



Endorsed resources - Lester UK Adaptation: Positive Cardiometabolic Health Resource

Implementation support

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Royal College of Psychiatrists

This [Cardiometabolic Health Resource \(PDF only\)](#) supports the recommendations relating to monitoring physical health in the [NICE guidelines on psychosis and schizophrenia in adults: prevention and management](#) and [psychosis and schizophrenia in children and young people: recognition and management](#). In addition it also supports the statement about assessing physical health in the [NICE quality standard on psychosis and schizophrenia in adults](#).

Endorsed tools are complementary information that may be of interest to you from sources outside of NICE. This tool has been developed by the [Royal College of Psychiatrists](#) and is not maintained by NICE. NICE has not made any judgement about the quality and usability of the resource. In the event of any issues or errors, please contact Royal College of Psychiatrists in the first instance.