

Minutes of the meeting held on 17<sup>th</sup> February 2012

Public Health Interventions Advisory Committee (PHIAC)

PHIAC 57: Social and emotional wellbeing - early years and Skin cancer prevention: information, resources, and environmental changes

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<b>Attendees</b>	<p><b>PHIAC attendees</b> Catherine Law, Sarah Byford (until 15:00), Kamran Siddiqi, Bren McInerney, John Barker, Stephanie Taylor, John Macleod, Philip Cutler, Joanne Cooke, Lesley De Meza (until 15:00), Stephen Walters, Ruth Hall, Jane Putsey, David Sloan, Mike Rayner, Muriel James, Dale Robinson, Ann Hoskins, David McDaid</p> <p><b>Co-optees and Experts (all until 15:30)</b> Lynne Reay, Family Nurse Partnership, Lambeth Liz James, Barnardos Briony Hallam, Family Action Sarah Stewart Brown, Warwick University Eva Lloyd, University of East London Jacqueline Barnes, Birkbeck University, London Kate Billingham, Department of Health, London Helen Duncan, ChiMat</p> <p><b>NICE Attendees</b> Mike Kelly Antony Morgan Amanda Killoran Lesley Owen Peter Shearn Natalie Bartle (Minutes)</p> <p><b>Contractors (all until 15.30)</b> Monica Hernandez (SchARR) (from 10:45) Silvia Hummel (SchARR)</p> <p><b>Observers (until 15:30)</b> Katie Williamson (NICE) Zoe Maikovsky (Student) (until 12:45) Pauline Hoare (Cordis Bright)</p>
<b>Authors</b>	<b>Natalie Bartle, Antony Morgan</b>
<b>Audience</b>	<b>Members of the public, PHIAC</b>

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Agenda Item	Minutes	Action
<p><b>1. Welcome and introductions. (Chair)</b></p> <p><b>2. Apologies for Absence (Chair)</b></p>	<p>The Chair welcomed attendees to the 57th PHIAC meeting. The meeting was declared quorate.</p> <p>Adam Oliver, Matthew Kearney, Joyce Rothschild, Toby Prevost, Amanda Hoey, Stephen Morris, Susan Michie, Richard Fordham, Alasdair Hogarth, KK Cheng, Sue Atkinson, Madeline Stevens (London School of Economics, LSE), Stephen Boxford (Cordis Bright), Alix Johnson (NICE)</p>	
<p><b>3. Declarations of Interest (All)</b></p>	<p>Members, contractors and experts were requested to declare their interests in relation to “Social and Emotional Wellbeing – Early Years”. A number of declarations of interest had been received in writing prior to the meeting.</p> <p>Meeting attendees were asked to declare these interests again and any additional declarations were requested.</p> <p><b><u>Personal pecuniary interest</u></b>  <b>Kate Billingham</b> – Kate’s post is funded to implement FNP in England and this project is expected to continue.</p> <p><b><u>Personal family interest</u></b>  <b>David Sloan</b> – David’s wife is an academic in the field of early years and has been and continues to research the topic. She is also a non- executive director of a Trust which runs a preschool programme. And she is currently on a Department for Education (DFE) advisory group.</p> <p><b>Phil Cutler</b> – Phil’s wife Dr Mfanwy Franks is a Senior Researcher at The Children’s Society.</p> <p><b><u>Non-personal pecuniary interest</u></b>  <b>Stephen Walters</b> - The department that Stephen work’s for (SchARR, University of Sheffield) has contracts and/or research grants with the NIHR, HTA and NICE.</p> <p><b>Stephanie Taylor</b> – Stephanie’s employing organisation has received, and is currently in receipt of, research funding for studies in the well being of children and young people.</p> <p><b>Eva Lloyd</b> – Eva’s department at the University of East London has in the past received</p>	

