to the NHS.

<sup>&</sup>lt;sup>5</sup> US costs from a 2007 price year were updated for inflation to 2019/20 using an inflator of 1.24 derived from the hospital & community health services (HCHS) index and NHS Cost Inflation Index (NHSCII). Prices were converted from Pounds Sterling using an exchange rate of £1 = \$1.29 based on the average exchange rate for the year until 31 March 2021 (<a href="https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\_data/file/977861/average\_for\_the\_year\_to\_31\_March\_2021.csv/preview">https://assets.publishing.service.gov.uk/government/uploads/system/uploads/system/uploads/attachment\_data/file/977861/average\_for\_the\_year\_to\_31\_March\_2021.csv/preview</a>)
<sup>6</sup> This incremental analysis was calculated based on data available in the study, but was not presented in the study itself.

<sup>&</sup>lt;sup>7</sup> US costs from a 2018 price year were updated for inflation to 2019/20 using an inflator of 1.02 derived from the hospital & community health services (HCHS) index and NHS Cost Inflation Index (NHSCII). Prices were converted from Pounds Sterling using an exchange rate of £1 = \$1.29 based on the average exchange rate for the year until 31 March 2021 ( <a href="https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\_data/file/977861/average\_for\_the\_year\_to\_31\_March\_2021.csv/preview">https://assets.publishing.service.gov.uk/government/uploads/system/uploads/system/uploads/attachment\_data/file/977861/average\_for\_the\_year\_to\_31\_March\_2021.csv/preview</a>)

## Appendix J – Health economic analysis

Health economic analysis for review question: At what gestational age should induction of labour be offered if spontaneous labour does not ensue?

No health economic analysis was carried out for this review question.

## Appendix K - Excluded studies

Excluded studies for review question: At what gestational age should induction of labour be offered if spontaneous labour does not ensue?

