

Artificial hips and hip resurfacing for end-stage hip arthritis

Information for the public
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www.nice.org.uk

What has NICE said?

Artificial hips and hip resurfacing are recommended as possible treatments for people with end-stage arthritis of the hip.

Only an artificial hip or hip resurfacing with a replacement rate of less than 1 in 20 at 10 years should be used.

What does this mean for me?

If you have end-stage hip arthritis, and your doctor thinks that an artificial hip or hip resurfacing is the right treatment, you should be able to have the treatment on the NHS.

Why has NICE said this?

NICE recommended artificial hips and hip resurfacing with replacement rates of less than 1 in 20 at 10 years because the benefit to patients justifies their costs.

NICE looks at how well treatments work in relation to how much they cost compared with other treatments available on the NHS.

The condition and the treatments

Hip arthritis is inflammation of the hip joint. It causes pain and stiffness in the joint, and can affect mobility. End-stage hip arthritis is when the joint is severely damaged, and surgery is needed to help stop pain and reduce disability.

In total hip replacement, the hip socket is completely replaced with a cup and the top of the thigh bone is completely replaced with a stem and head. Artificial hips can be made with various materials. In hip resurfacing, the hip socket and the top of the thigh bone are both lined with metal.

NHS Choices (www.nhs.uk) may be a good place to find out more.

Sources of advice and support

- [Arthritis Action](#), 0800 652 3188
- [Versus Arthritis](#), 0800 520 0520

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Accreditation