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	<p>research funding in this field and may benefit from future research funding.</p> <p><b>Kate Billingham</b> – Kate manages the Family Nurse Partnership Programme (FNP) National Unit, which is funded by the Government to implement FNP in England. There may be changes in the future funding arrangements of FNP that affect this declaration.</p> <p><b>Catherine Law</b> - Catherine researches in the field of early years, though not specifically in interventions to promote social and emotional wellbeing. Her research relates to the wider determinants of health (particularly physical health) in the early years and the relationship to national policy. Catherine may benefit from future research funding in this topic area;</p> <p><b>Sarah Byford</b> – May benefit from future research funding in this topic area;</p> <p><b>Jo Cooke</b> – May benefit from future research funding in this topic area;</p> <p><b>Jacqueline Barnes</b> - May benefit from future research funding in this topic area;</p> <p><b>Sarah Stewart Brown</b> – Sarah is Vice Chair for Parenting UK and may benefit from future research funding in this topic area.</p> <p><b>David McDaid</b> – David has received several research and policy analysis grants at European Commission level to look at the economics of early intervention. He has also done work for the Department of Health and may benefit from future research funding in this topic area.</p> <p><b>John Macleod</b> – John has research interest in influences on the social and emotional wellbeing of children and young people across the early life course. He is a Member of Executive Committee ALSPAC and therefore has and may receive funding related to these.</p> <p><b><u>Personal non-pecuniary interest</u></b> <b>Stephanie Taylor</b> – Stephanie is involved in research studies on the well being of children and young people.</p> <p><b>Eva Lloyd</b> – Eva has been part of multi-agency teams undertaking DFE funded academic research in the area under consideration and</p>	
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	<p>they have stated clear opinions in the conclusions of the co-authored reports on these projects. One of these studies has been included by the SchARR team in its evidence review: SMITH, R., SCHNEIDER, V., PURDON, S., LA VALLE, I., WOLLNY, Y., OWEN, R., BRYSON, C. MATHERS, S., SYLVA, K. AND LLOYD, E. (2009) Early Education Pilot for Two Year Old Children – Evaluation. Research Report No DCSF –FR134. London: DCSF</p> <p>On occasion she is quoted in the early years practitioner press in relation to these matters.</p> <p>For some time now she has been a media spokesperson on early childhood related matters for the British Psychological Society (BPS) and in this capacity may be contacted by written and broadcasting media practitioners for a discussion or a quote. She is also a member of a small network of developmental psychologists who may respond to official consultations in this area on behalf of BPS.</p> <p>Eva is a trustee/Director of an Islington based community trust, the Manor Gardens Welfare Trust, which runs a pre-school for children aged 2 to 5 as part of its programme of activities.</p> <p>Since January 2011 she has been a member of a DFE advisory group, the Co-production Steering Group, which advises the Minister for Children on early childhood policy development and implementation; in this capacity she also co-Chairs the Early Education Co-production group which considers a range of issues related to early education and care, including provision for vulnerable and disadvantaged children and advises DFE accordingly.</p> <p>Eva is a co-Author of a study mentioned at this meeting: the inclusion criteria for review of international evidence and the cost effectiveness of programmes etc, namely Penn et al (2006) systematic review on the long-term economic impact of centre based early childhood interventions.</p> <p><b>Sarah Stewart-Brown</b> – Sarah is vice Chair of parenting UK. She undertakes research on parenting and so applies for grants for research in this area which does not bring her personal income but are important for her job.</p> <p>Sarah is an Advocate for parents support and</p>	
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	<p>Chair of the Association for Infant Mental Health. The Advocacy is on-going and she has been involved in some of the studies on which the Reviews are based.</p> <p><b>Catherine Law</b> - Catherine advocates for the promotion of health in the early years, particularly in relation to reduction of health inequalities.</p> <p><b>Bren McInerney</b> – Bren has implementation interests in this topic;</p> <p><b>Jacqueline Barnes</b> – Jacqueline is a Member and Expert Advisory Committee member of The Association of Infant Mental Health (AIMH – UK). Jacqueline also advises the DFE and DH on several committees.</p> <p><b>David McDaid</b> – David is based at the same department as the Author of the Economics Expert Paper, Madeleine Stevens.</p> <p>The Chair stated that she and the Director of CPHE were content that none of the declarations of interest prevent participants from taking part in the meeting.</p> <p>The Director of CPHE is content that none of the interests declared by the chair prevent Catherine Law from Chairing the meeting. This has been verified by NICE Deputy Chief Executive, Dr Gillian Leng.</p>	
<p><b>4. Social and emotional wellbeing - early years: Considering the evidence</b></p>	<p><b>a) Presentation: Reminder of outcomes from January PHIAC (Amanda Killoran, NICE).</b> Amanda Killoran reminded the committee of the outcomes from the evidence considered in January with reference to the tabled paper, “Outline areas for recommendations”. Amanda also introduced the paper ‘the definition of social and emotional wellbeing of children and young people’ for PHIAC consideration</p> <p><b>b) Presentation on Preview Project (Kate Billingham, Department of Health and Helen Duncan, ChiMat)</b> Kate Billingham and Helen Duncan presented the Preview Project and the associated research, which is designed to support the Healthy Child Programme.</p>	