### **Clinical studies**

Table 29: Excluded studies and reasons for their exclusion

(2019) SMFM Statement on Elective Induction of Labor in Low-Risk Nulliparous Women at Term: the ARRIVE Trial. American Journal of Obstetrics and Gynecology 221(1): B2-B4  Actrn (2019) Screening and Induction of Labour: oUTcomes for mothers and babies. http://www.who.in/trialsearch/Trial2.aspx?Triall D=ACTRN12619000388112  Amano, K., Saito, K., Shoda, T. et al. (1999) Elective induction of labor at 39 weeks of gestation: a prospective randomized trial. The journal of obstetrics and gynaecology research 25(1): 33-7  Ayala, Nina K.; Lewkowitz, Adam K.; Rouse, Dwight J. (2020) Delivery at 39 Weeks of Gestation: The Time Has Come. Obstetrics and gynecology  Baev, O.; Rumyantseva, V.; Tysyachnyu, O. (2018) Randomized trial of labour preinduction with mifepristone versus expectant management. International Journal of Gynecology and Obstetrics 143(supplement3): 277  Bailit, Jennifer L., Grobman, William, Zhao, Yuan et al. (2015) Nonmedically indicated induction vs expectant treatment in term utiliparous women. American journal of obstetrics and gynecology 212(1): 103.e1-7  Bapoo, S., Shukla, M., Abbasi, N. et al. (2018) Randomized frial of labour in pre-labour nupture of membranes at term. Medical Form Monthly 28(5): 7-10  Battarbee, A. N. (2019) 46: Maternal and neonatal outcomes associated with early amniotomy in term nutiliparous labor induction. American Journal of Obstetrics and Gynecology 220(1supplement): 37  Benito Reyes, V., Hurtado Mendoza, R., Rodriguez Rodriguez, F. et al. (2010) Elective	able 29. Excluded Studies and reasons for	
of Labor in Low-Risk Nulliparous Women at Term: the ARRIVE trial. American Journal of Obstetrics and Gynecology 221(1): B2-B4  Actrn (2019) Screening and Induction of Labour: oUTcomes for mothers and babies. http://www.hoi.nit/trialsaerch/Trial/2.aspx?Triall D=ACTRN12619000388112  Amano, K., Saito, K., Shoda, T. et al. (1999) Elective induction of labor at 39 weeks of gestation: a prospective randomized trial. The journal of obstetrics and gynaecology research 25(1): 33-7  Ayala, Nina K.; Lewkowitz, Adam K.; Rouse, Dwight J. (2020) Delivery at 39 Weeks of Gestation: The Time Has Come. Obstetrics and gynecology  Baev, O.; Rumyantseva, V.; Tysyachnyu, O. (2018) Randomized trial of labour preinduction with mifepristone versus expectant management. International Journal of Gynecology and Obstetrics 143(supplement3): 277  Bailit, Jennifer L., Grobman, William, Zhao, Yuan et al. (2015) Nonmedically indicated induction vs expectant treatment in term nulliparous women. American journal of obstetrics and gynecology 212(1): 103.e1-7  Bapoo, S., Shukla, M., Abbasi, N. et al. (2018) Induction of labour in low-risk pregnancies before 40 weeks of gestation: A systematic review and meta-analysis. Obstetrics and Gynecology 131(supplement1): 176s  Bashir, K.; Navid, S.; Awan, A. S. (2017) A comparison of 24 hours expectant management versus induction of labour in pre-labour rupture of membranes at term. Medical Forum Monthly 28(5): 7-10  Battarbee, A. N. (2019) 46: Maternal and neonatal outcomes associated with early amniotomy in term nulliparous labor induction. American Journal of Obstetrics and Gynecology 220(1supplement): 37  Benito Reyes, V., Hurtado Mendoza, R.,  - Non-English language paper	Study	Reason for exclusion
Labour: oUTcomes for mothers and babies.  http://www.who.int/trialsearch/Trial2.aspx?Triall  PACTRN12619000388112  Amano, K., Saito, K., Shoda, T. et al. (1999)  Elective induction of labor at 39 weeks of  gestation: a prospective randomized trial. The  journal of obstetrics and gynaecology research  25(1): 33-7  Ayala, Nina K.; Lewkowitz, Adam K.; Rouse,  Dwight J. (2020) Delivery at 39 Weeks of  Gestation: The Time Has Come. Obstetrics  and gynecology  Baev, O.; Rumyantseva, V.; Tysyachnyu, O.  (2018) Randomized trial of labour preinduction  with mifepristone versus expectant  management. International Journal of  Gynecology and Obstetrics 143(supplement3):  277  Bapto, S., Shukla, M., Abbasi, N. et al. (2018)  Induction of labour in low-risk pregnancies  before 40 weeks of gestation: A systematic  review and meta-analysis. Obstetrics and  Gynecology 131(supplement1): 176s  Bashir, K.; Navid, S.; Awan, A. S. (2017) A  comparison of 24 hours expectant  management group followed to 42  weeks, but no mention of induction or cinical  management if undelivered at 42 weeks (no clear  intention to induce)  - Study design  Narrative review of literature  - Conference abstract/poster  - Study design  Retrospective study (chart review/ audit)  - Study design  Retrospective study (chart review/ audit)  - Conference abstract/poster	of Labor in Low-Risk Nulliparous Women at Term: the ARRIVE Trial. American Journal of	Narrative overview of ARRIVE trial, data cannot be extracted. Original RCT assessed for
Elective induction of labor at 39 weeks of gestation: a prospective randomized trial. The journal of obstetrics and gynaecology research 25(1): 33-7  Ayala, Nina K.; Lewkowitz, Adam K.; Rouse, Dwight J. (2020) Delivery at 39 Weeks of Gestation: The Time Has Come. Obstetrics and gynecology  Baev, O.; Rumyantseva, V.; Tysyachnyu, O. (2018) Randomized trial of labour preinduction with mifepristone versus expectant management. International Journal of Gynecology and Obstetrics 143(supplement3): 277  Bailit, Jennifer L., Grobman, William, Zhao, Yuan et al. (2015) Nonmedically indicated induction vs expectant treatment in term nulliparous women. American journal of obstetrics and gynecology 212(1): 103.e1-7  Bapoo, S., Shukla, M., Abbasi, N. et al. (2018) Induction of labour in low-risk pregnancies before 40 weeks of gestation: A systematic review and meta-analysis. Obstetrics and Gynecology 131(supplement1): 176s  Bashir, K.; Navid, S.; Awan, A. S. (2017) A comparison of 24 hours expectant management versus induction of labour in prelabour rupture of membranes at term. Medical Forum Monthly 28(5): 7-10  Battarbee, A. N. (2019) 46: Maternal and neonatal outcomes associated with early amniotomy in term nulliparous labor induction. American Journal of Obstetrics and Gynecology 220(1supplement1): 37  Benito Reyes, V., Hurtado Mendoza, R.,	Labour: oUTcomes for mothers and babies. http://www.who.int/trialsearch/Trial2.aspx?Triall	- Trial registration information
Dwight J. (2020) Delivery at 39 Weeks of Gestation: The Time Has Come. Obstetrics and gynecology Baev, O.; Rumyantseva, V.; Tysyachnyu, O. (2018) Randomized trial of labour preinduction with mifepristone versus expectant management. International Journal of Gynecology and Obstetrics 143(supplement3): 277  Bailit, Jennifer L., Grobman, William, Zhao, Yuan et al. (2015) Nonmedically indicated induction vs expectant treatment in term nulliparous women. American journal of obstetrics and gynecology 212(1): 103.e1-7  Bapoo, S., Shukla, M., Abbasi, N. et al. (2018) Induction of labour in low-risk pregnancies before 40 weeks of gestation: A systematic review and meta-analysis. Obstetrics and Gynecology 131(supplement1): 176s  Bashir, K.; Navid, S.; Awan, A. S. (2017) A comparison of 24 hours expectant management versus induction of labour in pre- labour rupture of membranes at term. Medical Forum Monthly 28(5): 7-10  Battarbee, A. N. (2019) 46: Maternal and neonatal outcomes associated with early amniotomy in term nulliparous labor induction. American Journal of Obstetrics and Gynecology 220(1supplement): 37  Benito Reyes, V., Hurtado Mendoza, R.,  Narrative review of literature  - Conference abstract/poster  - Conference abstract/poster  - Conference abstract/poster  - Conference abstract/poster	Elective induction of labor at 39 weeks of gestation: a prospective randomized trial. The journal of obstetrics and gynaecology research	Expectant management group followed to 42 weeks, but no mention of induction or clinical management if undelivered at 42 weeks (no clear
(2018) Randomized trial of labour preinduction with mifepristone versus expectant management. International Journal of Gynecology and Obstetrics 143(supplement3): 277  Bailit, Jennifer L., Grobman, William, Zhao, Yuan et al. (2015) Nonmedically indicated induction vs expectant treatment in term nulliparous women. American journal of obstetrics and gynecology 212(1): 103.e1-7  Bapoo, S., Shukla, M., Abbasi, N. et al. (2018) Induction of labour in low-risk pregnancies before 40 weeks of gestation: A systematic review and meta-analysis. Obstetrics and Gynecology 131(supplement1): 176s  Bashir, K.; Navid, S.; Awan, A. S. (2017) A comparison of 24 hours expectant management versus induction of labour in prelabour rupture of membranes at term. Medical Forum Monthly 28(5): 7-10  Battarbee, A. N. (2019) 46: Maternal and neonatal outcomes associated with early amniotomy in term nulliparous labor induction. American Journal of Obstetrics and Gynecology 220(1supplement): 37  Benito Reyes, V., Hurtado Mendoza, R.,	Dwight J. (2020) Delivery at 39 Weeks of Gestation: The Time Has Come. Obstetrics	, and the second
Yuan et al. (2015) Nonmedically indicated induction vs expectant treatment in term nulliparous women. American journal of obstetrics and gynecology 212(1): 103.e1-7  Bapoo, S., Shukla, M., Abbasi, N. et al. (2018) Induction of labour in low-risk pregnancies before 40 weeks of gestation: A systematic review and meta-analysis. Obstetrics and Gynecology 131(supplement1): 176s  Bashir, K.; Navid, S.; Awan, A. S. (2017) A comparison of 24 hours expectant management versus induction of labour in prelabour rupture of membranes at term. Medical Forum Monthly 28(5): 7-10  Battarbee, A. N. (2019) 46: Maternal and neonatal outcomes associated with early amniotomy in term nulliparous labor induction. American Journal of Obstetrics and Gynecology 220(1supplement): 37  Benito Reyes, V., Hurtado Mendoza, R.,	(2018) Randomized trial of labour preinduction with mifepristone versus expectant management. International Journal of Gynecology and Obstetrics 143(supplement3):	- Conference abstract/poster
Induction of labour in low-risk pregnancies before 40 weeks of gestation: A systematic review and meta-analysis. Obstetrics and Gynecology 131(supplement1): 176s  Bashir, K.; Navid, S.; Awan, A. S. (2017) A comparison of 24 hours expectant management versus induction of labour in prelabour rupture of membranes at term. Medical Forum Monthly 28(5): 7-10  Battarbee, A. N. (2019) 46: Maternal and neonatal outcomes associated with early amniotomy in term nulliparous labor induction. American Journal of Obstetrics and Gynecology 220(1supplement): 37  Benito Reyes, V., Hurtado Mendoza, R.,  - Non-English language paper	Yuan et al. (2015) Nonmedically indicated induction vs expectant treatment in term nulliparous women. American journal of	, and the second se
comparison of 24 hours expectant management versus induction of labour in prelabour rupture of membranes at term. Medical Forum Monthly 28(5): 7-10  Battarbee, A. N. (2019) 46: Maternal and neonatal outcomes associated with early amniotomy in term nulliparous labor induction. American Journal of Obstetrics and Gynecology 220(1supplement): 37  Benito Reyes, V., Hurtado Mendoza, R.,  Women had ruptured membranes; referred to trial "within 8 hours of onset of leaking"  - Conference abstract/poster  - Conference abstract/poster	Induction of labour in low-risk pregnancies before 40 weeks of gestation: A systematic review and meta-analysis. Obstetrics and	- Conference abstract/poster
neonatal outcomes associated with early amniotomy in term nulliparous labor induction.  American Journal of Obstetrics and Gynecology 220(1supplement): 37  Benito Reyes, V., Hurtado Mendoza, R.,  - Non-English language paper	comparison of 24 hours expectant management versus induction of labour in prelabour rupture of membranes at term. Medical	Women had ruptured membranes; referred to trial
	neonatal outcomes associated with early amniotomy in term nulliparous labor induction.  American Journal of Obstetrics and	- Conference abstract/poster

