

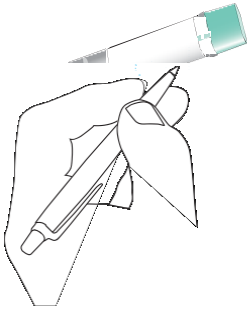
Lancashire Teaching Hospitals NHS Foundation Trust: FIT Step by Step instructions. These instructions are an example used in the NICE diagnostic guidance for Faecal immunochemical test to guide referral for colorectal cancer in primary care, and was not produced, commissioned or sanctioned by NICE

# Faecal Immunochemical Test

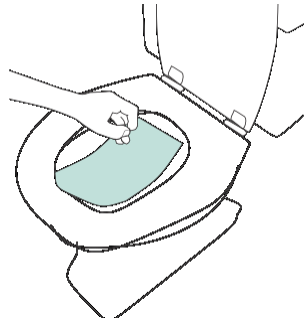
## Step-by-step instructions.

Start here 

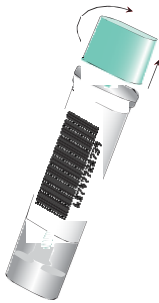
# How to do your test



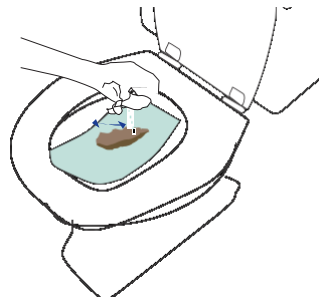
1. Write your name and date on the sample bottle



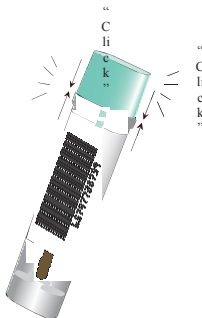
2. Place paper in toilet bowl



3. Twist and open sample bottle



4. Scrape the poo sample from left to right



5. Insert the sample back into the bottle and click



6. Enter sample bottle into the plastic bag