	<p><b>c) Presentation: Risk Profiles (Sylvia Hummel, ScHARR on behalf of Lindsay Blank, ScHARR)</b> Sylvia Hummel presented the review on risks on behalf of Lindsey Blank and the other reviewers at ScHARR. This review drew on the Millennium Cohort study (MCS).</p>	
<p><b>5. Social and emotional wellbeing - early years: Considering the evidence</b></p>	<p><b>a) Presentation: Econometric report (Monica Hernandez, ScHARR)</b> Monica Hernandez presented the findings of the economic work undertaken on interventions aimed at improving the social and emotional wellbeing – early years in an econometric report.</p> <p><b>b) Presentation: Economic Modelling (Sylvia Hummel, ScHARR)</b> Sylvia Hummel presented the findings of the economic modelling.</p> <p>All discussed the economic work and agreed that the model is indicative.</p> <p><b>c) Presentation: Economic Expert Paper (Sarah Byford, PHIAC on behalf of Madeline Stevens, LSE)</b> Sarah Byford presented the expert paper prepared by Madeline Stevens, which provided context to economic work in this area.</p> <p><b>d) Comment by PHIAC Health Economic Discussant, Sarah Byford</b> Sarah Byford provided comments on the economic analysis to lead the discussion.</p> <p><b>e) Chair Summary</b> The Chair provided a focus for the discussion as follows:</p> <ul style="list-style-type: none"> <li>• The scope specifies a particular group of children, home visiting through a home visiting system, and early education and childcare;</li> <li>• PHIAC must consider guidance for these children in the context of what services they receive, what</li> </ul>	

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	<p>they should receive and the standard of these services;</p> <ul style="list-style-type: none"> <li>• The evidence is helpful and requires interpretation to the UK context;</li> <li>• The quality of the intervention is an important issue.</li> </ul>	
<p><b>6. Social and emotional wellbeing - early years: Agreeing and drafting recommendations</b></p>	<p><b>a) Outline of recommendations (Amanda Killoran, NICE)</b> Amanda Killoran provided an Outline of the recommendations as drafted in the paper, Promoting Social and emotional wellbeing – early years: draft recommendations. It was agreed that:</p> <ul style="list-style-type: none"> <li>• Recommendations for commissioning services are needed, particularly in relation to inequalities;</li> <li>• Key areas for consideration include targeting resources; progressive universalism as a principle and the development of data sharing;</li> <li>• There needed to be good referral pathways to specialist services such as for substance misuse;</li> <li>• The meaning of ‘individual’ and ‘population’ level risks, and the definition of social and emotional wellbeing need to be clear;</li> <li>• Integrated working is important.</li> </ul> <p><b>b) Agreeing and drafting the recommendations (PHIAC)</b> All considered the research recommendations.</p>	
<p><b>7. Social and emotional wellbeing early years: starting to draft recommendations continued</b></p>	<p><b>a. Next steps in guidance production</b> The NICE Project Team for Social and Emotional Wellbeing – Early Years will use the points raised in this discussion to draft the recommendations.</p>	
<p><b>8. Skin Cancer prevention: information, resources, environmental</b></p>	<p><b>a. Declarations of Interest (All)</b> Members were requested to declare their interests in relation to “Skin Cancer prevention: information, resources, and environmental changes”. There were no declarations of</p>	