Study	Reason for exclusion
termination versus expectant management in	Treason for exclusion
prolonged pregnancy: a prospective study of 200 pregnant women. Progresos de obstetricia y ginecologia 53(11): 446-453	
Boulvain, M., Senat, M. V., Rozenberg, P. et al. (2012) Induction of labor or expectant management for large-for-dates fetuses: A randomized controlled trial. American Journal of Obstetrics and Gynecology 206(1suppl1): 2	- Conference abstract/poster
Brane, Elena; Olsson, Ann; Andolf, Ellika (2014) A randomized controlled trial on early induction compared to expectant management of nulliparous women with prolonged latent phases. Acta obstetricia et gynecologica Scandinavica 93(10): 1042-9	- Comparison/control group  No intention to induce in expectant management (control) group unless requested by woman or indicated clinically
Breart, G., Goujard, J., Maillard, F. et al. (1982) [Comparison of 2 obstetrical attitudes vis-a-vis inducing labor at term. Randomized study]. Comparaison de deux attitudes obstetricales vis-a-vis du declenchement artificiel du travail a terme. Essai randomise. 11(1): 107-12	- Non-English language paper Article in French
Briscoe, D., Nguyen, H., Mencer, M. et al. (2005) Management of pregnancy beyond 40 weeks' gestation. American Family Physician 71(10): 1935-1941	- Study design Narrative overview of literature
Bruinsma, A., Keulen, J., Kortekaas, J. et al. (2017) Induction of labor at 41 weeks or expectant management until 42 weeks-preliminary results of the INDEX trial. American Journal of Obstetrics and Gynecology 216(1supplement1): S27-S28	- Conference abstract/poster
Bruinsma, A., Keulen, J., Kortekaas, J. et al. (2017) Induction of labour at 41 weeks or expectant management until 42 weeks in obstetrical low risk women (the INDEX trial). BJOG: An International Journal of Obstetrics and Gynaecology 124(supplement2): 15	- Conference abstract/poster
Burgos, Jorge, Rodriguez, Leire, Otero, Borja et al. (2012) Induction at 41 weeks increases the risk of caesarean section in a hospital with a low rate of caesarean sections. The journal of maternal-fetal & neonatal medicine: the official journal of the European Association of Perinatal Medicine, the Federation of Asia and Oceania Perinatal Societies, the International Society of Perinatal Obstetricians 25(9): 1716-8	- Study design Retrospective cohort study
Cardozo, L.; Fysh, J.; Pearce, J. M. (1986) Prolonged pregnancy: the management debate. British medical journal (Clinical research ed.) 293(6554): 1059-63	- Comparison/control group Conservative (control) group monitored until 40+16 (42+2) weeks; they could then "request or decline induction of labour after 42 weeks"
Carmichael, Suzan L. and Snowden, Jonathan M. (2019) The ARRIVE Trial: Interpretation from an Epidemiologic Perspective. Journal of midwifery & women's health 64(5): 657-663	- Study design Epidemiological impact of ARRIVE trial (original RCT paper assessed for inclusion: Grobman 2018)
Caughey, Aaron B., Sundaram, Vandana, Kaimal, Anjali J. et al. (2009) Maternal and neonatal outcomes of elective induction of	- Study design

Study	Reason for exclusion
labor. Evidence report/technology assessment:	Systematic review. References checked for
1-257	inclusion
Caughey, Aaron B., Sundaram, Vandana, Kaimal, Anjali J. et al. (2009) Systematic review: elective induction of labor versus	- Study design Systematic review. References checked for
expectant management of pregnancy. Annals of internal medicine 151(4): 252-63	inclusion
Chakravarti, S. and Goenka, B. (2000) Conservative policy of induction of labor in uncomplicated postdated pregnancies. XVI FIGO world congress of obstetrics & gynecology; 2000 sept 3-8; washington dc, USA book3: 62	- Conference abstract/poster
Chen, D. C., Yuan, S. S. F., Su, H. Y. et al. (2005) Urinary cyclic guanosine 3',5'-monophosphate and cyclic adenosine 3',5'-monophosphate changes in spontaneous and induced onset active labor. Acta Obstetricia et Gynecologica Scandinavica 84(11): 1081	<ul> <li>No relevant outcomes</li> <li>Comparison/control group</li> <li>Timing of birth data unavailable for expectant management group</li> </ul>
Coates, Dominiek, Makris, Angela, Catling, Christine et al. (2020) A systematic scoping review of clinical indications for induction of labour. PloS one 15(1): e0228196	- Study design Systematic review. References checked for inclusion
Cohain, J. S. (2015) To what extent do English language RCT meta-analysis justify induction of low-risk pregnancy for postdates?. Journal de gynecologie, obstetrique et biologie de la reproduction 44(5): 393-7	- Study design Narrative overview of literature
Cohn, M and Rogers, M (1992) Post maturity; a randomised study in a Hong Kong population. Proceedings of the 26th British Congress of Obstetrics and Gynaecology; 1992 July 7-10; Manchester, UK 306	- Conference abstract/poster
Costantine, M. M. (2020) 461: Resource utilization in low-risk pregnant women after 39 weeks by body mass index. American Journal of Obstetrics and Gynecology 222(1supplement): S302-S303	- Conference abstract/poster
Crowley, P. (2000) Interventions for preventing or improving the outcome of delivery at or beyond term. The Cochrane database of systematic reviews: cd000170	- Other SR. Superceded by Gulmezoglu 2012 Cochrane review
Daskalakis, George, Zacharakis, Dimitrios, Simou, Maria et al. (2014) Induction of labor versus expectant management for pregnancies beyond 41 weeks. The journal of maternal-fetal & neonatal medicine: the official journal of the European Association of Perinatal Medicine, the Federation of Asia and Oceania Perinatal Societies, the International Society of Perinatal Obstetricians 27(2): 173-6	- Study design Retrospective study
de Miranda, E., van der Bom, J. G., Bonsel, G. J. et al. (2006) Membrane sweeping and prevention of post-term pregnancy in low-risk pregnancies: a randomised controlled trial. BJOG: an international journal of obstetrics and gynaecology 113(4): 402-8	- No relevant outcomes