<p>changes</p>	<p>interest.</p> <p><b>b. Presentation: Submission of evidence by the British Association of Dermatologists (BAD), Antony Morgan (NICE)</b> Antony Morgan presented the submission by the British Association of Dermatologists. He explained that the purpose of this part of the meeting was to consider additional evidence that had been submitted by the BAD to supplement their expert paper on 'key messages' prepared to support the development of public health guidance PH32 published in January 2011. The committee were asked to consider whether there needs to be any amendments to the guidance as a result of this new evidence.</p> <p><b>c. Review evidence submitted by British Association of Dermatologists</b> PHIAC considered the additional evidence that has become available since the publication of the guidance.</p> <ul style="list-style-type: none"> <li>• PHIAC noted that optimising the health benefits and reducing the risk of exposure to sunlight is an area of considerable academic debate and scientific uncertainty;</li> <li>• PHIAC reaffirmed that the purpose of the guidance was to recommend the most effective and cost effective approaches to providing public health information;</li> <li>• PHIAC noted that the purpose of the original expert paper from BAD, that it considered when the recommendations were developed was to summarise current expert knowledge on the advice that should be included in any information resource;</li> <li>• PHIAC considered that the new evidence submitted did not add substantive information to that already contained in the BAD expert paper;</li> <li>• PHIAC noted that in the original referral from Ministers it had not been</li> </ul>	
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	<p>asked to determine the effectiveness or the efficacy of different sun factors or to advise on these;</p> <ul style="list-style-type: none"> <li>• PHIAC noted that if a specific review of sunscreens is required then a new referral from ministers would be needed;</li> <li>• PHIAC was not minded to alter the guidance published in 2011. It was agreed that this view would be communicated to stakeholders along with the new evidence submitted and the stakeholder responses would be considered at a future PHIAC meeting when a final decision about whether to amend the guidance would be made;</li> <li>• NICE will arrange a consultation with Stakeholders to enable them to comment on the new evidence. PHIAC will then review the comments before reaching a final decision.</li> </ul>	
<p><b>9. Minutes of the meeting of PHIAC 56</b></p>	<p><b>a) Minutes of the meeting of PHIAC 56 (All)</b> The draft minutes of PHIAC 56 were agreed to be a correct record of the meeting held on 20<sup>th</sup> January 2012.</p>	<p><b>Natalie Bartle to upload draft minutes to NICE website from PHIAC 56.</b></p>
<p><b>10. AOB (Chair)</b></p>	<p><b>a.</b> The Chair thanked everyone who had volunteered to be a PHIAC discussant. Volunteers have been allocated as follows: BMI Black and Minority Ethnic Groups: Kamran Siddiqi (Technical Discussant Effectiveness), Bren McInerney (Lay Discussant) and Ruth Hall (Practitioner Discussant), Physical Activity Advice in Primary Care: Steve Morris (Technical Discussant Economics), Toby Prevost (Technical Discussant Effectiveness), Matt Kearney (Practitioner Discussant). Phil Cutler volunteered to be a Lay Discussant for this topic.</p> <p><b>b.</b> PHIAC were updated about new referrals and about the forward work programme.</p>	<p><b>Mike Kelly</b></p>

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	<p>The Centre for Public Health Excellence expects a referral on the topic of Vitamin D and the appropriate sun exposure to synthesise adequate levels of Vitamin D.</p> <p>c. PHAC were updated about Centre for Public Health Excellence Process and Methods. The gradual take up of the new system will mean that projects will still be established as Programmes and Interventions until further notice.</p> <p><b>The Meeting closed at 16.30</b></p>	<p><b>will update PHAC on future meeting dates following the NICE Board decision on Process and Methods in March.</b></p>
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