Childre	Passan for evaluaion
Study  Deliver Behaves I. (2016) Lebeur industion	Reason for exclusion
Dekker, Rebecca L. (2016) Labour induction for late-term or post-term pregnancy. Women and birth: journal of the Australian College of Midwives 29(4): 394-8	- Study design Narrative overview of literature, discussing Hannah 1992 "post-term trial"
Dogl, M.; Heimstad, R.; Vanky, E. (2012) Cervical ripening- Bishop score, cervical length and hormonal status in post-term pregnancies. Acta Obstetricia et Gynecologica Scandinavica 91(suppl159): 75	- Conference abstract/poster
Dyson, D. C.; Miller, P. D.; Armstrong, M. A. (1987) Management of prolonged pregnancy: induction of labor versus antepartum fetal testing. American journal of obstetrics and gynecology 156(4): 928-34	- Comparison/control group  No intention to induce in monitoring (control) group unless clinically indicated; increased monitoring after 42 weeks
Edwards, M. S. (1996) Mifepristone: cervical ripening and induction of labor. Clinical obstetrics and gynecology 39(2): 469-73	- Study design Narrative overview of the literature
El-Sayed, Y. Y. (2019) 23: Factors associated with adverse outcomes in nulliparas at 39 weeks with induction or expectant management. American Journal of Obstetrics and Gynecology 220(1supplement): 20	- Conference abstract/poster
el-Torkey, M. and Grant, J. M. (1992) Sweeping of the membranes is an effective method of induction of labour in prolonged pregnancy: a report of a randomized trial. British journal of obstetrics and gynaecology 99(6): 455-8	- Intervention Assesses method of induction, not timing
Goeree, R.; Hannah, M.; Hewson, S. (1995) Cost-effectiveness of induction of labour versus serial antenatal monitoring in the Canadian Multicentre Postterm Pregnancy Trial. CMAJ: Canadian Medical Association journal = journal de l'Association medicale canadienne 152(9): 1445-50	- No relevant outcomes Focus on cost-effectiveness. Relevant clinical data could not be extracted
Gonen, O., Rosen, D. J., Dolfin, Z. et al. (1997) Induction of labor versus expectant management in macrosomia: a randomized study. Obstetrics and gynecology 89(6): 913-7	- Population Induction timing in women with suspected macrosomia (obstetric complication)
Grobman, W. (2018) A randomized trial of elective induction of labor at 39 weeks compared with expectant management of lowrisk nulliparous women. American Journal of Obstetrics and Gynecology 218(1supplement1): 601	- Conference abstract/poster
Grobman, W. A. (2019) 2: Resource utilization among low-risk nulliparas randomized to elective induction at 39 weeks or expectant management. American Journal of Obstetrics and Gynecology 220(1supplement): S2-S3	- Conference abstract/poster
Grobman, W. A., Sandoval, G., Reddy, U. M. et al. (2020) Health resource utilization of labor induction versus expectant management.  American Journal of Obstetrics and Gynecology	- No relevant outcomes Secondary analysis of ARRIVE trial (Grobman 2018); no additional relevant data provided

Study	Reason for exclusion
Gulmezoglu, A. M.; Crowther, C. A.; Middleton, P. (2009) Induction of labour for improving birth outcomes for women at or beyond term. Cochrane Database of Systematic Reviews: cd004945	- Other SR superceded by 2012 update
Gulmezoglu, A. Metin, Crowther, Caroline A., Middleton, Philippa et al. (2012) Induction of labour for improving birth outcomes for women at or beyond term. The Cochrane database of systematic reviews: cd004945	- Study design Systematic review. References checked for inclusion. Provides no additional data
Hannah, M. E., Hannah, W. J., Hellmann, J. et al. (1992) Induction of labor as compared with serial antenatal monitoring in post- term pregnancy: A randomized controlled trial. New England Journal of Medicine 326(24): 1587-1592	- Comparison/control group IF expectant management (control) group were undelivered by 44 weeks, they were treated immediately through either induction of labour or caesarean. Unclear whether through woman's choice, clinical need, or protocol at this point
Hannah, M. E., Huh, C., Hewson, S. A. et al. (1996) Postterm pregnancy: putting the merits of a policy of induction of labor into perspective. Birth (Berkeley, Calif.) 23(1): 13-9	- No relevant outcomes Post-hoc analysis of Hannah 1992
Heden, L., Ingemarsson, I., Ahlstrom, H. et al. (1991) Induction of labor vs conservative management in prolonged pregnancy: controlled study. International journal of fetomaternal medicine 4(4): 148-152	- Comparison/control group  No intention to induce in expectancy (control) group, unless clinically indicated; treated with usual care for that department/ hospital
Heimstad, R., Romundstad, P. R., Hyett, J. et al. (2007) Women's experiences and attitudes towards expectant management and induction of labor for post-term pregnancy. Acta Obstetricia et Gynecologica Scandinavica 86(8): 950-956	- No relevant outcomes Same trial as Heimstad 2007. Cannot use SF-36 data as they were collected at recruitment at 41 weeks (pre-induction), cannot use attitudes/experiences data as they were pooled across induction and serial monitoring (control) groups
Heimstad, R., Skogvoli, E., Mattsson, L. et al. (2008) Induction of labour or serial antenatal fetal monitoring in post-term pregnancy. A randomised controlled trial. 36th nordic congress of obstetrics and gynecology; 2008 june 14-17; reykjavik, iceland: 84	- Conference abstract/poster
Henry, G. R. (1969) A controlled trial of surgical induction of labour and amnioscopy in the management of prolonged pregnancy. The Journal of obstetrics and gynaecology of the British Commonwealth 76(9): 795-8	- Comparison/control group  No intention to induce in amnioscopy only (control) group, though 12 were surgically induced due to accidental rupture of membranes
Hjertberg, R., Hammarstrom, M., Moberger, B. et al. (1996) Premature rupture of the membranes (PROM) at term in nulliparous women with a ripe cervix. A randomized trial of 12 or 24 hours of expectant management. Acta obstetricia et gynecologica Scandinavica 75(1): 48-53	- Intervention Examines management after PROM
Hussain, Arwa Abbas, Yakoob, Mohammad Yawar, Imdad, Aamer et al. (2011) Elective induction for pregnancies at or beyond 41 weeks of gestation and its impact on stillbirths: a systematic review with meta-analysis. BMC public health 11suppl3: 5	- Study design Systematic review. References checked for inclusion

Study	Reason for exclusion
Iqbal, S. (2004) Management of prolonged pregnancy. JCPSP, journal of the college of physicians and surgeons, pakistan 14(5): 274-277	<ul><li>Study design</li><li>Quasi-RCT</li><li>Comparison/control group</li><li>Expectant management (control) group managed</li></ul>
	until 43 weeks (301 days), unclear how they were managed from 43 weeks (no clear intention to induce unless clinically indicated).
Isrctn (2017) The Finnish randomised controlled multicentre trial on optimal timing of labor induction in nulliparous women with post-term pregnancy. http://www.who.int/trialsearch/Trial2.aspx?Triall D=ISRCTN83219789	- Trial registration information
James, C., George, S. S., Gaunekar, N. et al. (2001) Management of prolonged pregnancy: a randomized trial of induction of labour and antepartum foetal monitoring. The National medical journal of India 14(5): 270-3	- Comparison/control group  No usable timing of birth data for expectant management (control) group
Katz, Z., Yemini, M., Lancet, M. et al. (1983) Non-aggressive management of post-date pregnancies. European journal of obstetrics, gynecology, and reproductive biology 15(2): 71-9	- Comparison/control group  No intention to induce (no upper limit) in non- induction group
Keulen, Judit K. J., Bruinsma, Aafke, Kortekaas, Joep C. et al. (2018) Timing induction of labour at 41 or 42 weeks? A closer look at time frames of comparison: A review. Midwifery 66: 111-118	- Study design Systematic review. References checked for inclusion. Provides no additional data
Kortekaas, J. C., Bruinsma, A., Keulen, J. K. et al. (2014) Effects of induction of labour versus expectant management in women with impending post-term pregnancies: the 41 week - 42 week dilemma. BMC pregnancy and childbirth 14: 350	- Study design Study protocol of INDEX trial
Kortekaas, J., Bruinsma, A., Keulen, J. et al. (2018) Induction of labour at 41 weeks versus expectant management until 42 weeks (indextrial). International Journal of Gynecology and Obstetrics 143(supplement3): 256	- Conference abstract/poster
Ladfors, L., Mattsson, L. A., Eriksson, M. et al. (1996) A randomised trial of two expectant managements of prelabour rupture of the membranes at 34 to 42 weeks. British journal of obstetrics and gynaecology 103(8): 755-62	- Population Women already had PROM; induced within 2 hours or 72 hours of PROM occurring
Leijon, I., Finnstrom, O., Hedenskog, S. et al. (1980) Spontaneous labor and elective inductiona prospective randomized study. II. Bilirubin levels in the neonatal period. Acta obstetricia et gynecologica Scandinavica 59(2): 103-6	- No relevant outcomes Same study as Leijon 1979 and Tylleskar 1979; no additional relevant outcomes
Liu, Jing, Song, Guang, Meng, Tao et al. (2018) Membrane sweeping added to formal induction method to increase the spontaneous vaginal delivery: a meta-analysis. Archives of gynecology and obstetrics 297(3): 623-630	- Intervention  Does not compare different timing of induction

Study	Reason for exclusion
Magann, E. F., Chauhan, S. P., McNamara, M. F. et al. (1999) Membrane sweeping versus dinoprostone vaginal insert in the management of pregnancies beyond 41 weeks with an unfavorable cervix. Journal of perinatology: official journal of the California Perinatal Association 19(2): 88-91	- Intervention  Does not compare different timing of induction
Marrs, Caroline, La Rosa, Mauricio, Caughey, Aaron et al. (2019) Elective Induction at 39 Weeks of Gestation and the Implications of a Large, Multicenter, Randomized Controlled Trial. Obstetrics and gynecology 133(3): 445- 450	- Study design Narrative review of literature and implications of ARRIVE trial
Martin, D. H., Thompson, W., Pinkerton, J. H. et al. (1978) A randomized controlled trial of selective planned delivery. British journal of obstetrics and gynaecology 85(2): 109-13	<ul> <li>Population</li> <li>Control group were excluded if they went beyond</li> <li>42 weeks (induction not intended within study,</li> <li>data excluded if induction performed in control group)</li> </ul>
Martin, J. N., Jr., Sessums, J. K., Howard, P. et al. (1989) Alternative approaches to the management of gravidas with prolonged-postterm-postdate pregnancies. Journal of the Mississippi State Medical Association 30(4): 105-11	- Comparison/control group Conservative/surveillance (control) group were managed until end or 43rd week then "scheduled for delivery and pregnancy terminated" by induction or caesarean (unclear which)
McKenzie, I.; Davis, D.; Ferguson, S. (2018) Induction of labour versus expectant management for well women and babies in pregnancies extending beyond 41 weeks: A systematic review and meta-analysis. Women and Birth 31(supplement1): 36	- Conference abstract/poster
McNellis, D., Medearis, A. L., Fowler, S. et al. (1994) A clinical trial of induction of labor versus expectant management in postterm pregnancy: The National Institute of Child Health and Human Development Network of Maternal-Fetal Medicine Units. American Journal of Obstetrics and Gynecology 170(3): 716-723	- Other Duplicate (NICHHD 1994)
Medearis, A. L. (1990) Postterm pregnancy: active labor induction (PGE2 gel) not associated with improved outcomes compared to expectant management. A preliminary report. Proceedings of 10th annual meeting of society of perinatal obstetricians; 1990 jan 23-27; houston, texas, USA: 17	- Conference abstract/poster
Middleton, Philippa; Shepherd, Emily; Crowther, Caroline A. (2018) Induction of labour for improving birth outcomes for women at or beyond term. The Cochrane database of systematic reviews 5: cd004945	- Study design Systematic review. References checked for inclusion
Middleton, Philippa, Shepherd, Emily, Flenady, Vicki et al. (2017) Planned early birth versus expectant management (waiting) for prelabour rupture of membranes at term (37 weeks or more). The Cochrane database of systematic reviews 1: cd005302	- Intervention Examines management/induction after PROM

Childre	Reason for exclusion
Study Miller, N. R., Cypher, R. L., Foglia, L. M. et al.	- Conference abstract/poster
(2014) Elective induction of nulliparous labor at 39 weeks of gestation: A randomized clinical trial. Obstetrics and Gynecology 123(suppl1): 72s	- Comercine abstract/poster
Miller, Nathaniel R., Cypher, Rebecca L., Foglia, Lisa M. et al. (2015) Elective Induction of Labor Compared With Expectant Management of Nulliparous Women at 39 Weeks of Gestation: A Randomized Controlled Trial. Obstetrics and gynecology 126(6): 1258-64	- Comparison/control group Expectant management (control) group were "delivered for obstetric indications, but no later than 42 weeks of gestation" - unclear whether they would then be induced, undergo other intervention, or released from protocol
Miller and (2016) Elective induction of labor compared with expectant management of nulliparous women at 39 weeks of gestation: a randomized controlled trial: editorial comment. Obstetrical and gynecological survey. 71 (4) (pp 197-198), 2016. Date of publication: 2016.	- Study design Editorial comment on Miller 2015
Mishanina, Ekaterina, Rogozinska, Ewelina, Thatthi, Tej et al. (2014) Use of labour induction and risk of cesarean delivery: a systematic review and meta-analysis. CMAJ: Canadian Medical Association journal = journal de l'Association medicale canadienne 186(9): 665-73	- Study design Systematic review. References checked for inclusion
Mollart, Lyndall; Skinner, Virginia; Foureur, Maralyn (2016) A feasibility randomised controlled trial of acupressure to assist spontaneous labour for primigravid women experiencing a post-date pregnancy. Midwifery 36: 21-7	- Intervention Induction method used (acupressure) not advocated in this guideline
Moore, R. L., O'Connor, C., Byrne, F. et al. (2019) 793: Obstetric and neonatal outcomes in prolonged pregnancies at or beyond 42 weeks' gestation. American Journal of Obstetrics and Gynecology 220(1supplement): S518-S519	- Conference abstract/poster
Myers, E. R., Blumrick, R., Christian, A. L. et al. (2002) Management of prolonged pregnancy. Evidence report/technology assessment (Summary): 1-6	- Study design HTA report. References checked for inclusion
Nct (2006) Post Term Pregnancy - Induction of Labor or Monitoring of Pregnancy. https://clinicaltrials.gov/show/NCT00385229	- Trial registration information
NICHHD; McNellis; (1994) A clinical trial of induction of labor vs expectant management of postterm pregnancy. American journal of obstetrics and gynecology 170: 716-723	- Comparison/control group  Expectant group monitored until 308 days (44 weeks), then released from protocol if undelivered, and "managed by the method appropriate to the clinical situation". Unclear if planned to induce or use operative/other intervention
Nielsen, T. M., Pedersen, M. V., Milidou, I. et al. (2019) Long-term cognition and behavior in children born at early term gestation: A systematic review. Acta Obstetricia et Gynecologica Scandinavica 98(10): 1227-1234	- No relevant outcomes

Study	Reason for exclusion
Ocon, L., Hurtado, R., Coteron, J. J. et al. (1997) Prolonged pregnancy: Procedure guidelines. Progresos en Obstetricia y Ginecologia 40(2): 101-106	- Non-English language paper Article in Spanish
Osmundson, S.; Ou-Yang, R.; Grobman, W. (2009) Labor outcomes among nulliparous women with an unfavorable cervix who are electively induced versus expectantly managed at term. American Journal of Obstetrics and Gynecology 201(6suppl1): 124	- Conference abstract/poster
Osmundson, S.; Ou-Yang, R.; Grobman, W. (2009) Labor outcomes among nulliparous women with a favorable cervix who are electively induced versus expectantly managed at term. American Journal of Obstetrics and Gynecology 201(6suppl1): 123	- Other Duplicate
Pearce, JM and Cardozo, C (1988) Prolonged pregnancy: the management debate. British Medical Journal 297(6650): 715	- No relevant outcomes Post-hoc analysis of Cardozo 1986
Quibel, T., Raynal, P., Bouyer, C. et al. (2020) Evolution of the cesarean delivery rate from 37 weeks of gestation among nulliparas or how to evaluate the external validity of a randomized North American trial about induction of labor. Gynecologie Obstetrique Fertilite et Senologie	- Non-English language paper Article in French
Rayburn, W. F., Gittens, L. N., Lucas, M. J. et al. (1999) Weekly administration of prostaglandin E2 gel compared with expectant management in women with previous cesareans. Obstetrics and Gynecology 94(2): 250-254	- Comparison/control group Expectant management (control) group had additional assessment at 40 and 41 weeks, but awaited spontaneous labour "unless intervention was indicated". No intention to induce at an upper limit
Rayburn, Lucas, Gittens et al. (1998) Attempted vaginal birth after cesarean section: a multicenter comparison of outpatient prostaglandin E(2) gel with expectant management. Primary care update for Ob/Gyns 5(4): 182-183	- Conference abstract/poster
Roach, V. J. and Rogers, M. S. (1997) Pregnancy outcome beyond 41 weeks gestation. International journal of gynaecology and obstetrics: the official organ of the International Federation of Gynaecology and Obstetrics 59(1): 19-24	- Comparison/control group Expectant management (control) group had no upper limit for delivery; median delivery within same week as induced group (298.5 days vs 294 days)
Rozenberg, P. (2016) In case of fetal macrosomia, the best strategy is the induction of labor at 38 weeks of gestation. Journal de Gynecologie Obstetrique et Biologie de la Reproduction 45(9): 1037-1044	- Non-English language paper Article in French
Rydahl, Eva; Eriksen, Lena; Juhl, Mette (2019) Effects of induction of labor prior to post-term in low-risk pregnancies: a systematic review. JBI database of systematic reviews and implementation reports 17(2): 170-208	- Study design Systematic review. References checked for inclusion
Rydhstrom, H. and Ingemarsson, I. (1991) No benefit from conservative management in nulliparous women with premature rupture of the membranes (PROM) at term. A randomized	- Intervention Examines management after PROM

Study	Reason for exclusion
Study study. Acta obstetricia et gynecologica	TCGGSUIT IOT GAGIUSIUIT
Scandinavica 70(78): 543-7	
Saccone, Gabriele and Berghella, Vincenzo (2015) Induction of labor at full term in uncomplicated singleton gestations: a systematic review and metaanalysis of randomized controlled trials. American journal of obstetrics and gynecology 213(5): 629-36	- Other SR. Superceded by 2019 update
Saccone, Gabriele, Della Corte, Luigi, Maruotti, Giuseppe M. et al. (2019) Induction of labor at full-term in pregnant women with uncomplicated singleton pregnancy: A systematic review and meta-analysis of randomized trials. Acta obstetricia et gynecologica Scandinavica 98(8): 958-966	- Study design Systematic review. References checked for inclusion. Provides no additional data
Sahraoui, W., Hajji, S., Bibi, M. et al. (2005) [Management of pregnancies beyond forty-one week's gestation with an unfavorable cervix]. Prise en charge obstetricale des grossesses prolongees au-dela de 41 semaines d'amenorrhee avec un score de Bishop defavorable. 34(5): 454-62	- Non-English language paper Article in French
Sanchez-Ramos, Luis, Olivier, Felicia, Delke, Isaac et al. (2003) Labor induction versus expectant management for postterm pregnancies: a systematic review with meta-analysis. Obstetrics and gynecology 101(6): 1312-8	- Study design Systematic overview of SRs. References checked for inclusion
Sande, H. A.; Tuveng, J.; Fonstelien, T. (1983) A prospective randomized study of induction of labor. International journal of gynaecology and obstetrics: the official organ of the International Federation of Gynaecology and Obstetrics 21(4): 333-6	- Comparison/control group  No intention to induce in spontaneous birth (control) group; treated with usual care for that department/hospital
Silver, R. M. (2019) 794: Personalized counseling regarding induction of labor versus expectant management at 39 weeks. American Journal of Obstetrics and Gynecology 220(1supplement): 519	- Conference abstract/poster
Singh, Nilanchali, Tripathi, Reva, Mala, Yedla Manikya et al. (2014) Breast stimulation in low-risk primigravidas at term: does it aid in spontaneous onset of labour and vaginal delivery? A pilot study. BioMed research international 2014: 695037	- Intervention Induction method used (breast stimulation) not advocated in this guideline
Siozos, C. and Stanley, K. P. (2005) Prolonged pregnancy. Current Obstetrics and Gynaecology 15(2): 73-79	- Study design Narrative overview of the literature
Slctr (2014) A study to compare two methods of inducing labour in full term pregnancy. http://www.who.int/trialsearch/Trial2.aspx?Triall D=SLCTR/2014/001	- Trial registration information
Sotiriadis, A., Petousis, S., Thilaganathan, B. et al. (2019) Maternal and perinatal outcomes after elective induction of labor at 39 weeks in uncomplicated singleton pregnancy: a meta-analysis. Ultrasound in obstetrics & gynecology	- Study design Systematic review. References checked for inclusion. Provides no additional data

Chindre	December evaluaion
Study	Reason for exclusion
: the official journal of the International Society of Ultrasound in Obstetrics and Gynecology 53(1): 26-35	
Stock, Sarah J., Ferguson, Evelyn, Duffy, Andrew et al. (2012) Outcomes of elective induction of labour compared with expectant management: population based study. BMJ (Clinical research ed.) 344: e2838	- Study design Retrospective cohort (audit) study
Sue-A-Quan, A. K., Hannah, M. E., Cohen, M. M. et al. (1999) Effect of labour induction on rates of stillbirth and cesarean section in post-term pregnancies. CMAJ: Canadian Medical Association journal = journal de l'Association medicale canadienne 160(8): 1145-9	- Study design Retrospective cohort (audit) study
Suikkari, AM, Jalkanen, M, Heiskala, H et al. (1983) Prolonged pregnancy: induction or observation. Acta Obstetricia et Gynecologica Scandinavica 62(s116): 58	- Conference abstract/poster
Tamsen, L.; Lyrenas, S.; Cnattingius, S. (1990) Premature rupture of the membranes intervention or not. Gynecologic and obstetric investigation 29(2): 128-31	- Intervention Examines management after PROM
Tan, T. (2018) Induction of labour vs expectant management. International Journal of Gynecology and Obstetrics 143(supplement3): 126-127	- Conference abstract/poster
Tita, A. (2010) Timing of delivery and pregnancy outcomes among laboring nulliparous women. Reproductive Sciences 17(3suppl1): 207A-208A	- Conference abstract/poster
Tita, A. T. (2019) 128: Maternal and perinatal outcomes by gestational age with expectant management of full-term low -risk nulliparas. American Journal of Obstetrics and Gynecology 220(1supplement): S100-S101	- Conference abstract/poster
Tylleskar, J.; Finnstrom, O.; Leijon, I. (1979) Spontaneous labor and elective induction - a prospective randomized study. I. Effects on mother and fetus. Acta Obstetricia et Gynecologica Scandinavica 58(6): 513-518	- No relevant outcomes Same study as Leijon 1979. Also examined maternal experience of induction, but "no statistical differences between the groups were found" so data were presented as pooled results only (no additional data could be extracted)
Tylleskar, J., Finnstrom, O., Leijon, I. et al. (1979) Spontaneous labor and elective inductiona prospective randomized study. I. Effects on mother and fetus. Acta obstetricia et gynecologica Scandinavica 58(6): 513-8	- Other Duplicate
Walker, K. F., Bugg, G. J., Macpherson, M. et al. (2016) Randomized Trial of Labor Induction in Women 35 Years of Age or Older. New England journal of medicine 374(9): 813-822	- Comparison/control group Expectant management (control) group were offered induction at 41+0 to 42+0 weeks, but they could decline and continue with expectant monitoring and managed according to local clinical practice
Walker, K., Bugg, G., Macpherson, M. et al. (2015) The 35/39 trial: A multi-centre prospective randomised controlled trial of induction of labour versus expectant	- Conference abstract/poster

Study	Reason for exclusion
management for nulliparous women over 35 years of age. International Journal of Gynecology and Obstetrics 131(suppl5): e221	
Walker, Kate F., Bugg, George, Macpherson, Marion et al. (2012) Induction of labour versus expectant management for nulliparous women over 35 years of age: a multi-centre prospective, randomised controlled trial. BMC pregnancy and childbirth 12: 145	- Study design Protocol for 35/39 trial (Walker 2016)
Walker, Kate F. and Thornton, Jim G. (2018) Delivery at Term: When, How, and Why. Clinics in perinatology 45(2): 199-211	- Study design Systematic overview of SRs. References checked for inclusion
Wennerholm, U. B., Hagberg, H., Brorsson, B. et al. (2009) Induction of labor versus expectant management for post-date pregnancy: Is there sufficient evidence for a change in clinical practice?. Acta Obstetricia et Gynecologica Scandinavica 88(1): 6-17	- Study design Systematic overview of SRs. References checked for inclusion
Witter, F. R. and Weitz, C. M. (1987) A randomized trial of induction at 42 weeks gestation versus expectant management for postdates pregnancies. American journal of perinatology 4(3): 206-11	- Comparison/control group Expectant management (control) group had no upper limit for delivery (no intention to induce at certain point); mean delivery within same week as induced group (296.87 days vs 295.05 days)
Wood, S.; Cooper, S.; Ross, S. (2014) Does induction of labour increase the risk of caesarean section? A systematic review and meta-analysis of trials in women with intact membranes. BJOG: an international journal of obstetrics and gynaecology 121(6): 674-685	- Study design Systematic review. References checked for inclusion. Provides no additional data

### **Economic studies:**

Table 30: Excluded studies and reasons for their exclusion

Study	Reason for exclusion
Anonymous (2019) Erratum: Induction of labor at 39 weeks of gestation versus expectant management for low-risk nulliparous women: a cost-effectiveness analysis (American Journal of Obstetrics and Gynecology (2019) 220(6) (590.e1-590.e10), (S0002937819303588), (10.1016/j.ajog.2019.02.017)). American Journal of Obstetrics and Gynecology	- Erratum
Goeree, R.; Hannah, M.; Hewson, S. (1995) Cost-effectiveness of induction of labour versus serial antenatal monitoring in the Canadian Multicentre Postterm Pregnancy Trial. CMAJ: Canadian Medical Association journal = journal de l'Association medicale canadienne 152(9): 1445-50	- Not full economic evaluation
Kaimal, Anjali J., Little, Sarah E., Odibo, Anthony O. et al. (2011) Cost-effectiveness of elective induction of labor at 41 weeks in nulliparous women. American journal of obstetrics and gynecology 204(2): 137.e1-9	- Duplicate of an included paper – economic model and analysis reported in Caughey 2009, an included study
Kaufman, Karen E.; Bailit, Jennifer L.; Grobman, William (2002) Elective induction: an analysis of economic and health consequences. American journal of obstetrics and gynecology 187(4): 858-63	- Not full economic evaluation
Rogers, R. G., Gardner, M. O., Tool, K. J. et al. (2000) Active management of labor: a cost analysis of a randomized controlled trial. Western Journal of Medicine 172(4): 240-243	- Incorrect Intervention
Wennerholm U-B, Flisberg A, Hagberg H, Ladfors L, Jivegård L, Svanberg T, Wessberg A, Bergh C (2012) [Induction of labour at 41 completed until 42 completed gestational weeks, update of mini-HTA VGR 2007].	- Abstract

## Appendix L - Research recommendations

Research recommendations for review question: At what gestational age should induction of labour be offered if spontaneous labour does not ensue?

#### Research recommendation

At what gestational age should induction of labour be offered in the subgroups of women who may be more likely to experience adverse outcomes if pregnancy continues?

### Why this is important

There is evidence to suggest the optimal gestational age to offer induction of labour in the general low risk population of pregnant women. However, there are subgroups of women in whom there may be a greater risk of adverse outcomes (for example stillbirth) in the later stages of pregnancy. Those groups include those from BAME backgrounds, with a BMI greater than 30 kg/m², age 35 years or more and those having had assisted conception. It is important to know if earlier induction can reduce these risks and if so what is the optimum time to induce in these specific populations.

#### Rationale for research recommendation

Table 31: Research recommendation rationale

Importance to 'patients' or the population	These subgroups of women may be at higher risk of critical adverse outcomes (for example stillbirth) if their pregnancy continues beyond certain timeframes, it is therefore very important that these risks be minimised.
Relevance to NICE guidance	NICE guidance currently suggests a timeframe of induction for the general low risk population, and for healthcare professionals to consider earlier induction in these subgroups but cannot currently does not have evidence for a more specific time.
Relevance to the NHS	Inducing at the optimum time for these groups of women could reduce adverse outcomes like stillbirth.
National priorities	High – reduction in neonatal mortality is a priority in Saving Babies' Lives and the NHS long-term plan.
Current evidence base	Only limited post-hoc subgroup analyses from existing trials
Equality considerations	Research could help address inequality in adverse outcomes in women from black, Asian and minority ethnic backgrounds

#### **Modified PICO table**

Table 32: Research recommendation modified PICO table

Population	Pregnant women from the following subgroups:
	Women from BAME backgrounds
	<ul> <li>Women with a BMI of 30kg/m² or more</li> </ul>
	Women aged 35 years or more
	Women who have had assisted conception

Intervention	Induction of labour (by methods as per the NICE recommendations) at:  • 41+0 weeks  • 40+0 weeks  • 39+0 weeks  • 38+0 weeks  • 37+0 weeks
Comparator	Any of the timing strategies above compared with any other
Outcome	Maternal quality of life, maternal mortality/morbidity (death/uterine rupture), perinatal mortality, mode of birth, maternal satisfaction/experience of care, neonatal unit admission, neonatal morbidity (meconium aspiration syndrome or hypoxic ischemic encephalopathy)
Study design	Randomised controlled trial or non-randomised comparative cohort study with adjustment for confounding factors
Timeframe	Short term, focused on perinatal outcomes
Additional information	None

BAME: Black, Asian and minority ethnic

#### Research recommendation

Based on individual patient data (IPD) meta-analysis, what is the optimal timing of induction of labour?

### Why this is important

The evidence in this report has been used to make a broad recommendation (to the nearest week) about the optimal timing of induction of labour in the low risk population of pregnant women. The precision in that timing recommendation is limited by the heterogeneity in the strategies used in the included studies and the limits of trial level meta-analysis. It is possible the recommendation could be more precise if an individual patient data meta-analysis or network meta-analysis on when fetal death actually occurred was conducted. This sort of analysis could either justify a precise timing or confirm whether a less precise window was appropriate. Either of these outcomes could reduce the likelihood of stillbirth and allow healthcare systems to tailor their service provision around a specific gestational age.

### Rationale for research recommendation

Table 33: Research recommendation rationale

Importance to 'patients' or the population	This analysis could reduce the likelihood of stillbirth, a critical outcome for women.
Relevance to NICE guidance	This analysis could allow the timing of induction in the NICE recommendations to be made more precise or delineated
Relevance to the NHS	Beyond the benefit of reducing stillbirths, a further exploration of precise timings would allow NHS services to more efficiently plan birth and induction of labour strategies
National priorities	High – reduction in neonatal mortality is a priority in Saving Babies' Lives and the NHS long-term plan.

Current evidence base	There are a number of randomised controlled trials (included in this evidence report) from which IPD could be sought. Given the conclusion to the SWEPIS trial, it is unlikely that further large randomised controlled trials will be conducted in this area.
Equality considerations	While this analysis would inform the general recommendations, if information on subgroup data is available at an IPD level (e.g. ethnicity, age, assisted conception), it could also be used to refine recommendations on timing in those populations

IPD: individual patient data

### **Modified PICO table**

Table 34: Research recommendation modified PICO table

Population	Women in studies where they have been randomised to different induction of labour timing strategies
Intervention	Time of induction both on an intention to treat level (in other words the strategy randomised to) and an as received level (in other words when induction was actually performed or when spontaneous labour began/fetal death occurred)
Comparator	To be led by the data available for the IPD network meta-analysis but likely used to compare induction windows around the 41+0 week period on a day-by-day basis. Earlier strategies may be of interest for the subgroups listed above that may warrant earlier induction
Outcome	Fetal death
Study design	IPD level network meta-analysis, no new primary evidence likely to be required though researchers may need to update this or equivalent systematic reviews to confirm no more recent primary data is available
Timeframe	Short term, focused on perinatal outcomes
Additional information	None

### Appendix M - Post-hoc analyses

While these post-hoc analyses were not specifically described in the review protocol, the committee wished to further explore the relationships between BMI and age (as well as other subgroups, referenced in the discussion) and timing of induction. Few studies reported their population subgrouped by these categories but, where that was available, it is presented below.

### Post-hoc analyses - comparison 5: 41 versus 42 weeks

Figure 18: Perinatal death - Subgroup by maternal age (35 years cut-off)

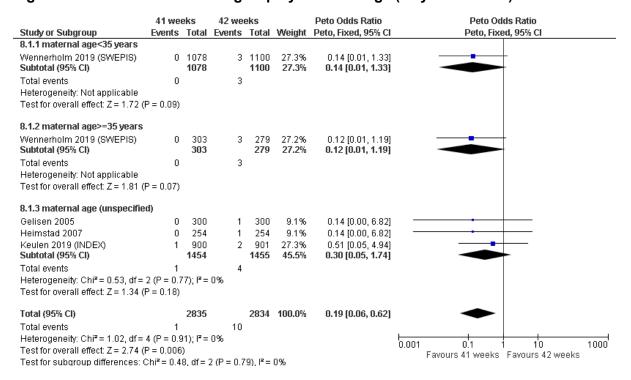


Figure 19: Perinatal death - subgroup by BMI (30 cut-off)

